Welcome to this special newsletter to mark the achievement of a significant milestone for the School. This session marks the 30th anniversary of our first cohort of students graduating with a Bachelor of Nursing degree in 1982......
Celebration of Nursing at University of Glasgow
This year marks 30 years of graduate nurses from the University of Glasgow.
The year 2012 marked 30 years of graduate nurses from the University of Glasgow. To celebrate this landmark our annual McGirr Lecture was a public event; that took place on 3 October. We were delighted that Mary Waddell OBE delivered the lecture, entitled “Safe in Our Hands” in the Bute Hall. Olivia Giles OBE also made a short speech. Many of our Alumni and their friends and family joined us for a reception at 6.15pm, followed by the Lecture.

Current work of the School and also memorabilia and photos from the past 34 years were on display.

We are collating information on our what our graduates have been doing since they left and the alumni office are supporting us with this.

Have you submitted your alumni profile? Please consider giving a little back to your alma mater by submitting your Alumni Profile.

These profiles will be exclusive to our current students and will help raise their aspirations and prepare them for life after Glasgow. Our alumni can make a significant difference.

Graduates who have already provided a profile have found the process of reflecting on their time at Glasgow and their career since graduation enjoyable. Click here for the Alumni Profile form.

Further details are available from Sarah Armour
Alumni Volunteers Coordinator
Careers Service
Fraser Building
65 Hillhead Street
Glasgow, G12 8QQ

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Head of Nursing & Health Care School

The finalists for the Student Nursing Times Awards have been announced.

A 30 Year Celebration of Nursing at University of Glasgow!!

Our students have rated the Nursing & Health Care School the Best in the UK

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Content
Introduction

The University of Glasgow Bachelor of Nursing Programme continues to be highly regarded, both from within the University and externally, as evidence by our continually high scores in the NSS and our position in the various league tables. The programme has always sought to remain congruent with current nursing practice and respond to the dynamic changes in health care delivery. As the programme was due for revalidation the undergraduate team saw this as an opportunity to relook at elements of the curriculum to ensure that it remained current and fit for purpose.

University of Glasgow BN Programme Re-approval

In May 2012 the University of Glasgow undergraduate nursing programme underwent revalidation and reaccreditation by the NMC, which is a requirement for all nursing programmes, every 4 or 5 years. The new programme commenced in September 2012.

The NMC published new standards for pre-registration nursing education in 2010 aimed at ensuring that nurses have the knowledge and skills to give high quality care, reflecting changing service delivery models, changing public health priorities, and an increasingly aging population, with a focus on more care provision in the community (NMC, 2010). These new standards led to a number of changes to the curriculum have meant a number of new changes to the curriculum. There are now two progression points (end of year 1 & 2), where the student is required to meet all the theoretical and practice learning requirements before progressing to the next year of study.

Nurses need to be able to care for people in a range of care settings. This has always been a strength of the BN programme at the University of Glasgow and the requirement of the new standards will be met by a number of initiatives. A new placement rotation around clinical directorates provides increased emphasis on community, rehabilitation and ambulatory care and care of people with long term conditions. Students will undertake community placements in Years 1 & 2 and now have an opportunity to undertake clinical practice consolidation in the community setting. Another new initiative is that students now have greater opportunity to have increased engagement with a range of client groups. This will be achieved by using practice learning hub and spoke approach while on placement and allow student to engage with, mothers and children, people with learning disabilities and people with mental health needs.

Person centred care

Person centred care remains central to NHS care provision as outlined in a number of policy documents; Equity and Excellence (DoH, 2010), The Healthcare Quality Strategy for NHSScotland (NHS Scotland, 2010), Better Health Better Care (NHS Scotland, 2007) and NMC Standard for Pre-Registration Nursing (NMC, 2010). The BN Degree/BN Honours Degree Programme is clearly focused on effective person centred care delivered with care and compassion and recognising the imperative for patient safety and quality assurance. The new programme curriculum places the service user / client and their needs as central to the caring process, with the underpinning principal of centrality of person centred care explicitly outlined in the new programme at all levels.

Fiona Williamson
RCN 2014 International Nursing Research Conference is coming to Glasgow!

