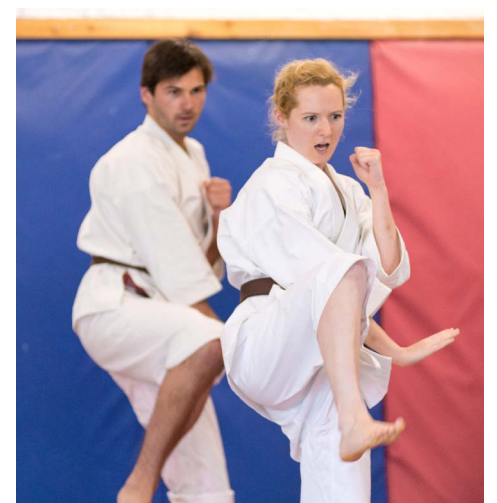
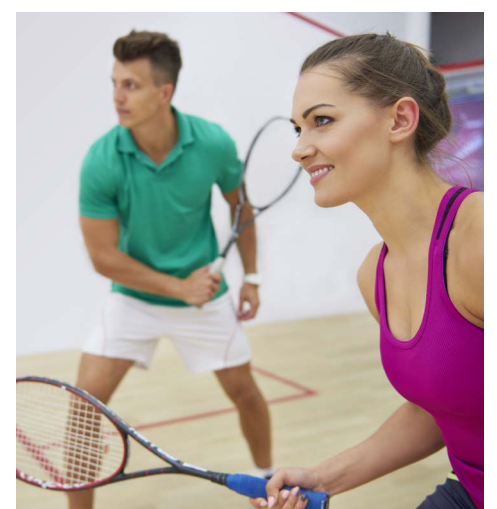
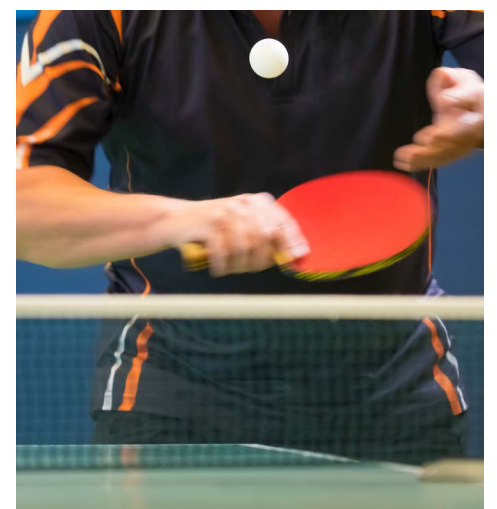
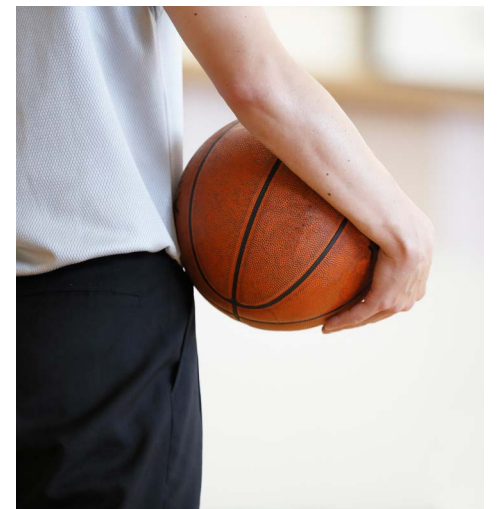


# Club Training (A-J)

To join a club you must be a full member of UofG Sport and a matriculated student or a staff member at the University of Glasgow. Further details about clubs and fees are on our website.

