


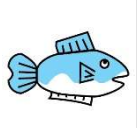



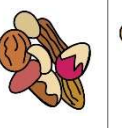
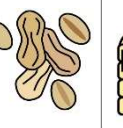

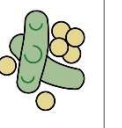



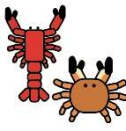
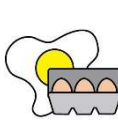
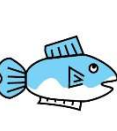
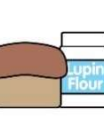










DISHES AND THEIR ALLERGEN CONTENT for Bowl Foods

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Panko katsu chicken curry with Hong Kong rice and hot sauce		YES WHEAT											YES	
Cardamom chicken with basmati rice and roti		YES WHEAT					YES							
Buttermilk chicken and sweetcorn salsa		YES WHEAT					YES		YES				YES	
Salt and chilli chicken wings		YES WHEAT											YES	
Slow cooked pork rib with Tennessee sauce and slaw				YES					YES				YES	YES
Pork and leek sausage with caramelised onions, creamy mashed potatoes and rich gravy	YES	YES WHEAT					YES							
Chinese pork balls with Cantonese sauce and Asian vegetables	YES	YES WHEAT							YES			YES	YES	




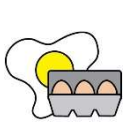
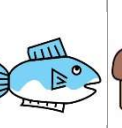
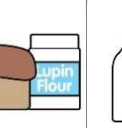

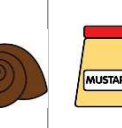

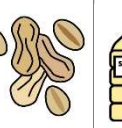
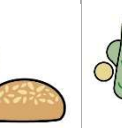
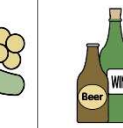

DISHES AND THEIR ALLERGEN CONTENT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Traditional haggis, neeps and tatties with whisky sauce		YES WHEAT OATS					YES							
Carved sirloin on dauphinoise potatoes with pan juices and horseradish	YES						YES							
Mexican beef chilli mole with coriander cous cous		YES WHEAT												
Battered fish with chunky chips and mushy peas				YES	YES		YES							
Seared Atlantic tuna with Kalamata olives, tarragon and plum tomato salad, slow cooked free range egg				YES	YES									YES
Hot roasted salmon, fajita sweet potato and sour cream	YES	YES WHEAT			YES		YES							

Review date: April 2020

Reviewed by: Scott Girvan

DISHES AND THEIR ALLERGEN CONTENT

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Wild mushroom arancini with pesto	YES	YES WHEAT		YES			YES							
British wheatberry, baked beetroot and crumbled feta cheese and pickled red onion		YES WHEAT					YES							YES
Halloumi fries		YES WHEAT					YES						YES	
Three cheese macaroni with tomato and herb topper and truffle drizzle		YES WHEAT					YES							
Roasted beetroot, squash and ademame beans with basil crumble		YES WHEAT											YES	
Lentil dhal with roti		YES WHEAT												
Baked butternut squash and broccoli, seasoned with smoked paprika topped with red pepper hummus												YES	YES	

Review date: April 2020

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