

Education

University of Glasgow, UK; 2022-2026; MSc Brain Sciences:

- Subjects: physiology, biochemistry, pathology and treatment of the nervous system
- Laboratory skills: immunohistochemistry, protein assays (ELISA), tissue cryosectioning, cell viability assays (XTT), fluorescent microscopy, tissue staining, mammalian cell culture maintenance
- Final thesis: Effects of minocycline on VPAC2 receptors in schizophrenia – determination of the mechanism of action of the novel schizophrenia treatment.

University of Aberdeen, UK; 2017-2021; BSc (Hons) Pharmacology

- Subjects: neuroscience, physiology, biochemistry, molecular biology and toxicology
- Laboratory skills: pipetting, buffer preparation, light microscopy, colorimetric assays, spectrophotometry, electrophysiology (patch clamp), gel electrophoresis, Western blotting
- Final thesis -Investigation of the mechanisms involved in morphine addiction

Work Experience

Bread Meats Bread, Glasgow; Sept 2020 – Present; Line chef

A growing Scottish business of family-run burger restaurants, recently awarded as the best place to eat in Glasgow

- Produce 300 dishes ensuring they are of the highest quality and prepared in no longer than 10 minutes
- Maintain all stock levels for efficient working and report any issues to the management and the team
- Gained the trust of the managers and owners and was promoted to a team-leader position in 1 month from starting to work in the company

Sainsbury's Supermarkets PLC, Aberdeen; July 2019 – Aug 2021; Stock control assistant

- Collaborated with 8 other colleagues, consistently achieving above 95% accuracy in date scanning routines
- Monitored stock levels by implementing counting procedures and regularly surpassed targets to keep error related losses under £10 for each department
- Adapted to the fast-paced environment by working efficiently to ensure all routines are completed on time
- Supported other departments, guaranteeing fresh products on shelves and minimising waste

Shelter, Aberdeen; July 2011 – Aug 2014; Volunteer

- Led a team of 5 volunteers at fundraising events, e.g. Race for Life, promoting Shelter to raise awareness of the charity and sold merchandise to help reach fundraising goals for homelessness
- Engaged with customers, communicated goals of the charity which encouraged sales and donations
- Promoted and processed gift aid signups and consistently surpassed weekly targets of 30 signups as a team
- Categorized and priced stock, moving items to the shop floor within a day of donations to increase sales

FIRST NAME

LAST NAME

linkedin.com/in/myprofile

myemail@myemail.com

phone number

Languages

Native English, fluent German,
intermediate French, basic Japanese

IT skills

Competent at using Minitab Statistical Software, R Studio, GraphPad and ImageJ Bioimaging Software

Other volunteering

Helped build an eco-friendly hostel in Gili Meno, Indonesia and involved in 'Trash Hero' an initiative that aimed to help clear rubbish and educate locals in the importance of recycling.

Interests

Member of a choir in Glasgow and Aberdeen universities; performed to local and international audiences as a classical solo artist as well as with the choir.