

# Mentoring Pilot Scheme Feedback (2018)

## What were the most helpful aspects of mentorship meetings?

An open discussion about issues that are not easily discussed with other colleagues, and advice on career progression *[mentee]*

Making a connection with someone who has relevant experience *[mentee]*

Talking through things I wanted to achieve and possible solutions that I hadn't even thought of *[mentee]*

## What outcomes did mentoring contribute to?

I have taken specific steps toward continuing professional development and booked on courses for my development *[mentee]*

I made changes to improve my work-life balance *[mentee]*

It is a great idea. Mentoring has been a traditional activity from the ancient times so secrets of the profession were passed from mentor to mentee. As a scheme it encompasses a lot of empathy, which is equally important for the psychosocial development of both the stakeholders *[mentor]*

## What aspects of these meetings with your mentee were most useful to you as a mentor?

I saw myself again in my early years and it improved my self-insight. I think it made me more willing to help *[mentor]*

They facilitated a greater understanding of another area of SoMDN. They were very enjoyable interactions *[mentor]*

It made me question the best way to mentor someone – I enrolled in a continued professional development course about mentoring *[mentor]*

The reflective aspect of mentoring is useful, thinking back on what worked for me. It is an important part of what makes a collegial environment *[mentor]*

## Any other comments to add?

I have found this extremely useful and am very thankful to my mentor, who is a very generous and inspiring person *[mentee]*

It has been great for my confidence and career path. I have a good mentor who has taken time to get to know me which has been really helpful *[mentee]*