General Practice at the Deep End
Yorkshire & the Humber
Deep End YH: ‘Resilience in a mug’
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General Practice at the Deep End
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Autumn 2015 Deep End
Yorkshire & Humber Group was formed by …
Deep End YH Objectives:

• Improve general practice workforce and recruitment.

• Provide relevant educational sessions.

• Act as advocates for vulnerable patient groups and their health care professionals.

• To research and record the experiences of deep end practitioners and their patients.
WEAR

• Workforce: Ben Jackson

• Education: Tom Ratcliffe & Dom Patterson

• Advocacy: Everybody

• Research: Liz Walton
Workforce: Ben Jackson

- **Training Hub**: Focusing on practices with greatest workforce challenges. Plans include vocational training scheme for primary care nursing post qualification.

- **GP Workforce Fellows (3) Leadership Fellows (2 a year) fellows & Health Inclusion Champions (2 a year)**: Support regional system change to address workforce and inequalities in access.

- **Book Chapter** ‘A Tale of Two Cities’: inequitable impact of investment in GP workforce to access to good primary care (submitted to publisher) *Addressing causes and consequences of health inequalities: A practical guide.*

Undergraduate Education: Ben Jackson

- **Masterclass** in Health Inequalities and Primary Care.

- Deep End Clinical **Student Selected Component**: Placements in Deep End practices aligned with Third Sector organisations.

- **Survey** of UK medical schools on how and where learning about health inequities is covered throughout their GP curricula.

- Plans underway for socially **accountable longitudinal integrated clinical community placements** for cohort of students from 2020.
PG Education: Tom Ratcliffe & Dom Patterson

- Health Inequalities **Curriculum**: Delphi & Survey
- Regional health **inequity learning day** for GP trainees.
  Blog: https://yorkshiredeependgp.org/
- **Trailblazer** Scheme
- GP Trainee Health Equity **Leadership Fellows**
- **Fair Health**: eLearning platform
Reducing health inequalities through health professionals education

Fairhealth has the aim of reducing health inequalities by influencing and delivering free education to healthcare professionals in the UK and identifying and co-ordinating healthcare workforce responses to inequality.

https://www.fairhealth.org.uk/stories/sarah
Art helps you see…
Mentors & Inspiration
Advocacy: a few examples …

Deep End Educational Meetings West Yorkshire and Sheffield:

• Migrant health; Persistent Pain; Move more; Modern Slavery
• Universal Credit
• Move More @ The Deep End
• Schools: Roma Coffee morning= Parenting expert
• Director of Public Health blog led to Joint psychiatry consultations: https://gregfellpublichealth.wordpress.com/2018/02/24/view-of-a-gp-working-in-the-deep-end-on-role-of-gps-addressing-health-inequalities/

Promoting GP at The Deep End:

• Kings Fund
• Migrant Health Website: https://migrant.health/
• RCGP Health Inequalities Standing Group: Patrick Hutt: NEW MEMBERS WELCOME; CCG Health Inequalities Steering Group
Advocates for each other...
Research: Liz Walton
Award winning students
Research: Papers

Influences of SED on GPs decisions to refer patients to cardiology: Referral practice for GPs working in deprived areas is more complex than for their peers working in more affluent areas.
(Br J Gen Pract 22 October 2018; bjgp18X699785. DOI: https://doi.org/10.3399/bjgp18X699785)

Resilience:
Resilience is a responsibility of the system not just an individual. Teams are crucial – we need ally’s. Deep End GPs are ‘values’ driven and on balance this is protective.
(Br J Gen Pract 8 October 2018; bjgp18X699401. DOI: https://doi.org/10.3399/bjgp18X699401)

COPD PPI: Future research should focus on addressing the problems associated with the psychological burden, health literacy and poor communication in the care of pt’s with COPD. Plan to Submit March 2018.
YH Deep End Papers

Health Inequalities
Walton E, Ahmed A, Burton C and Mathers N. Influences of Socioeconomic Deprivation on GP’s decisions to refer patients to cardiology: A Qualitative Study. Br J Gen Pract 2018; doi/10.3399/bjgp18X699785.
Eley E, Jackson B, Burton C and Walton E. Professional Resilience in GPs working in Areas of Socio-Economic Deprivation: A Qualitative Study. Br J Gen Pract 2018; doi.org/10.3399/bjgp18X699401.

Migrant Health

Health Services
Deep End Patient Involvement

Tell us what you think!
1. Did you enjoy the meeting today?
2. Did you understand the projects today?
3. Did the researchers listen to you?
4. Would you come again?

ANY IDEA'S TO MAKE NEXT TIME BETTER??
Dr Watton's Medical Bag.

His advice to Registrars...
Always have a bag you can sit on, then no matter how dirty the house, you always have a seat.
The bag should also be small enough for you to sit on and look up to your patients.
Never look down on them.
Thank you for listening

http://yorkshiredeependgp.org
A Model to make sense of why health inequalities persist...

**Overwhelmed**
- Day job too busy
- Too big a job.
- Too many tribes

**Complacency**
- At best through lack of experience or distracted by own challenges.
- At worst through being a sociopath.
- Not lucrative, sexy or tecchy.

**Resignation.**
- That's just the way the world works.
A model of how we could move towards health equity …

**Overwhelmed**
Give GPs time to think about this.
Break it down into manageable goals.
Bring the tribes together.

**Complacency**
Present the facts about poverty and impact on health through narratives & numbers.
Sociopaths are tricky - don't let them get into power.
Make it lucrative, sexy & techy.

**Resignation**
Show that there can be a different model eg Austin O'Carroll or Tower Hamlets.