

The Newsletter of the Glasgow Dental School Dental Mirror

Issue 5 September 2008

Minister Opens New Clinic

The new Orthodontic and Paediatric Dentistry Clinic at the Glasgow Dental Hospital was officially opened on 3rd June 2008 by Shona Robison MSP, Minister for Public Health. At a special ceremony, the Minister for Public Health met with staff and patients before unveiling a commemorative plaque and officially declaring the new £1million Clinic open.

Shona Robison, Minister for Public Health, said: "It's a great honour for me to officially open the new Orthodontic and Paediatric Dentistry Clinic at the Glasgow Dental Hospital – the largest of its kind in the country. This state-of-the-art unit will be a welcome addition to the city's health facilities and will help to ensure that the children of Glasgow have access to the highest quality dental and orthodontic care. It's particularly inspiring that the new clinic has been built with its child patients in mind and its welcoming atmosphere will help put them at ease. But it will also be of great value to the specialists who work here – who will benefit from the advanced technological equipment at their disposal – as well as dental students who come here to train."

Kevin Hill, NHS Greater Glasgow and Clyde's Director of Oral Health, explained: "The new combined Orthodontic and Paediatric Dentistry Department opened last month at a cost of £1million and will treat over twenty thousand patients every year. This redesign has created one large clinic in addition to individual dental surgeries. This has led to the development of a child-friendly environment, which provides a fully integrated department capable of delivering consultant-led Orthodontic and Paediatric dental services. The project has provided a bright modern clinical area, with 22 new dental chairs, complete with a computerised system to allow access to digital imaging at each clinical station. This new facility will enable resources to be appropriately shared and utilised by a wide range of Dental Care Professionals as well as by undergraduate and postgraduate dental students."

Alyson Wray, NHS Greater Glasgow and Clyde's Lead Clinician for Orthodontics & Paediatric Dentistry said: "The investment in the new combined Paediatric Dentistry and Orthodontic clinic represents a fantastic opportunity to improve the specialist care we deliver for our patients. Many of our patients are referred from their own dentists because they find having dental treatment challenging and stressful. The new clinic environment is both calm and welcoming, and the state-of-the-art-equipment will allow us to see patients more efficiently, and deliver their treatment over shorter appointments. A great deal of thought has gone into planning the new clinic, to minimise the amount of intimidating dental equipment nervous patients will be faced with. This new facility represents the single largest combined Paediatric and Orthodontic department in the country, and will provide an ideal environment to provide specialist care to our patients."

The redesign, with the creation of new disabled toilet facilities and improved access to each dental chair complies fully with the Disability Discrimination Act. The Oral Health Education Team organised a painting competition for primary schools in Glasgow and Clyde. Over one hundred primary schools participated. The competition had an Oral Health message, and entries were accepted from children in Primary Three and Four. At the opening ceremony of the new Orthodontic and Paediatric Dentistry Clinic Shona Robison MSP, Minister for Public Health, presented trophies to the winning entries as below:

1st: Dalmarnock Primary School P32nd: Bonhill Primary School P43rd: Provanhall Primary P3



The Minister Shona Robison with Nurse Manager Fiona Mackenzie and Professor Richard Welbury

Developments in BDS5 Outreach Teaching

When this edition of Dental Mirror goes to print, BDS 5 students following the new curriculum will be sampling the Outreach placements first mentioned in Issue No.2 in May 2007. Since then, a number of exciting new developments have taken place.

Some timetabling contingencies have been required following changes of location due to delayed planning applications and building works falling behind schedule. Kilmarnock (4 chairs), Greenock (4 chairs), Yoker (8 chairs) and Forth Valley (4 chairs) will provide longitudinal placements this year and residential placements are in Dumfries (6 chairs) and Inverness (6 chairs). In addition, all students will attend Edinburgh Postgraduate Dental Institute (8 chairs) on a daily commute basis. Edinburgh promises to provide some experience in aspects of dentistry beyond the provision of primary dental care, with integrated hospital and community attachments and further experience in dealing with patients who require emergency dental care. Attendance at a range of Consultant Clinics within the Institute completes the plan, so the added journey time should be worthwhile.

The large centre in Lanarkshire based in Coatbridge, providing 10 undergraduate chairs and possibly linking with Therapy training in Edinburgh, should be finished by March 2010, enabling students to attend from August of that year. Attendance at Inverness UHI Millennium Institute, in the newly built Centre for Health Science in the grounds of Raigmore Hospital, was brought in as a contingency for the rural placement originally intended in Stornoway.