We are thrilled the RCN 2014 International Nursing Research Conference to Glasgow, especially since it will be hosted in the University of Glasgow. The conference will be in April but dates have to be confirmed. This will be a great time to come to Glasgow in the run-up to the Commonwealth Games, so there will be a great buzz in the city.

The School are very appreciative of the support of the Glasgow City Marketing Board and the University Conference and Visitor Centre in preparing a bid to host the conference here, especially Wendy Russell and Lynn Burniston. The support and enthusiasm of NHS Greater Glasgow & Clyde and colleagues in other organisations was also a key factor in the success.

This conference is a great opportunity to hear of the innovative work being undertaken by nurses, debate current issues, network and be part of the future of nursing. The 2013 conference in Belfast was a huge success ......... We hope that having the conference in Glasgow will encourage a strong presence of nurse researchers from Scotland, but look forward to welcoming an even greater number of colleagues from many other countries.

Staff News

Dr Anna O’Neill has been appointed as a member of a NICE Technology Appraisal Committee.

Eileen Cowey has been newly appointed to the Steering Group of the National Stroke Nurses Forum (UK).

There are 4 new research assistants within the department, one of whom has been awarded a prestigious Burdett Scholarship.

Yvonne Learmonth, Research Assistant, presented an interactive family activity at Glasgow University’s Super Science Sunday event (10th June)– Topic “Keeping Healthy Matters” – thousands of people visited the one day annual event as part of the Glasgow Science festival 2012.

Yvonne, who has recently completed her PhD, also presented at the International Convention on Science, Education and Medicine in Sport conference (which was a build-up event for the Olympics 2012), July in Glasgow at the SECC.

We are delighted that Leila Dunn, PhD student in Nursing & Health Care, has been awarded the 2013 Saltire Postgraduate Research Mobility scholarship. Leila was successful in her application for a project that will enable her to extend her knowledge and refine the measurement and assessment skills required for the first phase of her PhD and gather a larger data set in different populations. It will also be an opportunity to engage with other researchers in this specialist field.

Professor Armer is one of the leading international clinical researchers in lymphoedema, both in assessment and management of lymphoedema Professor Armer is currently conducting research in genetic predisposition to breast cancer lymphoedema and long-term survivorship outcomes. She oversees the research of a number of doctoral and undergraduate students in nursing and related fields, serves as director of the American Lymphedema Framework Project, and sits on the Medical Advisory Committee of the National Lymphedema Network, the Board of the Lymphology Association of North America, and the ‘Putting Evidence into Practice’ team of the Oncology Nursing Society. The 2013 Saltire Postgraduate Research Mobility scholarship awarded to Ms. Dunn will enhance the reciprocal learning among graduate students studying in areas of lymphoedema assessment, measurement, and management at the University of Glasgow and University of Missouri. “The opportunity to partner with Mrs Sneddon, Dr Paul and Ms. Dunn of the University of Glasgow, provider of one of the few accredited qualifications in lymphoedema in the UK, and the only one in Scotland is very welcome. The University of Glasgow has an active lymphoedema research programme within the Nursing & Health Care School which encompasses Rehabilitation and Cancer; themes which are at the center of the Armer research program at University of Missouri Sinclair School of Nursing and Ellis Fischel Cancer Center, providing an exciting opportunity for international nursing collaboration.”

New Faces

The School is delighted to welcome the following new members of staff:

Dr Diane Willis joined the School in September as a University teacher, having previously lectured at the University of Abertay. She holds two professional qualifications – as a registered nurse and a chartered psychologist. Her primary research interest lies in the field of learning disability. Her PhD thesis, awarded by Napier University, was titled ‘An ethnographic exploration of the influences around breast screening for women with learning disabilities’. She has worked on a number of projects concerned with cancer and healthy ageing in women with learning disabilities, and is also interested in social cognition in children with and without learning disabilities. She sits on the Board of FAIR, a learning disability charity that provides expert advice on welfare rights and produces information for clients in accessible formats.

