

# Learn2 Timetable

## Block 1

Learn 2 Lift	28/09/2021-19/10/2021	Tuesday	13:00-14:00	Studio 1	£28
Learn 2 Lift	01/10/2021-22/10/2021	Friday	12:00-13:00	Studio 1	£28
Group Strength Training	28/09/2021-19/10/2021	Tuesday	17:00-18:00	Studio 1	£28
Group Strength Training	01/10/2021-22/10/2021	Friday	17:00-18:00	Studio 1	£28
Squash Beginner	12/10/2021-30/11/2021	Tuesday	19:00-20:00	Squash Court	£40

## Block 2

Learn 2 Lift	26/10/2021-16/11/2021	Tuesday	13:00-14:00	Studio 1	£28
Learn 2 Lift	29/10/2021-19/11/2021	Friday	12:00-13:00	Studio 1	£28
Group Strength Training	26/10/2021-16/11/2021	Tuesday	17:00-18:00	Studio 1	£28*
Group Strength Training	29/10/2021-19/11/2021	Friday	17:00-18:00	Studio 1	£28*

## Block 3

Learn 2 Lift	23/11/2021-14/12/2021	Tuesday	13:00-14:00	Studio 1	£28
Learn 2 Lift	26/11/2021-17/12/2021	Friday	12:00-13:00	Studio 1	£28
Group Strength Training	23/11/2021-14/12/2021	Tuesday	17:00-18:00	Studio 1	£28
Group Strength Training	26/11/2021-17/12/2021	Friday	17:00-18:00	Studio 1	£28

Learn2 classes are open to all members of UofG Sport. Details on the courses can be found on our website. Enrole up to seven days before the beginning of the course at Reception (at the Stevenson Building Building or Garscube Sports Complex). All Learn2 classes take place at the Stevenson Building.

Book your visit with the **UofG Sport App**

The quickest, easiest way to access our live online classes and get all the latest updates about your gym facilities, fitness classes, Club Sport and more.



**All in person classes must be booked in advance**

\*Two sessions per week available for £40