At Inverness, a link with Dundee undergraduate dental students is established, with dental therapist training also taking place under the auspices of the University of Highlands and Islands. We appreciate the co-operation of Dundee Dental School and Highland Health Board in enabling this shared facility. Students will be accommodated in a comfortable guest house nearby in Inverness.

Those students attending Dumfries for their residential Outreach experience will reside in nursing accommodation. Dumfries Dental Centre was officially opened by Shona Robison MSP, Minister for Public Health, at the end of June. It has received acclaim for its eco-friendly design and the colourful internal décor ensures a bright and uplifting experience for our students. Dumfries also integrates undergraduate training and Dental Care Professional (DCP) training with primary care service provision.

Preliminary negotiations have recently taken place with Argyll and Bute CHP in relation to the possible establishment of a rural placement for Glasgow undergraduates, perhaps in Campbeltown.

In the BDS 5 timetable, the week of August 18 -22 was Induction Week for Outreach, preceded by two weeks spent on decontamination training and writing up Elective studies. The beginning of this week focused on the students, with introductory presentations and visits scheduled for local induction at their longitudinal placements. On 21 August, staff involved in BDS 5 Outreach supervision, were invited to a Clinical Training Day in the Dental Hospital followed by a social event in the evening. The week culminated in the National Outreach Forum on 22 August, hosted this year by Glasgow Dental School at the Kelvin Conference Centre, Garscube, to which all stakeholders were invited, and which was a great success.

Future updates will follow to keep readers informed of developments, but in the meantime it is appropriate to thank everyone who has contributed to date.

(Senior Clinical University Teacher – Outreach)

David Watson

The new outreach facility in Kilmarnock

Staff News

Staff Appointments

Mr Iain Buchanan, Clinical University Teacher/Hon Consultant in Orthodontics.

Mrs Alison Cairns, Senior Clinical Teacher/Hon Consultant in Paediatric Dentistry.

Dr Carrie Campbell, Consultant/Senior Lecturer in Paediatric Dentistry.

Dr Catherine Cavoura, Clinical University Teacher in General Medicine.

Dr David Conway, Senior Lecturer/Hon Consultant in Dental Public Health.

Mrs Leigh-Anne Dragsnes, Year Secretary (BDS2)/School Support Secretary. Dr Wendy Gnich, Researcher in Health Behaviour Sciences.

Dr Christine Goodall, Senior Lecturer/Hon Consultant in Oral Surgery/Sedation.

Ms Claire-Louise Hodge, Research Assistant in Health Behaviour Science.

Dr Keith Hunter, Senior Lecturer/Hon Consultant in Oral Pathology.

Mrs Elizabeth Mitchell, Part-time Research Nurse.

Miss Jennifer Thomson, Year Secretary (BDS5)/Purchasing & Finance Assistant.

Congratulations



Professor Jeremy Bagg (left), Head of the Dental School, is pictured congratulating Professor Fraser McCord.

Fraser McCord has been awarded the Gold Medal of the British Society for the Study of Prosthetic Dentistry. This prestigious medal is awarded once every three years to an individual in recognition of their significant contribution to Prosthetic Dentistry through research, teaching and training, and their representation of Prosthetic Dentistry both nationally and internationally.

Viv Binnie has been promoted to Senior Clinical University Teacher in the 2007/2008 Promotions Round.

Lynnsey Crane, SpR in Restorative Dentistry, has gained a place on the new MSc in Clinical Leadership which is run jointly by RCPS Glasgow and the University of Glasgow Business School. This is a part time taught degree due to commence in September this year. It is a new degree and this is the first intake of students. Lynnsey has also successfully applied for funding to meet the cost of her fees: $\pounds1000$ from the RCPSG TC White Research Fund and $\pounds1500$ from the NHS Staff Bursary scheme.

Laura Cross has been selected by the International College of Prosthodontists' Education Committee to participate in the 2008 Prosthodontic Educators' Workshop to be held in Karlsruhe, Germany. Laura will join with 35 other successful applicants from different countries and spend three days discussing cases and current thinking in Prosthodontics, under the guidance of 12 teaching faculty members, selected from the International Journal of Prosthodontics' Editorial Team. Laura was supported in her application by Dr Ian Watson and Professor Fraser McCord.



Dr Ian Watson, Dr Laura Cross and Prof. Fraser McCord.