Diane will be teaching across the undergraduate programme with a view to embedding working with the atypical client into the curriculum. She is currently working on a number of research projects about pre-registration training including: exploring innovative ways to address health inequalities in pre-registration health practitioner curricula (with NHS Education Scotland and the University of Brighten); reflection in practice, enhancing understanding of disability and coping with bereavement among pre-registered nurses (with colleagues from the University of Abertay). Her current research in the field of learning disability includes collaborating with practitioners within Greater Glasgow and Clyde and Lothian along with third sector stakeholders on health-related projects; and extending her doctoral work through collaboration with colleagues from the University of Glasgow and the Centre Hospitalier Universitaire, France, on projects relating to other cancers among people with learning disabilities.
Dr Elizabeth Tolmie

took up post as the BHF Lecturer in Cardiovascular Care. We appreciate the continued support of the British Heart Foundation in part funding this post. Liz was previously employed as the Clinical Research Support Officer at the Glasgow Clinical Research Facility. During that time she completed her PhD from Glasgow Caledonian University. Her thesis was entitled ‘Losing Heart: the illness representations, health, and health behaviour of men and women 1 to 3 years after suffering a myocardial infarction’. She has a keen interest in improving patient care and the progress and development of Clinical Academic Careers for nurses and AHPs which she sees as the crucial to achieving that goal.

Liz will be leading specialist postgraduate education in cardiovascular care and developing her research portfolio. She is currently collaborating with nursing and AHP colleagues at the University of Glasgow and the Scottish Stroke Community and leading the development of a Best Practice Statement for Vision Problems after Stroke. Liz also hopes to undertake further research into the use of a tool developed as part of her PhD to assist the identification of health priorities from the patient’s perspective, especially when there is co-existing disease and/or disability or barriers to communication such as language, cultural or literacy problems and to evaluate any improvements as a result of interventions.

Liz Tolmie presented at this year’s RCN International Research Conference in March, in Belfast City.

Eileen Cowey is delighted to be joining the Nursing & Health Care teaching team from June 2013. She has been involved in research and teaching within the School since 2009 and says, “I’ve really loved the teaching I’ve done so far with students in the School and look forward to contributing more.” Her current research focuses on acute stroke care, including contineence assessment, pain management and decision making and she is working towards a PhD on end of life care following acute stroke. She is interested in mixing qualitative and quantitative methods in multi-centre studies, in the use of rapid evidence assessment and in fostering research collaborations.

Eileen is a registered nurse who graduated as a Bachelor of Nursing with honours and the McGirr Prize from the University of Glasgow in 1991 and with a Master of Science in clinical nursing in 1995. Her clinical background includes coronary care, intensive care and surgical nursing, as well as occupational health nursing. She serves on the steering committee of the National Stroke Nursing Forum (UK), is secretary of the Scottish Stroke Nurses Forum and sits on the NHS Greater Glasgow & Clyde Stroke MCN Education Sub-committee.

Eileen is also a reviewer for various palliative, rehabilitation and nursing journals and stroke conferences. When she’s not at work she likes to indulge in knitting and karate, although not both at once.

Eileen has just had a poster accepted for the 13th World Congress of the European Association of Palliative Care. The conference takes place in May, in Prague.

I am also delighted that I will be joining the teaching team from June as a 0.5 WTE university teacher!

McGirr 2013

The title of Mrs. Van Beek’s lecture will be “Patient Partnership: a Challenge 4 Change”.

Cathy van Beek was born in Rotterdam on June 8, 1956.

Career

As of September 2011 Cathy is a member of the executive board/Chief Medical Officer of Radboud University Medical Centre in Nijmegen, the Netherlands. Main topics in the portfolio of Mrs. van Beek include monitoring and enforcement, safety and quality of care. She also has particular responsibilities regarding medical education and patient participation. Mrs van Beek has extensive managerial experience in the Dutch hospital sector.

Her last position before joining the Radboud University Medical Centre was vice president of the Executive Board of the Dutch Healthcare Authority, the NZa. Mrs. Van Beek has been active in many different supervisory and advisory boards both within and outside the healthcare sector.

Radboud University Medical Centre

The Radboud University Medical Centre is a centre for health care, education and research. These three are closely connected. The centre advances human knowledge by conducting biomedical, translational and clinical research in order to improve wellbeing.

The key strength is medical life-sciences and clinical practice, with an impressive infrastructure comprising state-of-the-art technology platforms and (translational) research facilities. The Radboud University Medical Centre is therefore uniquely positioned in the emerging Euregio and Dutch healthcare infrastructure to play a leading role in the new healthcare paradigm of prediction, prevention and personalized medicine.

