

GUSA Council Member - Nomination Form & Manifesto 2025/26

Position:	Inclusion and Culture Convener
Name:	Elise Warde
Club:	Weightlifting



Hi there, I'm Elise, a 2nd Year Mechanical Engineering Student, and I am running for GUSA Inclusion and Culture Convener! Sport is, and always has been, an integral part of my life. It has provided me with stability, motivation, and community. Like so many of us, I deal with mental health issues and the one thing that has always provided me with a safe and inclusive space is sport. I genuinely don't know where I would be today without it. Sport has given me so much, and I am passionate about giving back by ensuring access and inclusion for all.

As a general member of this year's Inclusion and Culture committee I've gained valuable understanding of the Convener role and the inner workings of the committee. Through participation in meetings, being on the I&C Club Conveners WhatsApp chat, and working closely with this year's Convener on the LGBTQ+ History Month campaign I have gained the necessary experience to be successful as I&C Convener.

I am also a committee member for GUWC. As the Women's Weightlifting Captain, I worked with the committee to create an inclusive and supportive community. I introduced club coffee mornings, supported new members to compete for the first time, and was an encouraging presence at club training and in the gym.

My focuses as I&C Convener

Community - I plan to bring back Welfare Wednesdays. I will work with clubs I&C convenors to create content that I will repost on GUSA Welfare, with a strong focus on promoting discussion outside official initiatives on topics such as mental health and drinking/sobriety. I will encourage an open discussion about mental health by sharing my own experiences with anxiety and depression and giving space for others to share their stories. I also want to get more clubs involved in GUSA's exam de-stress events. I will foster community through inclusion initiatives such as Black History Month, Rainbow Laces and Scottish Disability Sport Week. This will be through a combination of social media campaigns and in-person events, including this year's successful Rainbow Laces run and face painting. This will also include new events, such as Give Racism the Red Card's Wear Red Day.

Communication – I will create a monthly I&C newsletter for club CTS and I&C conveners, which will provide details of upcoming events and initiatives and give clubs ideas and resources to get involved. I will facilitate easy and regular communication with club I&C conveners through WhatsApp and in-person drop-in sessions.

Collaboration – I will work and consult with the I&C committee, as well as student societies such as LGBTQ+, Disabled Students, ACS, and British Asian Society, to ensure that sport at Glasgow is welcoming and inclusive. I will collaborate with other council members including VP on Scottish Women in Sport Week, Publicity on highlighting diversity within GUSA, and Health and Performance on a menstrual cycle and sport campaign. Additionally, I will work cross-campus with GUU, SRC and QMU to ensure a united front against discrimination. I will team up with the Oddballs Ambassador to raise awareness of Testicular cancer through a socials campaign and in-person talks. I will also continue the relationship with Scottish Disability Sport, supporting and educating clubs to integrate disabled students.

My experience, skills, passion, and eagerness to learn from others, put me in a strong position to achieve my goal as I&C Convener: making GUSA an inclusive and welcoming community for all. If you agree, please vote Elise for #1 Inclusion and Culture Convener!