The Religious Sister of Mercy of Alma

The religious Sister of Mercy of Alma invite all young women who are discerning a vocation to marriage or the religious life to join them for a Holy Hour at 5.30pm on any or all of the following dates: 8 March, 12 April, 10 May. See poster on notice board for full details.

Lenten Reflection for Teachers and School Staff

The above retreat will take place on Wednesday 13 March in St Andrew's Cathedral at 6.30pm. There will be a reflection, Evening Prayer, Adoration and the opportunity for Confession. Refreshments will be provided. See poster on notice board.

Mass of St Patrick

The annual Mass for the Feast of St Patrick will take place in St Andrew's Cathedral on Saturday 16 March at 11.00am. Archbishop Philip Tartaglia will be the principal celebrant. All welcome. Please come early; you will be welcomed by an Irish piper, followed by music from St James the Great Ceili Band. There will also be a Festival Family Day in Merchant Square from 12pm – 5pm. See poster on notice board.

Lenten Stations of the Cross Pilgrimage for 18-35 Year Olds

A Lenten Stations of the Cross Pilgrimage, is a penitential pilgrimage undertaken over 12 hours from evening to morning. It will take place 22-23 March and begins and ends with Holy Mass. It is undertaken in complete silence, with stops every hour to pray a Station of the Via Crucis. This is the perfect opportunity to truly contemplate the reality of the Passion. Join us and make this Lent one of real interior conversion. To sign up, e-mail Jamie.mcgowan@hotmail.co.uk. See poster on notice board for details.

Feasts this Week

11 March- Feast of St John Ogilvie
16 March- Feast of St Patrick

What’s On This Week

Legion of Mary—Monday 6.00 to 7.30pm contact Giuseppe (ourladyseatofwisdomglasgow@gmail.com)
Catholic Society—Tuesday 6.00 to 8.00pm in the TV room. For under graduate students. Contact Conor (conorgildea288@gmail.com or Carter (carterlyon@gmail.com).
SSVP—Mondays, fortnightly, contact Lily Kearns (turnbullssvp@gmail.com)

Collections

Sunday 3 March £345.55 (Gift Aid £54.00)

Last Year £217.27 (Gift Aid £56.00)

Thank you for your generosity. Please consider Gift Aid—we receive back 28p on every £1.

Gift Aid forms available from Rosemary

Lent is about entering the desert with Jesus. The desert was a significant and special place for the Jews. Entering its harsh environment was an opportunity to grow spiritually through various challenges and trials. One could have intimacy with God there, although that was far from inevitable.

The adult generation of Jews that entered the desert with Moses after escaping from Egypt failed the trials they faced. They then died in the desert over a period of 40 years, and did not enter the blessings of the Promised Land. Jesus entered the desert and remained there for 40 days as a trial. Satan, who was permitted by God to test the righteous man, was now given permission to test the righteous Jesus.

Like the other evil spirits in the Gospels, Satan knew who Jesus is – the Son of God, the Holy One. Satan sought to deflect Jesus from using Divine power and status in accord with the salvific will of the Father. Jesus saw clearly what Satan was about and refuted him with brevity but insight and authority. This was not an even contest as Jesus is Divine. But there was a cost for Jesus, either at the time or in the future. In the first place, Jesus was really hungry after his 40 day fast, but He was willing to put aside meeting legitimate physical needs for the sake of doing the Father's will. Secondly, Jesus was never going to worship Satan, but Satan continued to exercise influence through the empires and institutions of the world. Finally, Satan suggested Jesus should undertake a spectacular death-defying stunt, and one that would probably impress onlookers. However, Jesus made clear He will do His Father’s will, and not put God to the test. This will was that Jesus accept scandal, suffering and death - being rescued after death and not before it.