The Radboud University Medical Centre focuses on scientific health challenges of today, with an eye on emerging diseases of the future. It employs almost 10.000 staff and educates over 3.000 students. In 2011 over 32.000 patients were admitted.

The Dutch Healthcare Authority

The Dutch healthcare system was reformed in 2006 based on private and competitive healthcare insurance and provision within a regulatory framework that aims to ensure that the consumer receives value for money. Efficiency, freedom of choice, quality of care and accessibility of healthcare markets are central to that aim.

The Dutch Healthcare Authority (NZa) is the supervisory body for all the healthcare markets in the Netherlands. The NZa supervises both healthcare providers and insurers, in the curative markets as well as the long-term care markets.

The NZa was established on 1 October 2006. It is located in Utrecht and has 260 employees.

The NZa evolved out of The supervisory Board for Health Care Insurance (CTZ) and the National Health Tariffs Authority (CTG). Both boards focused on controlling the total costs (macrocots) by funding healthcare providers and ensuring the correct implementation of insurance legislation in healthcare. While these tasks remain, the emphasis of the NZa’s work shifts from implementation to proactively setting conditions for market forces to operate and enforcing these conditions. In this context the NZa also acts as a sector-specific competition authority.

Professor Agnes Jarvis

Staff and former students recently attended the funeral of Professor Agnes Jarvis, the former head of department, who became titular professor of nursing studies in October 1985.

During her time at Glasgow University, Professor Jarvis pioneered the BN undergraduate programme and the part-time master’s degree.

The funeral was well attended and a fitting tribute to Agnes’s life.

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Nursing & Health Care Achievements

The hard work of staff and students has been rewarded with recent League Table successes

Rated by students as 1st equal for nursing education in the UK 2011

No 2 in UK for Nursing - Guardian Good University Guide 2011 & 2012;
Times Good University top 10
Also: Nursing has jumped 13 places to 12th place in the recently published Complete University Guide.

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Also: Nursing has jumped 13 places to 12th place in the recently published Complete University Guide.
In 2012 the Nursing & Health Care Research Interest Group was formed.

The group provides an opportunity for Nursing & Healthcare staff and post graduate research students to:

- Find out about research activity in the department
- Learn from one another’s experience of conducting research
- Explore and address methodological challenges
- Gain an international perspective on health research from colleagues
- Participate in practical workshops
- Increase confidence in discussing their research

This active group, which currently has 23 members, meets monthly with research related discussions or workshops. Topics and facilitators for each session are identified by group members. Topics have included observation for data collection, interpreting statistics and using reference management software.

Industry Partnership Project Success!

For the first time this year the School was successful in securing a partnership agreement with 3M, supported by the College of Medical, Veterinary and Life Sciences and the School of Medicine. We are very grateful for the support and the opportunity to investigate an under-researched area of practice and to offer a full-time PhD studentship to an early career researcher. The opportunity was advertised widely, so we are particularly pleased that the successful applicant was one of our own Honours graduates, Leila Dunn. Leila had been awarded the Margaret Auld prize for the best dissertation in her honours year and had already demonstrated her keen interest in research in employment with the Medical Research Council unit in the University of Glasgow.

Leila is being supervised by Dr Lorna Paul, Reader in the School, and Dr Aleksandra Vuckovic from the School of Engineering. She will be investigating an aspect of treatment for lymphoedema, a long term condition that causes chronic swelling and has significant impact on quality of life, mobility and independent living. The 3M Coban2 Compression system has recently been introduced to the market. Studies (as yet unpublished) indicate it is effective in reducing limb volume in people with upper or lower limb lymphoedema. However, little is known about how the system performs in relation to patient activity over time while limb volume is reducing, and to what extent compression levels are maintained. This knowledge would be useful in determining frequency of application for best effect. This project will investigate the effectiveness of the system from a patient’s view in terms of comfort, interface pressures, function and pain.

Social media building new relationships

The event raised awareness around campus and parts of the city of Glasgow as hoped however the benefits reached further because of the use of social media:

- New relationships were built with people and organisations across the UK and overseas through the conversations built around the Tweets and photos. Some of these may lead to collaborative work in the future.
- Learning for the volunteers – not only was ‘the patient experience’ new to some students but for some it was their first time using Twitter. Temporary accounts were set up; they were given brief instruction then learnt the rest as they went along. Feedback on the whole experience and learning gained from the day was very positive.
- Learning for staff – ways of using social media responsibly. Staff had to learn more about using Twitter and discovered some useful general principles about managing an event through social media. Carrying out a risk assessment before the event, involving the Corporate Communications department and keeping all stakeholders informed were just some of the pre-event activities.