<b>Aikido</b>	<b>Tuesday</b>	19:50-21:35	<b>Stevenson Building</b>	Studio 2
	<b>Thursday</b>	18:00-19:55	<b>Stevenson Building</b>	Studio 2
	<b>Saturday</b>	12:50-14:20	<b>Stevenson Building</b>	Studio 2
<b>American Football</b>	<b>Tuesday</b>	19:00-20:00	<b>Garscube Sports Complex</b>	Changing Room
	<b>Tuesday</b>	20:30-22:00	<b>Garscube Sports Complex</b>	Synth Pitch 1
	<b>Thursday</b>	19:00-20:30	<b>Garscube Sports Complex</b>	Synth Pitch 1
<b>Athletics</b>	<b>Monday</b>	18:00-20:00	<b>Scotstoun Sports</b>	Athletics Track
	<b>Wednesday</b>	18:00-20:00	<b>Scotstoun Sports</b>	Athletics Track
<b>Badminton</b>	<b>Tuesday</b>	20:00-22:15	<b>Stevenson Building</b>	Activity Hall
	<b>Thursday</b>	18:00-20:50	<b>Glasgow Academy</b>	Sports Hall
	<b>Friday</b>	18:00-22:00	<b>Kelvin Hall</b>	Activity Hall
<b>Basketball (men)</b>	<b>Monday</b>	06:35-07:55	<b>Stevenson Building</b>	Activity Hall
	<b>Monday</b>	20:10-22:10	<b>Stevenson Building</b>	Activity Hall
	<b>Tuesday</b>	16:05-17:45	<b>Stevenson Building</b>	Activity Hall
	<b>Thursday</b>	06:35-08:25	<b>Stevenson Building</b>	Activity Hall
	<b>Thursday</b>	20:10-22:10	<b>Stevenson Building</b>	Activity Hall
	<b>Friday</b>	06:35-08:25	<b>Stevenson Building</b>	Activity Hall
	<b>Friday</b>	17:05-18:55	<b>Stevenson Building</b>	Activity Hall
<b>Basketball (women)</b>	<b>Monday</b>	08:05-09:25	<b>Stevenson Building</b>	Activity Hall
	<b>Monday</b>	18:15-20:00	<b>Stevenson Building</b>	Activity Hall
	<b>Tuesday</b>	06:35-08:55	<b>Stevenson Building</b>	Activity Hall
	<b>Thursday</b>	18:35-20:00	<b>Stevenson Building</b>	Activity Hall
	<b>Friday</b>	19:05-20:55	<b>Stevenson Building</b>	Activity Hall
<b>Boat</b>	<b>Tuesday</b>	06:45-10:00	<b>Stevenson Building</b>	Studio 1
	<b>Tuesday</b>	15:30-20:00	<b>Stevenson Building</b>	Revolve Studio
	<b>Thursday</b>	06:45-10:00	<b>Stevenson Building</b>	Studio 1
	<b>Thursday</b>	16:00-19:00	<b>Stevenson Building</b>	Revolve Studio
	<b>Friday</b>	06:45-10:00	<b>Stevenson Building</b>	Revolve Studio
<b>Boxing</b>	<b>Monday</b>	19:15-20:10	<b>Stevenson Building</b>	Studio 3
	<b>Monday</b>	19:00-21:10	<b>Stevenson Building</b>	Sports Hall Half
	<b>Tuesday</b>	18:00-19:55	<b>Stevenson Building</b>	Activity Hall
	<b>Friday</b>	08:00-09:30	<b>Stevenson Building</b>	Sports Hall Half
<b>Canoe</b>	<b>Thursday</b>	19:00-22:00	<b>Stevenson Building</b>	Pool (6 lanes)
<b>Cheerleading</b>	<b>Monday</b>	19:00-21:30	<b>Garscube Sports Complex</b>	Studio
	<b>Tuesday</b>	19:00-22:00	<b>Garscube Sports Complex</b>	Studio
	<b>Wednesday</b>	18:30-21:30	<b>Garscube Sports Complex</b>	Studio
	<b>Thursday</b>	19:00-22:00	<b>Garscube Sports Complex</b>	Studio
<b>Curling</b>	<b>Wednesday</b>	14:30	<b>Hamilton Ice Sports Rink</b>	
<b>Cricket</b>	<b>contact: captain-cricket@gusa.gla.ac.uk</b>			
<b>Cycling</b>	<b>Monday</b>	20:30-22:00	<b>Stevenson Building</b>	Revolve/Sports Hall Hall
	<b>Thursday</b>	09:00-10:00	<b>Stevenson Building</b>	Revolve/Sports Hall Hall
	<b>Friday</b>	18:15-19:15	<b>Stevenson Building</b>	Revolve/Sports Hall Hall
<b>Fencing</b>	<b>Wednesday</b>	13:00-20:00	<b>Stevenson Building</b>	Studio 3
	<b>Wednesday</b>	18:00-20:00	<b>Stevenson Building</b>	Sports Hall Half
	<b>Friday</b>	18:05-19:25	<b>Stevenson Building</b>	Studio 2, 3