Research Grants 2007

Culshaw S, in collaboration with Strathclyde University. 'Dissecting the adaptive immune response to cariogenic bacteria in the oral cavity', *Medical Research Scotland, 2007.* £106,114.00.

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Lappin D, Hodge P. 'Osteocalcin levels and periodontal disease in Type I Diabetes Mellitus patients'. University of Abertay, 2007. £1000.

Ramage G, Murray C, Williams C, Jones B. 'Fungal and bacterial interactions within the cystic fibrosis lung'. Yorkhill NHS Trust and Pfizer, 2007. £50,500.

Ramage G, Williams C, Jones B. 'The potential role for AmBisome against Candida albicans biofilms in the ICU' *Gilead Sciences*, 2007. £30,500.

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Riggio MP, Bennett D, Taylor DJ, Lappin DF. 'Are previously undetectable bacteria contributors to inflammatory processes within the joints of dogs with immune-mediated arthritis, septic arthritis and cruciate disease?' *The Kennel Club Charitable Trust, 2007.* £37,325.

Riggio MP, Bennett D, Taylor DJ. 'Do previously undetectable bacteria play a significant role in the aetiopathogenesis of canine gingivitis and periodontal disease?' *Royal College of Veterinary Surgeons Trust, June 2007.* £10,000.

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Pettigrew LK, Jauhar S, Lynch CD, Savarrio L, Carrotte P, Hannigan A. An audit of the quality of root canal treatments performed by undergraduate dental students on single-rooted teeth at Glasgow Dental Hospital and School. *European Journal of Prosthodontics & Restorative Dentistry.* 2007, **15**: 72-76

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Glasgow Dental Hospital and School Golf Society

The Portpatrick Weekend

Whilst early June is noted as marking the end of Finals by some, or the beginning of summer (as evidenced by lain Buchanan driving through Linwood with the roof down – but only the once) by others, for a dedicated group of GDH&S dentists early June signifies only one thing – The Portpatrick Golf Weekend. June 2008 marked the twentieth occasion of this three day, traditionally sunblessed, event.

The Glasgow team prepares, trains and stays at the delightfully ramshackle Portpatrick Hotel, resplendent with snooker table and tennis lawn, and the golf is played over the Portpatrick (Dunsky) and Stranraer (Creachmore) courses.

There are competitions on the Friday and Sunday, but the core of the weekend is the tense annual golf match between the Glasgow and Belfast Dental Hospitals (followed by the decidedly not tense post-match refreshment and dinner). Happily this year the Glasgow Team were successful. It is of interest to note that they have an entirely different system of allocating handicaps from ourselves - on the other-hand their match secretary, David Hussey, has been an understanding External Examiner in Glasgow this last couple of years. Usually twelve-a-side, a total of twentyfour golfers have represented Glasgow in this match over the years.

Eight of the original 1989 group still regularly feature and David Still, Ian Watson and Derrick Russell (recently retired Oral Surgeon) have 100% attendance records. The occasional birth, christening or wedding has blighted the near perfect attendance of a number of others.

If, on the second Monday of June, any of your clinical teachers or colleagues appears somewhat fatigued, but an appealing shade of red, you know their weekend has not been idled away; they have been giving their all for GDH&S at The Portpatrick weekend.

Kevin Jennings



The successful 2008 Glasgow Team.

The Pedalling Profs

Like so many good ideas, it started with an early morning cappucino in Starbucks, where Richard and I meet every Thursday to compare notes. Richard has a static caravan near Keswick in the Lake District, close to which runs the Coast to Coast cycle route (http://www.c2c-guide.co.uk/) from Workington to Tynemouth.

We decided about a year ago that we would tackle this as a challenge in the Summer of 2008. This decision coincided with our developing a close working relationship with the University of Glasgow Development & Alumni Office during preparations for the Lecture Theatre Opening Event.

Subsequently a Dentistry Fund. (http://www.gla.ac.uk/ services/givingtoglasgow/medicalfund/dentistry/) was established within the Medical Fund and we realized that the cycle ride would be an excellent way to kick-start the fundraising. Thus were born the Pedalling Profs.

The uphills were tough, but the downhills were fantastic. This is a brief summary of our travels, in the hope that others will join us next year on another fund-raising mission.

Day 1 (Workington to Penrith)

We were up early and headed for Workington. It was blowing hard, but dry, as we circled the lighthouse at the start of C2C. We headed east and within half an hour ended up close to where we'd started - one wrong turn leads to another... This was actually the only time we got lost - good to get the deliberate error out of the way early!