Other parts of the University and other organisations are now interested in running similar events and have been in touch for advice.

We have just heard that the bid to host the 2014 International Lymphoedema Framework Conference in Glasgow has been successful. This was submitted in conjunction with the Glasgow City Marketing Bureau and the University Conference and Visitor Centre.
Nursing & Health Care School now have a Twitter aimed at raising awareness of its activities, publications, events and to keep students informed of the latest news and it seems to have stimulated international interest - the twittering is that it has resulted in viewings of the University website and international queries for attendance.

The event gave a taste of some of the issues of having lymphoedema and its treatment.

@GlasgowUniNurse Twitter raises profile and shares the latest news

The use of social media and simulated patient experience provided some fun and learning for University of Glasgow students participating in the British Lymphology Society “Lymphoedema Awareness Week” last September.

Volunteer students from across disciplines were recruited by Twitter and word of mouth by past and current nursing students. The students had an arm padded up with “bubble wrap” to simulate an arm swollen with lymphoedema, as happens to 1 in 4 women after breast cancer. Their fingers, hand and arm was then bandaged as in treatment programmes. Lymphoedema can also occur in legs but this may have been a step too far in Freshers Week!

The challenge was: “to wear the bandages for up to 24 hours, join in Fresher Week or other activities and Tweet, Blog or Facebook about your experiences”. The photograph which best captured the ethos of the day would win a book voucher kindly donated by BSN medical.

Students said it was great fun but they also reported having their personal space invaded, struggling with using keyboards and phones, the fatigue from the extra effort of daily tasks such as eating, washing and dressing. The event gave a taste of some of the issues of having lymphoedema and its treatment.

Student nurse: Made it to 24 hours! Can’t say it was easy huge respect for anyone living with lymphoedema.

The winning photo: for capturing the positive feel of this Olympic summer towards all conditions (See above picture)
Selected from among 681 entries the book was one of five textbooks shortlisted in the Basis of Medicine section of the British Medical Association Book Awards announced on 13th September 2012. The authors, including Rev. David Mitchell, attended the British Medical Association in London to receive a ‘Highly Commended’ certificate for their book. The textbook is commended as follows:

“I shall recommend this book to all healthcare professionals who want to differentiate between spiritual and religious needs of a person. This book clarifies contentious areas of spirit (soul), religion, non-religious persuasion and atheism based on science which significantly differs from religious views and facts. Reading this book would improve understanding, debate, needs of every patient (and health professional) of spiritual care and why it is helpful in clinical practice today. All Health professionals should benefit from this book.”

BMA Medical Book and Patient Information Awards 2012.

Rev. David Mitchell is programme leader for Healthcare Chaplaincy in the College of Medical, Veterinary and Life Sciences, Nursing & Health Care School. The School is celebrating 30 years of nursing graduates this year and is proud to include such a successful and unique inter-professional course of study in its portfolio.

Other info
While doctors, nurses and allied health professionals follow professional standards and guidelines that say spiritual care is inherent in their practice what that spiritual care is appears vague and unclear. Working in partnership with NHS Education for Scotland the University of Glasgow has developed a programme of professional education in Spiritual Care in Healthcare. Originally developed as a programme of courses for healthcare chaplains the courses are now available to all healthcare professionals. The courses enable healthcare professionals to study what providing spiritual care actually means and how it can be integrated into their professional practice.

To support this study a new textbook has been published: Spiritual Care for Healthcare Professionals – Reflecting on clinical practice. Written by David Mitchell, the Programme Leader, Ewan Kelly, Programme Director Spiritual Care and Healthcare Chaplaincy NHS Education for Scotland, and Tom Gordon, Chair of the Chaplaincy Training Advisory Group, Scotland, this book offers a practical and in-depth exploration of spiritual care as it can be practiced by all healthcare professionals. In his forward Stephen Thornton CBE, Chief Executive of the Healthcare Foundation, describes it as “a book that fills a gap for all those seeking to understand the spiritual components of healthcare and how to meet them.”