<b>Football (men)</b>	<b>Monday</b>	18:00-20:30	<b>Garscube Sports Complex</b>	Synth Pitch 2
	<b>Thursday</b>	18:00-20:30	<b>Garscube Sports Complex</b>	Synth Pitch 2
<b>Football (women)</b>	<b>Monday</b>	20:30-22:00	<b>Garscube Sports Complex</b>	Synth Pitch 2
	<b>Tuesday</b>	19:00-20:30	<b>Garscube Sports Complex</b>	Synth Pitch 2
<b>Gaelic Football</b>	<b>Tuesday</b>	20:30-22:00	<b>Garscube Sports Complex</b>	Synth Pitch 2
<b>Golf (mixed)</b>	<b>Tuesday</b>	18:00	<b>Great Western Golf, Clydebank</b>	
<b>Gymnastics</b>	<b>Monday</b>	13:00-15:00	<b>Kingston</b>	Gymnastics Hall
	<b>Tuesday</b>	13:00-15:00	<b>Kingston</b>	Gymnastics Hall
	<b>Friday</b>	15:50-17:40	<b>Kingston</b>	Studio 2
<b>Handball</b>	<b>Friday</b>	15:05-16:55	<b>Stevenson Building</b>	Activity Hall
<b>Hares and Hounds</b>	<b>Monday</b>	17:30	<b>Stevenson Building</b>	Outside foyer
	<b>Tuesday</b>	17:30	<b>Stevenson Building</b>	Outside foyer
	<b>Wednesday</b>	17:30	<b>Stevenson Building</b>	Outside foyer
	<b>Thursday</b>	17:30	<b>Stevenson Building</b>	Outside foyer
<b>Hockey (men)</b>	<b>Monday</b>	19:30-21:00	<b>Garscube Sports Complex</b>	Synth Pitch 1
	<b>Thursday</b>	16:00-18:00	<b>Garscube Sports Complex</b>	Synth Pitch 1
<b>Hockey (women)</b>	<b>Monday</b>	16:30-18:00	<b>Garscube Sports Complex</b>	Synth Pitch 1
	<b>Monday</b>	18:00-19:30	<b>Garscube Sports Complex</b>	Synth Pitch 1
	<b>Tuesday</b>	17:00-19:00	<b>Garscube Sports Complex</b>	Synth Pitch 1
	<b>Thursday</b>	20:00-21:30	<b>G.N.H.C</b>	Hockey Pitch
	<b>Thursday</b>	20:30-22:00	<b>Garscube Sports Complex</b>	Synth Pitch 1
<b>Judo</b>	<b>Wednesday</b>	19:05-20:55	<b>Stevenson Building</b>	Studio 2
	<b>Saturday</b>	10:35-12:25	<b>Stevenson Building</b>	Studio 2





# Club Training (K-Y)

To join a club you must be a full member of UofG Sport and a matriculated student or a staff member at the University of Glasgow. Further details about clubs and fees are on our website.

<b>Karate</b>	<b>Monday</b>	18:20-20:10	<b>Stevenson Building</b>	Studio 2
	<b>Thursday</b>	20:05-22:10	<b>Stevenson Building</b>	Studio 2
<b>Kendo</b>	<b>Friday</b>	17:05-18:55	<b>Stevenson Building</b>	Sports Hall Half
	<b>Sunday</b>	15:35-17:25	<b>Stevenson Building</b>	Studio 3
<b>Lacrosse</b>	<b>Tuesday</b>	19:00-20:30	<b>Garscube Sports Complex</b>	Synth Pitch 1
	<b>Tuesday</b>	20:30-22:00	<b>Garscube Sports Complex</b>	Synth Pitch 1
	<b>Thursday</b>	19:00-20:30	<b>Garscube Sports Complex</b>	Synth Pitch 1
<b>Muay Thai</b>	<b>Tuesday</b>	20:05-22:10	<b>Stevenson Building</b>	Sports Hall Half
	<b>Thursday</b>	16:35-17:55	<b>Stevenson Building</b>	Sports Hall Half
	<b>Thursday</b>	20:05-22:10	<b>Stevenson Building</b>	Sports Hall Half
<b>Netball</b>	<b>Monday</b>	18:00-20:50	<b>Glasgow Academy</b>	Sports Hall
	<b>Tuesday</b>	18:00-20:50	<b>Glasgow Academy</b>	Sports Hall
<b>Rugby (men)</b>	<b>Monday</b>	18:00-19:30	<b>Garscube Sports Complex</b>	Training Area
	<b>Friday</b>	18:00-20:00	<b>Garscube Sports Complex</b>	Synth Pitch 2
<b>Rugby (women)</b>	<b>Monday</b>	20:00-21:30	<b>Garscube Sports Complex</b>	Training Area
	<b>Friday</b>	18:00-20:00	<b>Garscube Sports Complex</b>	Synth Pitch 2
<b>Sailing</b>	<b>Contact: commodore-sailing@gusa.gla.ac.uk</b>			
