

Relationships in Good Hands Trial (RIGHT)

Newsletter – February 2023 (Edition 6)



With this and future newsletters we hope to keep you up to date with the progress of our work.

Recruitment update

Recruitment has continued over recent months and we hope will expand with our new trial sites.

Site	Eligible Families Referred	Families Recruited	Families Randomised
Oxfordshire	19	12	12
AdoptionPlus (Central Beds)	6	6	6
AdoptionPlus (Herts)	7	7	7
Lanarkshire	12	12	11
Adoption East Midlands*	0	0	0
Total	44	37	36

*Just opened February 2023

There are still plenty of slots left in our existing sites so please get in touch if you have any potential cases to discuss.

A reminder of our eligibility criteria:

- Children aged 5-12
- Adopted or in a permanent foster placement
- With difficulties as a result of abuse and neglect in early life.

New sites!

We have been working very hard on getting our new sites ready for recruitment. It takes so long because there are different governance requirements to be met for each area, contracts to be signed, our portal to be updated to take referrals, site staff and clinical research network nurses to be trained.

We are delighted that Adoption East Midlands is now open for recruitment and you can read about them below.

Other sites due to open shortly are:

- Nottingham City Looked After Children CAMHS
- Chrysalis Associates (working with Doncaster Children's Services (part of One Adoption Regional Adoption Agency)
- The Child Psychology Service (working with Adoption at Heart Regional Adoption Agency)
- Our existing Adoption Plus site will be expanding to incorporate some other Regional Adoption Agencies and Bedford will be the first.

Meet our two new members of staff

We were delighted to welcome Kelly Plummer, Research Assistant, and Lee Martin, Administrative Assistant, to the trial team at the start of September. The support that they have been able to provide has been crucial to progressing the trial and ensuring its smooth running.

Kelly Plummer



I joined the RIGHT trial as a Research Assistant in September 2022 and I'm based at the University of Nottingham. My role is to manage study sites in Nottinghamshire, the Midlands and nearby areas from site set up, through the lifecycle of the trial. Prior to joining the RIGHT Trial, I worked for a CRO managing technical solutions for large pharmaceutical clinical trials, after which I adopted two boys, volunteered as a Mental Health Act Associate Hospital Manager and eventually returned to work as an NHS Specialty Manager. I'm incredibly proud to be involved with the RIGHT trial as treatment pathways for adopted children is an area I have been navigating for many years and am excited to see how our research will impact these.

Lee Martin



After obtaining a PhD and working on numerous research projects (child health information services, the psychology of speeding drivers, child oral health) I took time out to have my family.

I am working with the Team on the RIGHT Trial as an Administrative Assistant. I help organise meetings, take minutes, update the spreadsheets and anything else I can help with on a day-to-day basis.

I am excited to be part of the RIGHT Trial. It is great to be part of a ground-breaking Trial looking into DDP.

Partner spotlight: Adoption East Midlands



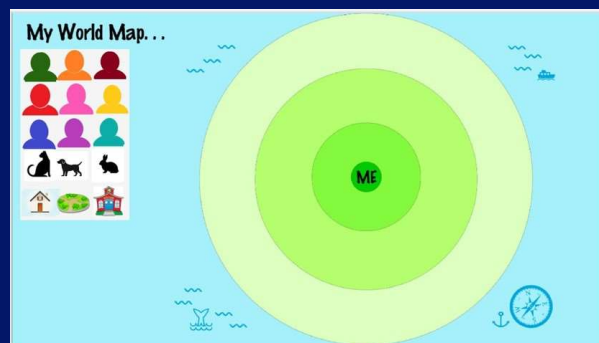
Adoption East Midlands is the Regional Adoption Agency covering Derby, Nottingham, Derbyshire and Nottinghamshire local authorities. They provide the full range of adoption services across the East Midlands and are hosted by Nottinghamshire County Council. They are the latest site to join the trial.

Vicky Pike, Adoption Support Team Manager says:

"We're really excited to be part of the trial and are looking forward to understanding more about the effectiveness of DDP in promoting positive change and support for the children and families we work with who are experiencing the impact of developmental trauma"

Young People's Advisory Group Update

The YPAG met again at the end of October with three young people coming together in Glasgow with three members of the research team. After an update on the trial and a trip out for pizza on Friday night, we spent a full day engaged in coproducing a rating scale for one of the measures in the trial, the My World Game.



The My World Game is an activity that we carry out with the children and young people who are taking part in the trial to map their social world. It was originally developed by Papoula Petri-Romao in collaboration with Professor Helen Minnis, the trial Chief Investigator, and involves a map shared online. Participants are asked to place people and places who are important to them on it and then answer a series of questions such as who on the map they would turn to if they needed help.

The aim of producing a rating scale is to enable us to quantify a child's social connectedness based on their responses in the game. The YPAG worked extremely hard to come up with a rating scale which includes scoring of: avoidance, hierarchical attachment, sharing the good, close friendships, consistent reliable relationships with adult, acquaintances, trust and social engagement versus social isolation.

The scale is now going to be tested on existing data by a student from the MSc in Global Mental Health and we hope to come together again as a group in June.

If there are things you would like to see covered in a future newsletter, please email verity.westgate@psycho.ox.ac.uk

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If you have any questions or would like to know more about this study, please don't hesitate to contact one of the study team:

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