Nursing & Health Care success at the 2012 BMA Book Awards

Spiritual Care for Healthcare Professionals is a new textbook published by Radcliff and launched at the University of Glasgow in November 2011.
Recent MSc Graduate presents her work at the International Society of Prosthetists and Orthotists (ISPO), India

In February 2013, Fiona Smith, a recent graduate of the MSc in Med Sci programme in Nursing & Health Care, presented the findings of her dissertation at the International Society of Prosthetists and Orthotists (ISPO) World Congress in Hyderabad India World Congress. Her presentation focussed on key characteristics of those undergoing lower limb amputation and how these affect functional outcome. The conference was attended by nurses, physiotherapists, vascular surgeons, rehabilitation consultants, prosthetists and occupational therapists.

Fiona works as a Specialist Physiotherapist in amputee rehabilitation within the vascular unit of the Western Infirmary, Glasgow and hopes to take this work forward to Ph.D.

Linda Ni Chianain

We are delighted that Linda will join the staff at Nursing & Health Care in April 2013 as a Teaching Assistant to work with the Undergraduate Team. She will make an important contribution to undergraduate teaching and enhancement of the student learning experience, with particular reference to patient safety and clinical skills.

Linda graduated with an MSc (Med Sci) in Health Care, specialising in Critical Care, from this School in 2012 and was part of the Scottish Government Early Clinical Careers Fellowship programme, which she has now completed. She currently works in Plastic Surgery, working primarily with Head & Neck Cancer, Breast Cancer and trauma patients.

She will be seconded from her current post two days per week to the Teaching Assistant post which hopefully will strengthen educational and clinical partnership working, positively contributing to the quality of future care provision.

Esteem

Joanne McPeake, an honorary lecturer and PhD student has added to her awards from the Florence Nightingale Foundation and Winston Churchill Travelling Fellowship with a competitively obtained award from the British Association of Critical Nurses to attend their annual scientific meeting in Brighton. Joanne has also recently been awarded additional funding from the Florence Nightingale Foundation to progress her PhD.

Joanne as a Florence Nightingale Scholar has been invited to take part in the Ceremony of the Lamp at this year’s Commemoration Service WESTMINSTER ABBEY. Joanne is one of 3 scholars who will be carrying the lamp to the Altar.

The Burns night was for staff and PG students.

We kept the traditional readings and toasts but had contributions from other cultures - Polish Haggis, Omani coffee and sweets and as it’s also Welsh valentines day on 25th January (Dydd Santes Dwynwen) we heard about the Welsh Love Spoon. Finished the night with a sign along, music provided by Rhian’s partner Bradley.

University of Glasgow Nursing & Health Care School’s Burns Supper 2013 Bill O’ Fare
University of Glasgow / University of Queensland, Australia

Exchange Programme

Congratulations to Jacqui Wilson on her success in being the first BN student to enter the exchange programme with the University of Queensland. Jacqui will be going out to Australia in June for a period of 12 weeks clinical experience at the Mater Hospital in Brisbane, where she will have an opportunity to gain experience in acute adult care such as critical care, acute general medicine and burns and plastics. The student will also have an opportunity to meet with Australian student nurses and ‘compare notes’!

I am sure she will have interesting things to report back. We anticipate that this is the beginning of a long and productive relationship with the University of Queensland and look forward to welcoming two of their students in January 2013. In the meantime Bon Voyage to Jacqui.

Post graduate Taught Programme

The Nursing & health Care School is in the process of reaccrediting the taught MSc programme for 2013 delivery. The MSc (Med Sci) Health Care will become the MSc (Med Sci) Advanced Practice in Health Care with options for specialisation in Acute and Critical care, Cardiovascular Care, Chronic Disease Management and Stroke Care. This is in response to current health care priorities and facilitates the preparation of tomorrow’s Healthcare Professionals.

Portfolio and work based elements will be utilised as well as a combination of face to face and on line learning. We are continuing to attract a number of international applications as well as collaborating across the School of Medicine in relation to teaching and assessment.

We are maintaining a multiprofessional focus with named awards in Nursing, Allied Health Professions, Healthcare Chaplaincy and a generic award. We continue to offer a Postgraduate Certificate in Healthcare Chaplaincy.

