



## “Out of sight, out of mind?”

Invisible disabilities in work and study environments:  
raising awareness, reducing stigma, starting conversations

23 May 2019, 10.00am to 1.30pm, Sir Charles Wilson Building

09.30	Registration and coffee/biscuits	
10.00	<b>Welcome</b>	Jill Morrison (UofG Clerk of Senate)
10.05	<b>Introduction/What are invisible disabilities?</b> <i>Optional interactive activity</i>	Frank Coton (UofG Disability Champion)
10.25	<b>What is the impact of invisible disabilities in work/study environments?</b>	Mary Blatchford (UofG Occupational Health)
10.40	<b>What's it like to live and work/study with an invisible disability?</b>	<u>CHAIR</u> Jill Morrison Lived experience speakers
	10.40	EI Spaeth (Learning Enhancement and Academic Development Service, University of Glasgow)
	10.50	Jane Goodfellow (Institute of Health and Wellbeing, University of Glasgow)
	11.00	Helen Oakes (School of Modern Languages and Culture, University of Glasgow)
	11.10	Former UofG student (Department for Environment, Food & Rural Affairs)
	11.20	Staff member (Institute of Health and Wellbeing, University of Glasgow)
	11.30	Staff member (Institute of Health and Wellbeing, University of Glasgow)
11.40	Tea/coffee and scones	
12.05	<b>How can we best support colleagues with invisible disabilities?</b>	
	12.05	Talking about disability Nick Watson (UofG Centre for Disability Research)
	12.15	Mental Health First Aid and the Employee Assistance Programme Selina Woolcott (UofG Health, Safety and Wellbeing)
	12.25	GU support for staff Catherine Madden (MVLS Human Resources)
	12.35	GU support for students Shona Robertson (UofG Disability Service)
12.45	<b>Q&amp;A with panel of speakers</b>	<u>CHAIR</u> Jill Morrison
	PANEL MEMBERS Catherine Madden (HR), Shona Robertson (Disability Service) Mary Blatchford (Occupational Health), EI Spaeth and Caitlin Clark (lived experience speakers)	
13.05	<b>Hearing loss and its consequences</b>	Ray Bradshaw @comedyray
13.20	<b>Reflections from Institute of Health and Wellbeing management</b>	Kate O'Donnell (Deputy Director, IHW)
13.25	<b>Final summing up</b>	Jill Morrison
13.30	Close, lunch and optional “Paws against Stress” session	

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## Useful links on University of Glasgow website

- **Support, provision and guidance for students with disabilities**  
<https://www.gla.ac.uk/myglasgow/humanresources/equalitydiversity/students/disabled/>
- **Support, provision and guidance for staff with disabilities**  
<https://www.gla.ac.uk/myglasgow/humanresources/equalitydiversity/staff/disability/>
- **Support for student mental health**  
<https://www.gla.ac.uk/myglasgow/humanresources/equalitydiversity/students/mentalhealth/>
- **SRC advice centre** <https://www.glasgowstudent.net/advice/the-advice-centre/>
- **Accessible and inclusive learning policy**  
<https://www.gla.ac.uk/myglasgow/senateoffice/policies/studentsupport/ailp/>
- **Mental Health First Aid** [https://www.gla.ac.uk/media/media\\_601633\\_en.pdf](https://www.gla.ac.uk/media/media_601633_en.pdf)
- **Employee assistance programme** [https://www.gla.ac.uk/media/media\\_534795\\_en.pdf](https://www.gla.ac.uk/media/media_534795_en.pdf)