



Health Behaviours in School-aged Children (HBSC) 2022 Scotland Survey

School Information Sheet

Thank you for agreeing to take part in the HBSC Scotland 2022 survey. This sheet provides some more information about the survey and what it involves for your school.

What is the purpose of the HBSC study?

HBSC is an international study and Scotland has been involved since 1990, with surveys carried out every four years. The study aims to better understand the health and wellbeing of young people, monitor changes in health and wellbeing over time, and to see how young people in Scotland are doing compared with those in other countries. 51 countries from Europe and North America are taking part in the 2021/22 survey round.

The HBSC 2022 survey in Scotland is funded by Public Health Scotland and is led by researchers at the University of Glasgow and University of St Andrews.

Over the last 30 years, HBSC has provided a key source of data on young people's health and wellbeing and findings have been used by policymakers and researchers to inform educational and health policies and programmes. The 2022 survey will also be able to help us to better understand the impact of COVID-19 on young people's health.

Why has my school been invited to take part?

Your school was randomly selected to take part in this survey. We have invited around 180 schools from across all Local Authorities in Scotland to take part.

What will it involve?

In primary schools, one P7 class is asked to take part and in secondary schools, one S2 and S4 class are asked to take part. We ask for the survey be administered online between February and April 2022, although data collection could be extended into the summer term if this is more convenient for your school.





The main steps in taking part are summarised here:

- You have received a survey pack with this leaflet (either by email or in the post) containing all the information and instructions for survey administration.
- Each school needs to choose a lesson (ideally PSE in secondary school) for pupils to complete the survey. It will take around 30-40 minutes to administer and pupils will need individual access to a computer, tablet or other electronic device connected to the internet.
- At least 2 weeks before pupils complete the survey, please send out the information sheets provided in the survey pack to parents/carers and pupils, handling any opt-outs.
- In advance of survey completion, test the survey link (weblink or QR code) on a school device.
- On the day of administration, class teachers should follow the instructions provided in the survey pack and enter the information in the online response form.
- The head teacher or other SMT member will be invited to complete a school level questionnaire that asks about school health and wellbeing policies and activities. This is an online survey and more details will be sent by email to the head teacher following the pupil survey.

What will happen to the HBSC results?

All schools that take part in HBSC will receive a school-level report on their findings, subject to a minimum number of pupils taking part. This can be used to help identify health and wellbeing priorities and inform future planning.

The HBSC team will also publish a report with national findings, aggregated from all participating schools across Scotland. Findings will also be written up in the form of briefing papers and academic papers and presented at conferences and other events.

We will not identify individual pupils or schools in any public documents.

What will happen to the data from my school?

All the information we collect from pupils and schools will be kept strictly confidential. We will not know any pupil names and the data will be pseudonymised, that is, we will remove personal information from the working dataset such as month





and year of birth and partial postcode and replace it with age and area measures respectively. The personal data will be stored separately in a secure location.

Once collected, all data in electronic format is sent to the MRC/CSO Social and Public Health Sciences Unit, University of Glasgow and stored on secure password-protected computers, only accessed by the HBSC Scotland Team.

The data will be stored in archiving facilities in line with the University of Glasgow retention policy of up to 10 years. After this period, further retention may be agreed or your data will be securely destroyed in accordance with the relevant standard procedures. Researchers from the HBSC Scotland Team collect, store and process all personal information in accordance with the General Data Protection Regulation. The anonymised datasets (pupils and school level) will be shared with other trusted researchers for teaching and research purposes only.

To read the HBSC Scotland privacy notice, please visit https://www.gla.ac.uk/media/Media_835242_smxx.pdf

Where can I find out more?

We'd be happy to answer any questions. Please email the HBSC Scotland team on sphsu-hbscscotland@glasgow.ac.uk or visit the website: www.gla.ac.uk/hbscsurvey

What are the next steps?

If you are happy to take part, please read through the class teacher instructions and distribute the Information Leaflets to parents/carers and pupils at least two weeks in advance of administering the survey.

If your schools takes part in this study, and you, or any pupils or parents are unhappy afterwards, then please contact ethics committee at the University of Glasgow: mvl-ethics-admin@glasgow.ac.uk

Thank you for reading.

The College of Medical, Veterinary & Life Sciences Ethics Committee of the University of Glasgow has checked this research study and have given it their approval.