We continue to encourage students to publish from their dissertations and consider further study with us. We attract students from a wide range of healthcare environments and alumni of the University of Glasgow receive a 10% discount on their fees. For further information please contact Anna.O’Neill@glasgow.ac.uk

View our MSc Video/Student Testimonials: http://www.gla.ac.uk/postgraduate/taught/healthcare/programmevideo/

Stroke - Development of a Best Practice Statement

We are collaborating with the stroke community across Scotland to develop a Best Practice Statement for Vision Problems after stroke. The initial focus will be on the first 30 days.

New Appointment

Jennifer Stanley has been appointed as Research Assistant and will join the team developing the Best Practise Statement for Vision Problems after Stroke. Jennifer has recently been awarded her PhD. Her work focused on visual neglect in people who had suffered a stroke.
The BN/BN(Hons) was recently revalidated successfully, for 5 years, commendation was received for stakeholder involvement and the adaptability and ownership of learning, demonstrated by students.

The Nursing & Health Care were fortunate enough to receive a bequest of £78,000 from the estate of Ann Hart Buchanan and that we plan to appoint a member of staff to develop a particular area of education.

We had a visit from Darlene Clark, Senior Lecturer from Penn State University, with whom we are exploring further opportunities for study abroad and student/staff exchanges.

Also the new mini clinical skills facility being developed to address situations in acute and primary care.

Joanne McPeake, an honorary lecturer and PhD student has added to her awards from the Florence Nightingale Foundation and the Winston Churchill Travelling Fellowship with a competitively obtained award from the British Association of Critical Nurses to attend their annual scientific meeting in Brighton. Joanne has also recently been awarded additional funding from the Florence Nightingale foundation to progress her PhD.

The spiritual care courses, offered as part of the Healthcare Chaplaincy programme, are now available for any health care professional. A course textbook, co-authored by David Mitchell, who leads the programme, was launched during this session.

Outcome Measures in Exercise Studies for People with Multiple Sclerosis

Multiple Sclerosis (MS) is a progressive neurological condition which affects between 2 and 150 people per 100,000 depending on the population. Exercise aims to positively affect the symptoms associated with MS, optimise function and maintain health and well being. As such, exercise is one of the key components of rehabilitation and long term management of people with MS. There is increasing evidence of the positive effects of exercise for people with MS. A Cochrane Review published in 2005 however concluded that statistical pooling of the data from MS exercise studies was not possible due to the large number of outcome measures used and that there was an urgent need for a consensus on a core set of outcome measures for exercise studies in MS (Reitberg et al. 2005). More recent reviews have similarly been unable to recommend specific exercise regimes for people with MS partly due to the fact that multiple outcome measures are used (Dalgas et al 2008, Motl and Gosney 2008, Asano et al. 2009). In an attempt to address this issue an international, multidisciplinary group of experts in the field of exercise for people with MS met at the University of Glasgow to reach consensus on a core group of outcome measures to be used in studies of exercise in MS. The meeting was funded by the Multiple Sclerosis International Federation and supported by the MS Society. The group from the UK, Ireland, New Zealand and the USA consisted of physiotherapists, exercise physiologists, health psychologist, health economist and two people with MS as well as a representative from the MS Society.

www.glasgow.ac.uk/schools/medicine/newsevents/

Grace wanted to leave her native Northern Ireland to gain life experience and independence in a big city and came to the University of Glasgow for it’s reputation. She tells how although she found the move away from home a struggle but soon found it was better and more than she had expected; “brilliant” in fact. The small class sizes and the support from lecturers, especially in the early years, were invaluable in helping her settle in. Although the theory was intensive, she found it prepared her for the clinical placements and although initially daunting, loved them and found them the “best part of studying nursing”. After qualifying Grace plans to apply for a staff nurse position in the “medical rotation” at Greater Glasgow & Clyde Health Board.

Grace Fraser
Following a two year national scoping exercise of lymphoedema service provision (2006-2008), led by Margaret Sneddon, Head of Nursing and Lymphoedema Programme, NHS Education for Scotland (NES) and Macmillan Cancer Support joined forces to support a further study on the Education Needs of Scottish Health Care Professionals right across Scotland now available on the NES website www.nes.scot.nhs.uk

The study (2010-2012) was undertaken by Rhian Davies, a relatively new member of the team who has been involved in lymphoedema service development roles across England, Wales and Northern Ireland in her role as a lymphoedema specialist physiotherapist and trainer. The Education report was published earlier this year on the NES website and has been taken up as one of the key documents for a new post in Scotland, funded by Macmillian Cancer Support, of Lymphoedema Project Manager. The two year post has been taken up by Amanda Platt, an experienced project manager as part of the Long Term Conditions Alliance. The aim of the role is to facilitate the implementation of national plan for lymphoedema services for Scotland. Macmillan Cancer Support has also extended funding of Rhian’s post to support the national project.