The Book of Deuteronomy presents Moses speaking to the new generation of Jews as they are about to enter the Promised Land, exhorting them to learn from the mistakes of their parents, so that they will pass their own trials, grow in love of God, and remain and grow in the blessings of God, rather than lose them. Jesus used the exhortations and instructions of Moses to refute Satan in each temptation. Moses had explained that the Jews experienced hunger to learn that 'man does not live on bread alone'. Secondly, God, and no other power, had saved them, and they were 'to serve God alone'. Finally, Moses
said they should ‘not put God to the test’ by grumbling about God and His providence, or resisting God’s will and deliberately doing things another way. In His desert trial, Jesus succeeded where that generation of Jews failed and He also fulfilled these expectations of Moses. Jesus shared His temptation experience with His disciples. It was then written down to help other disciples, including us, in our combat with the flesh, Satan and the world. It requires us to put on the mind of Jesus and take up our cross and follow Him. That is a daily task but we are invited to do it in a particularly focussed way in Lent, a season of desert grace. The tempted Lord, who fasted for us and contested with Satan for us, is with us to help us, a compassionate high priest who knows our struggles. So, at the beginning of Lent let us ask Him to show each of us how to discipline our body and restrain our physical needs; how to worship God better in prayer; and, rather than grumble against Him or test Him, how to serve Him by generously obeying His call to love others, dying to our selfishness in the process.

We are asked to enter the desert in Lent, with Jesus as our guide, and to commit to an integrated package of fasting, prayer and almsgiving with trust in God.

Br. Andrew Brookes OP

CATECHIST’S CORNER
When we think of gluttony we usually think of very large people stuffing food into their mouths as if there were about to be a famine. However, gluttony is about more than that. It is an obsession with food, whether it be about eating as much and as often as we want or cutting out anything which we consider to be fattening. We all know people who are forever counting calories. Gluttony is getting food out of proportion. It happens when the connection between food and its proper purpose is broken, Food is eaten to sustain the body, not as a comfort for loneliness or a substitute for prayer. What, then, is the answer to gluttony? Put simply, it is not eating but fasting. Fasting serves as a means of keeping food in its proper place. Regularly denying ourselves food, or a particular kind of food, during Lent reminds us that food is good, but it is not the be-all and end-all of life. “Man does not live by bread alone, but from every word that comes from the mouth of God” (Matthew 4:4).

Adoration Sign up Sheet
There is a sign-up sheet on the table at the side of the Chapel. Please sign up to be a guardian of the Blessed Sacrament to ensure that there is someone present in the chapel at all times.

Solemn First Vespers
Solemn First Vespers for Laetare Sunday will be held in the chapel on Saturday 30 March at 7.00pm. These will be followed by a social in the upstairs hall.

SCIAF “Wee Boxes”
SCIAF “Wee Boxes” are contained in the packs at the side and back of the chapel. Please take one and fill it with your loose change. Boxes should be returned at the end of Lent.

Charity Tea Party
The Girls’ Prayer Group are holding a charity tea party on Sunday 7 April after the 11.30 Mass in the upstairs hall to raise funds for their chosen Lenten Charity ARCH. They would be pleased to receive donations of home baking and request that, if you would like to help by donating home baking, you please contact either Miriam at miriam.doherty.15@gmail.com or Aoife at aoifeong@hotmail.com.

LECTIO DIVINA
LECTIO DIVINA is a quarterly event for S5-30 year olds, during which Archbishop Tartaglia will be leading us in the prayerful reading of the Gospels. Afterwards there will be pizza and Compline. It will take place in Turnbull Hall, G12 8LG on 11 March 2019 and 20 May 2019.

OTHER NEWS
AGAP
Lentfest 2019 takes place from 7 March with a variety of programmes. Booklets giving full details of all events are available in the foyer. Please support AGAP by attending one of these events, three of which take place in the University Memorial Chapel.

40 Days for Life
What are you doing for Lent? Will you come and pray one hour with us each week this Lent to pray for a culture of life in Scotland? To join the 40 days for Life prayer