We were soon back on track and out in the countryside. There was a fantastic range of scenery as the route took us along country lanes, along old drovers' routes and down a precipitous rocky path to Bassenthwaite Lake.

We had very different approaches to uphill climbs. Richard took the meandering route, traversing the road from side to side to reduce the incline; I went for straight line manic bursts followed by brief stops for some hyperventilation. Farm gates (of which there were many) were an issue - very welcome on uphill stretches and a real pain when trying to set speed records on downhill stretches.

We stopped for lunch at the Derwent Hotel, overlooking Derwent Water, then headed off past Keswick along a spectacular disused railway line which boasted multiple Victorian iron bridges crossing streams and rivers. We passed through a number of quaint villages and stopped at a very quirky cyclists' café near Greystoke.

Whilst I enjoyed a hefty slab of Rice Krispie slice, Richard discovered the most amazing double lemon drizzle cake and ice cream - the sugar high proved an essential element of the entire trip. We reached Penrith by mid afternoon.

Day 2 (Penrith to Nenthead)

This was the day we were dreading, up over Hartside onto the Pennines. We were joined for the day by Professor Mark



Journey's end at Tynemouth

Thomason, one of our external examiners, who is a keen (and, as we found out later, very fit) cyclist. The first 10 miles were fine, but the climb up onto Hartside (580 metres) was a slog.

However, Hartside Top Café, serving industrial sized mugs of tea and Mars Bar cake, was an oasis which made it all worthwhile, as did the descent. Proud as punch and thinking we'd broken the back of the day's exertions, the smile was taken off our faces for the final stretch from Garrigill to Nenthead. Whilst shorter than Hartside it was even steeper the Miners Arms at Nenthead was a welcome sight.

Day 3 (Nenthead to Tynemouth)

Whilst our original plan had been to take four days to complete the route, we managed to reach our destination by the end of Day 3. The first 10 miles were tough, with an immediate steep climb out of Nenthead up to the summit of Black Hill (609 metres). However, after an early lunch we decided to go for broke.

The last 30 miles were fantastic, along the Waskerley Way (a disused railway line) and the Derwent Walk. This phase was gently downhill, scenic and a great way to finish. Ice creams at the Millenium Bridge in Gateshed were a high spot and we completed the day's 60 miles by mid-afternoon.

All in all this was a fantastic experience. Over the 140 miles we climbed 13,600 feet and, thanks to the generosity of our sponsors, we raised £3400 for the Dentistry Fund. Many thanks go to our back-up team of Tracey and Hannah.

Next May we are considering the Hebridean Challenge – an island-hopping cycle ride – and are seeking volunteers to join us. We look forward to hearing from you!

Jeremy Bagg

Glasgow Dental Students' Society

Event List 2008-2009

Events	Date	Location	Events	Date	Location
Back to School Disco Intra-dental Field Day Games Night Inter-dental Field Day Boys and Girls Night	20th August 3rd October 24th October 7th November November	Kushion Garscube + GU Garnethill C.C. Dundee Classrooms	Karaoke Panto, "Wizard of Pros" Annual Ball Beach Party Blind Date	December 5th December 17th January February February	Deep Six, GU Garnethill C.C. Radisson Hotel Kushion

(The above events/dates are provisional and may be subject to change)

Final Year Dinner Invitation

As the first year of the new curriculum are now in BDS5 we are getting ourselves organised for our GRADUATION BALL! As a new year, a new course, a new everything we have decided to have 'new dates' for our Grad Ball. We would like to welcome you all to join us and celebrate our newness, and hopefully our graduation!

The event is booked for the weekend of the 22nd and 23rd of May 2009 at the Fairmont St Andrews hotel (the old St Andrews Bay Hotel). The hotel is rather luxurious with a beautiful situation, a lovely spa and a world class golf course.

Despite all this we have managed to get a brilliant deal from them for the weekend, with rooms being reduced to $\pounds150$ for a double so far.

We would like to invite all staff who have shared this journey with us to attend a dinner dance on the Friday evening May 22nd, (and overnight on the Friday night of course) with entertainment from the fantastic "Kilter" Ceilidh band!

We would be grateful if those who are interested in attending could email either:

Laura Bryce (0403754B@student.gla.ac.uk), or Gayle MacVicar (0403887M@student.gla.ac.uk) just to give us an idea of numbers, this early on.

Thanks for your time. We sincerely hope you can join us.

Laura Bryce and Gayle MacVicar, GDSS ball convenors.



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