Meanwhile the University of Glasgow team has grown to include Professor Christine Moffatt and Professor Peter Franks, both directors of the Centre for Research and Implementation of Clinical Practice (CRICP) and founders of the International Lymphoedema Framework (ILF). Christine’s work made seminal changes to leg ulcer service provision throughout the 90s and has developed, along with Peter’s epidemiological expertise, to produce seminal work within lymphoedema both nationally and internationally. This has included the publication of an International Consensus on Lymphoedema Management adopted by countries as diverse as Canada, Japan, India and Australia.

Additionally, Margaret Sneddon, who is co-chair of the Education Committee of the ILF, is undertaking an international project to establish a core curriculum for education in the management of lymphoedema which will hopefully influence the undergraduate curriculum of doctors, nurses and allied health professionals internationally.

There is no doubt that the work of the lymphoedema team continues to be recognised and valued internationally for its high quality. In clinical research, Yolande Borthwick’s work on validating an innovative technique of measuring hand oedema won the Novice Researcher Award at the British Lymphology Society Conference in 2010. Rhian Davies’ Education Needs study has been presented both nationally and twice internationally and work continues on a multi-centre international health technology assessment study, the Scottish site of this being led by Margaret Sneddon. Even the excellent student support work of Emma Fisher, lymphoedema programme administrator, was acknowledged in a study of past students’ experience conducted during 2011.

For the new session starting in September, the lymphoedema programme has been completely redesigned based on a curriculum review by Rhian Davies, drawing on past student surveys, course evaluations, the larger education needs research and changes in political and clinical need in the workplace.

The model is based on a social constructivist philosophy of education, so that the student is supported throughout from being an apprentice lymphoedema professional at the beginning to being an autonomous, advancing practitioner in the lymphoedema specialism by the end of the programme.

The exciting new programme will include a case study based blend of on-line and attendance learning, with greater support for the clinical mentors in the workplace.

The programme has always attracted students from across the UK and Ireland but the raised international profile of the University of Glasgow Lymphoedema Team is now bringing international interest in the Lymphoedema Programme with a Japanese nurse gaining a British Council Scholarship to study here and polish Professor of Oncological Rehabilitation visiting in October.

It is anticipated that such internationalisation will make the courses even more interesting and stimulating for the attending students, further increasing the attributes of our graduates.
School of Nursing & Health Care
Publications

2013


2012


26) Mitchell, D, Inverarity K, McDowell Quality of life in people with type 2 diabetes. Accepted for publication March 2011 Nursing Research in Practice

27) Mitchell, D, Inverarity K, McDowell JRS (2011) Quality of life in people with Type 2 Diabetes in Relation to Deprivation, Gender and Age in a New Community-Based Model of Care Nursing Research in Practice Article ID 613589, 8 pages doi:10.1111/1567-6395/613589


The finalists for the Student Nursing Times Awards have been announced.

Nursing and Health Care School
University of Glasgow

is one of five HEIs in the UK who have been shortlisted for the following award:
Nurse Education Provider of the Year (pre-registration)

In its 2nd year, the Nursing Times has had double the number of talented student nurses, education providers and mentors entering. It has been wonderful to see the students continuing to excel in their studies and go the extra mile; and to see the placement and universities providers influencing and inspiring our nurses of the future.

The Nursing & Health Care School was ‘Highly Commended’ in the category of “Best Provider of Nursing Education (Pre-registration)” at the Student Nursing Times Awards on 1st May 2013.
Have you submitted your alumni profile?

Please consider giving a little back to your alma mater by submitting your Alumni Profile. These profiles will be exclusive to our current students and will help raise their aspirations and prepare them for life after Glasgow. Our alumni can make a significant difference.

Graduates who have already provided a profile have found the process of reflecting on their time at Glasgow and their career since graduation enjoyable.

Further details are available from:

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