Classic Range

TUNA MAYONNAISE
Allergens - eggs, fish, mustard, gluten (from wheat)

EGG MAYONNAISE
Allergens - eggs, mustard, gluten (from wheat)

CHEDDAR CHEESE & RED ONION
Allergens - eggs, milk, mustard, gluten (from wheat), sulphites/sulphur dioxide

CORONATION CHICKEN WITH ROAST RED PEPPERS
Allergens - eggs, mustard, gluten (from wheat)

ROASTED AUBERGINE WITH SUNBLUSH TOMATO,OLIIVE TAPENADE & ROCKET
Allergens - soya beans, gluten (from wheat)

THAI SPICED VEGETABLES WITH PAK CHOI AND CHILLI
Allergens - gluten (from wheat), sulphites/sulphur dioxide

ROAST CHICKEN SALAD
Allergens - milk, gluten (from wheat), sulphites/sulphur dioxide

PEANUT SOYA CRUNCH WITH CRANBERRY CHUTNEY AND CELERY
Allergens - gluten (from wheat), soya, peanuts, celery

FAJITA BEAN CRUNCH WITH PEPPERS, ONIONS & CORIANDER
Allergens - gluten (from wheat), soya, celery

FIVE BEAN BURRITO MIX WITH TOMATO CHUTNEY
Allergens - celery, gluten (from wheat), mustard

TUNA AND SWEETCORN MAYONNAISE
Allergens - egg, fish, mustard, gluten (from wheat)

RED PEPPER HUMMUS WITH SUN-DRIED TOMATOES & SALAD LEAVES
Allergens - gluten (from wheat), soya

HONEY MUSTARD CHICKEN BREAST WITH RANCH SALAD
Allergens - mustard, gluten (from wheat)

Core (plain) range

SCOTTISH CHEDDAR
Allergens - milk, gluten (from wheat)

SCOTTISH HAM
Allergens - gluten (from wheat)

SCOTTISH TURKEY
Allergens - gluten (from wheat)

SCOTTISH ROAST BEEF
Allergens - gluten (from wheat)

CORNED BEEF
Allergens - gluten (from wheat)

Simple Range

SCOTTISH CHEDDAR CHEESE WITH TOMATO CHUTNEY
Allergens - milk, sulphites/sulphur dioxide, gluten (from wheat)

AYRSHIRE HAM WITH CREAM CHEESE AND CHIVE
Allergens - milk, gluten (from wheat)

CREAM CHEESE, PEPPERS AND BASIL
Allergens - milk, gluten (from wheat)

CHICKEN AND SWEETCORN MAYONNAISE
Allergens - gluten (from wheat), egg, mustard

SCOTTISH CHEDDAR CHEESE WITH ONION CHUTNEY
Allergens - milk, sulphites/sulphur dioxide, gluten (from wheat)

AYRSHIRE HAM WITH GRAIN MUSTARD
Allergens - milk, mustard, gluten (from wheat)

CHEDDAR CHEESE, SPRING ONION & YOGHURT DRESSING
Allergens - milk, gluten (from wheat)

BRITISH TURKEY & BACON
Allergens - gluten (from wheat)

Artisan (special) range

NEW YORK SPECIAL-PASTRAMI, EMMENTAL,GHERKIN, AMERICAN MUSTARD,ROCKET
Allergens - milk, sulphites/sulphur dioxide, mustard, gluten (from wheat)

CHICKEN PESTO, SUNBLUSH TOMATO, MOZZARELLA AND BASIL
Allergens - milk, gluten (from wheat)

CHICKEN TIKKA, ONION BHAJI AND MINT YOGHURT DRESSING
Allergens - milk, gluten (from wheat)

SCOTTISH SMOKED SALMON WITH CAPERS AND TZATZIKI
Allergens - fish, milk, gluten (from wheat), sulphites/sulphur dioxide

ATLANTIC PRAWN AND CHORIZO WITH CORN, GUACAMOLE, SALSA AND HARISSA
Allergens - crustaceans, mustard, gluten (from wheat), sulphites/sulphur dioxide
soya, celery, milk

EGG MAYONNAISE AND SMOKED BACON
Allergens - egg, milk, sulphites/sulphur dioxide, mustard, gluten (from wheat)

MACKEREL WITH SPRING ONION AND POTATO. BEETROOT AND GHERKIN SALAD
Allergens - milk, sulphites/sulphur dioxide, gluten (from wheat), mustard, fish

PESTO BUTTERBEAN SPREAD WITH SUNBLUSH TOMATOES & BLACK OLIVES
Allergens - gluten (from wheat), tree nuts, soya

CHICKEN AND BACON CAESAR WITH SHAVED GRANO PADANO
Allergens - gluten (from wheat), milk, sulphites

MOZZARELLA WITH TOMATO AND BASIL
Allergens - gluten (from wheat), milk

HOT SMOKED SALMON, SWEET & SOUR CAPERS, TARTARE DRESSING
Allergens - fish, milk, sulphites/sulphur dioxide, gluten (from wheat)

CRAYFISH & PRAWN WITH DILL AND FENNEL IN LEMON MAYONNAISE
Allergens - fish, eggs, mustard, crustaceans, gluten (from wheat)

AYRSHIRE GAMMON WITH ISLE OF ARRAN BRIE, TOMATO CHUTNEY & ROCKET
Allergens - egg, milk, mustard, gluten (from wheat)

BRITISH BEEF, LETTUCE & TOMATO WITH HORSERADISH CREAM
Allergens - milk, gluten (from wheat)

SCOTTISH BRIE WITH CRANBERRY YOGHURTY DRESSING
Allergens - milk, gluten (from wheat)

EGG & BACON WITH SLOW ROASTED TOMATOES
Allergens - egg, gluten (from wheat)

PEANUT, APPLE AND SULTANA SOYA CRUNCH
Allergens - peanuts, gluten (from wheat), soya, sulphites/sulphur dioxide

SALAD

PIRI-PIRI CHICKEN WITH MEXICAN BEAN
Allergens - None

SHAKER SALAD

BULGUR WHEAT PILAF WITH DRIED FRUITS, NUTS, CARROT & ORANGE DRESSING
Allergens -tree nuts, celery, gluten (from wheat), sulphites/sulphur dioxide

SPICED QUINOA WITH CANNELLINI BEANS, ROAST PEPPER & COURGETTE, SUNBLUSH TOMATO & CORIANDER
Allergens - sulphites/sulphur dioxide, celery, soya beans

CHRISTMAS SANDWICH RANGE

CRIMBO TURKEY, SAGE & ONION STUFFING, CRISPY BACON, CRANBERRY SAUCE & ROCKET
Allergens - gluten (from wheat)

CLASSIC PRAWN COCKTAIL
Allergens - egg, mustard, celery, crustaceans, gluten (from wheat)

ROAST WINTER VEGETABLES WITH HUMMUS AND CINNAMON BAKED ONIONS
Allergens - sesame, sulphites/sulphur dioxide, gluten (from wheat)

FESTIVE HAM WITH BRIE, TOMATO CHUTNEY AND CHOPPED CHESTNUTS
Allergens - tree nuts, mustard, milk, gluten (from wheat), eggs