



## Welcome to the Relationships in Good Hands (RIGHT) Trial newsletter.

With this and future newsletters we hope to keep you up to date with the progress of our work. Please pass it on to others in your team who may be interested. If you received this

via someone else and would like to receive it yourself, please email please email Verity to be added to the mailing list.

November 2021: Edition 3

### Progress update

We are now eleven months into the 17-month long feasibility phase of the trial. The primary focus of work in recent months has been optimising recruitment in our three initial sites. The table below summarises progress thus far.

<b>Site</b>	<b>Eligible Families Referred</b>	<b>Families Recruited</b>	<b>Families Randomised</b>
Oxfordshire	8	7	6
AdoptionPlus (Central Beds)	5	5	5
AdoptionPlus (Herts)	7	7	7
Lanarkshire	6	6	6
<b>Total</b>	<b>26</b>	<b>25</b>	<b>24</b>
<b>Site</b>	<b>Eligible Families Referred</b>	<b>Families Recruited</b>	<b>Families Randomised</b>

We are delighted to have made excellent progress with recruitment since the last newsletter and look forward to receiving more referrals over the next few months.

## Moving towards the final phase of the trial

The trial team are currently making plans for the definitive phase of the trial where we will open up more sites across the UK to increase recruitment. Our trial steering committee have given us the go ahead to move into this phase where we will be able to access subvention funding for the treatment costs of the DDP therapy.

Nottingham is likely to be our first site in Phase 3 and we have been carrying out mapping of the services in the area to understand what the "services as usual" arm of the trial might look like. This has involved talking to clinicians about their experiences of using DDP and in working with our population of looked after and adopted children.

Over the coming months we will be carrying out mapping and consultation work with services in other areas to identify and set up sites for recruitment.

### Meet the Chief Investigator:



Helen Minnis is our Chief Investigator, with overall responsibility for the trial.

Helen is Professor of Child and Adolescent Psychiatry at the University of Glasgow. She has a longstanding clinical and research focus on the psychiatric problems of abused and neglected children. Currently her focus is on intervention research, including a randomised controlled trial of an infant mental health service for young children in foster care and the RIGHT Trial. She is also conducting behavioural genetic research focussed on the role of abuse and neglect and its overlap with neurodevelopment across the life-course.

Watch Helen talk about the trial [here](#).

Helen says:

I am so excited that this trial is up and running. It took us more than a decade to get it funded, and to be more than 10% of the way through recruiting our target of 200 families feels amazing!

## Partner spotlight: Adoption Connects



Adoption Connects is a regional adoption agency for Central Bedfordshire Council and Milton Keynes Council and recruits families from the Central Bedfordshire Area into our study.

Adoption Connects was established in April 2019 and is partner service for both Central Bedfordshire Council and Milton Keynes Council.

They say: "We are a small service with a big heart and are here to support children and families of Central Bedfordshire and Milton Keynes to achieve good outcomes without delay". They provide post adoption support to families in this area and it is these families who have been approached for the trial.

Anne Devine, Post Adoption Support Manager, writes

"At Adoption Connects we passionately believe in the power of DDP and the results seen in our families speak for themselves; being engaged in the RIGHT Trial will hopefully give us the ability to evidence this".

If there are things you would like to see covered in a future newsletter, please let Verity know [verity.westgate@psycho.ox.ac.uk](mailto:verity.westgate@psycho.ox.ac.uk).

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**NIHR** | National Institute  
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Find out more on our [website](#).

If you have any questions or would like to know more about this study, please don't hesitate to contact one of the study team:

Chief Investigator: [Helen Minnis](#)

Trial Manager: [Karen Crawford](#)

Trial Coordinator (with responsibility for sites in England): [Verity Westgate](#)

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