

Glasgow University Sports Association

ALUMNI NEWSLETTER



December 2020

HIGHLIGHTS

Although this year has not been the sporting semester we would have hoped for, GUSA and our clubs have been training, playing and fundraising as best as restrictions allow!



HALLS

In September saw our usual influx of freshers arrive on campus. Following guidance many were confined to their rooms and flats. GUSA and UofG Sport helped out by supplying mats and resistance bands to freshers in halls to allow them to still partake in exercise.

GU PERFORMANCE SPORT

A new instagram has been created highlighting all the performance sport at Glasgow. This allows us to showcase some of our outstanding athletes.

This new instagram can be found [@guperformancesport](https://www.instagram.com/guperformancesport)

MOVEMBER

As usual come November we are greeted by an array of interesting attempts as moustaches in order to raise money for the amazing cause of Movember.

This year many of our clubs and GUSA Council are taking part with many additionally completing a sporting challenge alongside. There is a University of Glasgow wide leaderboard and we can only hope that one of our cubs takes the top spot!

AWARDS

We are delighted to say that our Muay Thai club have been shortlisted for BUCS Club of the Year!

As always are delighted to hear of UofG Alumni Laura Muir who was shortlisted for this year's World Athletics Female Athlete of the Year!

In addition to our GUSA Ball Awards, The Outstanding Contribution to Club Sport **Development of Sport Trophy** was awarded to Kate Smith and Outstanding Contribution to Community Outreach Through Sport **Jack Smart Memorial Trophy** was given to Shereif Kholeif.

The new UofG Performance Sport Group has been set up to support and celebrate sporting excellence at the University of Glasgow.

We are proud to say we have over 40 elite athletes, competing in over 20 different sports at national and international level.

PERFORMANCE SPORT



CLUB LOCKDOWN FUNDRAISERS

Back in the first lockdown in March our clubs kept busy remotely by carrying out many different challenges for such good causes. Below shows the efforts some of our clubs went to.

- Men's Hockey completed a Ding Dong Dash (running & cycling between each houses of 1XI) this equalled 2932km over 10 days for NHS Charities
- Netball ran/walked/cycled 1500km in 15 days - but finished on 4893km which was 3.2 X their original target for Glasgow Women's Aid
- Squash ran 2020km for Trussel Trust
- Basketball ran 2020km for DUNK and British Red Cross
- Men's Rugby ran 1869km for NHS Charities (the 1869 signifies the 150 yrs of GURFC)
- Men's Football ran 1268km for Back Onside (this was the distance from Garscube to Dortmund)
- Women's Football ran/cycled/walked 2200km for Scottish Women's Aid (this was the distance from GU to Barca - where their tour should have been)
- Tennis ran/cycled/walked 1582km for Beatson Cancer Charity in memory of member Murray Stewart (this was the distance from GU to Roland Garros to Wimbledon) this was then upped to 7149km (to include distance to US Open)
- Athletics completed a 5k run/cycle/walk challenge for SAMH
- Women's Rugby ran/cycled/walked 1085km for Wooden Spoon (this is the distance from Glasgow via all BUCS Teams Newcastle, York, Loughborough, Birmingham and Leeds Beckett ending in Garscube)
- Ultimate ran 556km for Shelter (Glasgow to London) raced against Strathcyle Ultimate
- Canoe walked/ran/cycled 1000 miles for Simon Community Scotland
- Lacrosse completing 12 hour triathlon (running, cycling or swimming) for CoppaFeel and Prostate Cancer UK.
- Calum Hill from UofG Active Lifestyle Team completed a 100k for Poverty Challenge which ended in a 100k run from QEU Glasgow to Edinburgh Royal Infirmary all for Poverty in Scotland.

This was such an amazing effort from our clubs!



INTRAMURAL SPORT

The greatest success of this semester has come with the introduction of our intramural sport leagues!

Everyone at the University was invited to sign up to any of the sports and have the opportunity to be a part of a friendly bi-weekly league.

No level of experience or equipment was required as the teams will be chosen based on varying levels of experience to make the playing field as level as possible and to allow people to make new friends at the University!

Each team represents a house as part of our new 4 house system. The top 4 teams at the end of the year in each league will win points for their house which will be added up across all sports and be used to crown the winning house!

The sports involved are:

- Football
- Shinty
- Athletics
- Volleyball
- Flag Football
- Tennis
- Rounders.

Although current restrictions have put a hold on some of these sports, the ones allowed are running and proving a winner!

