Eco groups: Give up turkey

Farming conservation groups are calling on people to ditch the festive fowl this year to avoid the environmental cost of farming and the risks associated with antibiotic resistance.

The Sustainable Food Trust, which collaborates with leading agro-environmental organisations, including the Woodland Trust, is calling on people to consider alternative Christmas meals this year.

Rachel Macpherson, head of public engagement at The Food and Farming Coalition, said: “It’s not just how much red meat we eat, it’s about how we eat it. Growing livestock is the single biggest driver of biodiversity loss and is the single biggest contributor to climate change.

‘Give up turkey’ campaigns have been around for the past 20 years, but it’s now time to consider alternatives. From veggie roast to funghi bhaji, there are plenty of options for vegans and meat eaters alike.

A Wiltshire charity is encouraging people to enjoy a more sustainable Christmas dinner this year.

The Woodland Trust has launched a “Give Up the Gobbler” campaign to encourage people to consider alternative Christmas meals.

The charity said it wants to highlight the environmental and ethical impact of Christmas dinner, which includes the production and transport of turkey.

The campaign encourages people to think about the carbon footprint of their Christmas dinner and to consider alternatives such as vegetarian or vegan options.

Royal Mail denies delay

The Royal Mail has denied reports that there is a delay in delivering Christmas cards.

A spokesperson for the postal service said: “There is no delay in the delivery of Christmas cards. Our staff are working hard to ensure that cards are delivered on time, as they always do.”

The spokesperson said that Royal Mail is experiencing a busy period, with a high volume of cards being sent out for Christmas.

Farming and Farming

The Farming and Farming magazine has published an article on the environmental impact of Christmas dinner.

The article cites research that shows that the production and transport of turkey is one of the most environmentally damaging foods.

It also highlights the impact of the bird flu epidemic, which has led to a shortage of turkeys this year.

The magazine calls on people to consider alternative Christmas meals and to think about the environmental impact of their choices.

Only words

Writer on challenge of imagining without images

By Laura Smith

A writer has spoken about the challenge of imagining without images.

Barry Hutchison, 44, who has aphantasia, a condition that means he cannot see mental images, has written a book about his experience.

Hutchison said: “I can’t picture holding a number in my head, or at school the teacher would ask us to visualise holding a number in our hand or the music teacher would ask us to visualise hearing a song.

“Yet I immediately write down, so I it just comes out as words that I can’t remember the feelings and emotions but I can’t conjure an image. It’s like science fiction to me.”

Hutchison has written a novel, “The Tonic Show”, which he described as a “mental thumbnail that you tag to a scene and translate that picture into a story.”

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