<b>Shinty</b>	<b>Wednesday</b>	20:30-22:00	<b>Garscube Sports Complex</b>	Synth Pitch 1
<b>Shorinji Kempo</b>	<b>Monday</b>	20:35-22:10	<b>Stevenson Building</b>	Studio 2
	<b>Wednesday</b>	20:35-22:10	<b>Stevenson Building</b>	Studio 3
<b>Squash</b>	<b>Monday</b>	19:45-22:15	<b>Stevenson Building</b>	Court 1
	<b>Monday</b>	19:00-22:15	<b>Stevenson Building</b>	Court 2
	<b>Wednesday</b>	18:15-22:15	<b>Stevenson Building</b>	Court 1 and 2
	<b>Friday</b>	18:15-21:00	<b>Stevenson Building</b>	Court 1
	<b>Friday</b>	19:00-21:00	<b>Stevenson Building</b>	Court 2
	<b>Sunday</b>	15:00-17:30	<b>Stevenson Building</b>	Court 1
<b>Swimming</b>	<b>Monday</b>	06:30-08:30	<b>Stevenson Building</b>	Pool (3 lanes)
	<b>Monday</b>	20:00-21:30	<b>Stevenson Building</b>	Pool (6 lanes)
	<b>Tuesday</b>	20:00-21:30	<b>Stevenson Building</b>	Pool (4 lanes)
	<b>Wednesday</b>	15:00-16:30	<b>Stevenson Building</b>	Pool (6 lanes)
	<b>Wednesday</b>	19:30-20:30	<b>Stevenson Building</b>	Pool (6 lanes)
	<b>Thursday</b>	06:30-08:30	<b>Stevenson Building</b>	Pool (3 lanes)
	<b>Friday</b>	19:30-21:00	<b>Stevenson Building</b>	Pool (3 lanes)
<b>Taekwondo</b>	<b>Monday</b>	20:50-21:55	<b>Stevenson Building</b>	Studio 3
	<b>Wednesday</b>	21:05-22:05	<b>Stevenson Building</b>	Studio 3
<b>Table Tennis</b>	<b>Monday</b>	14:00-15:30	<b>Stevenson Building</b>	Sports Hall Half
	<b>Tuesday</b>	16:00-17:30	<b>Stevenson Building</b>	Sports Hall Half
	<b>Thursday</b>	14:00-16:00	<b>Stevenson Building</b>	Sports Hall Half
<b>Tennis</b>	<b>Monday</b>	14:00-16:00	<b>Kelvingrove Tennis Courts</b>	Tennis Courts
	<b>Wednesday</b>	13:00-16:00	<b>Kelvingrove Tennis Courts</b>	Tennis Courts
	<b>Friday</b>	13:00-16:00	<b>Dowanhill Tennis Courts</b>	Tennis Courts
	<b>Sunday</b>	19:00-21:00	<b>David Lloyd Anniesland</b>	Tennis Courts
<b>Trampoline</b>	<b>Monday</b>	20:30-22:30	<b>Sparta</b>	1 Area
	<b>Wednesday</b>	20:30-22:10	<b>Stevenson Building</b>	Sports Hall Half
	<b>Friday</b>	19:30-21:30	<b>Sparta</b>	1 Area
<b>Triathlon</b>	<b>Monday</b>	19:15-20:15	<b>Stevenson Building</b>	Revolve/Sports Hall Half
	<b>Tuesday</b>	06:30-08:30	<b>Stevenson Building</b>	Pool (3 Lanes)
	<b>Thursday</b>	20:15-21:15	<b>Stevenson Building</b>	Revolve/Sports Hall Half
	<b>Friday</b>	06:30-08:30	<b>Stevenson Building</b>	Pool (3 Lanes)
	<b>Sunday</b>	16:00-17:30	<b>Stevenson Building</b>	Pool (3 Lanes)
<b>Ultimate</b>	<b>Monday</b>	16:00-18:00	<b>Firhill Complex</b>	3g pitch
	<b>Friday</b>	16:00-18:00	<b>Firhill Complex</b>	3g pitch
<b>Volleyball</b>	<b>Monday</b>	19:00-22:00	<b>Kelvin Hall</b>	Sports Hall
	<b>Tuesday</b>	19:00-21:00	<b>Kelvin Hall</b>	Sports Hall
	<b>Friday</b>	20:00-22:00	<b>Kelvin Hall</b>	Sports Hall
<b>Water Polo</b>	<b>Wednesday</b>	20:45-21:45	<b>Stevenson Building</b>	Pool (6 lanes)
	<b>Sunday</b>	08:15-10:15	<b>Stevenson Building</b>	Pool (6 lanes)
<b>Weightlifting</b>	<b>Wednesday</b>	18:00-20:00	<b>Stevenson Building</b>	Studio 1
	<b>Saturday</b>	14:00-17:00	<b>Stevenson Building</b>	Studio 1
<b>Yoga</b>	<b>Monday</b>	07:05-07:55	<b>Stevenson Building</b>	Studio 3
	<b>Tuesday</b>	19:35-20:55	<b>Stevenson Building</b>	Studio 3
	<b>Thursday</b>	07:05-07:55	<b>Stevenson Building</b>	Studio 3
	<b>Friday</b>	19:35-20:55	<b>Stevenson Building</b>	Studio 3

