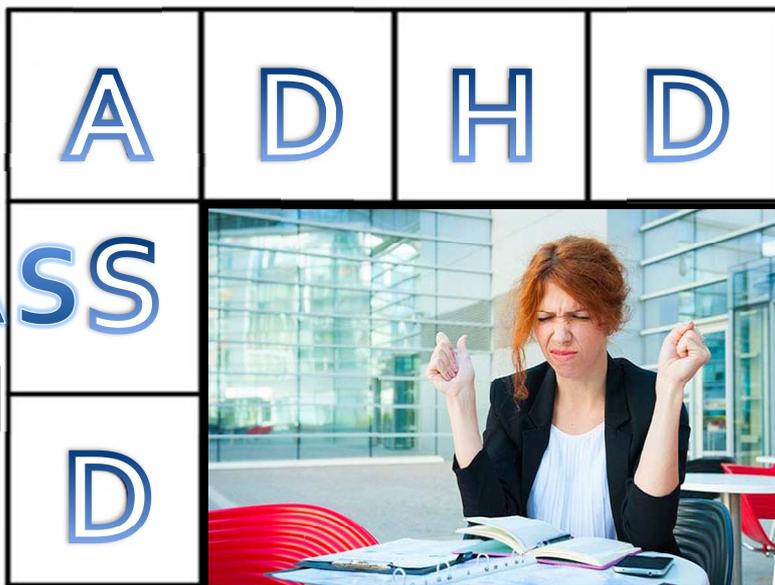


Thursday 7th December 2017

9 am – 4.30 pm

MASTERCLASS

Double Tree Hilton Hotel
34 Bread Street, EDINBURGH
EH3 9AF



An opportunity to learn from 4 experts about diagnosis and treatment of ADHD and ASD in adults.

This will include state of the art information on how to engage, assess and treat adults with these complex and often overlapping disorders.

You will also learn about differential diagnosis (for example from personality disorders and psychosis) and psychopharmacology in these disorders.

9 – 9.20 am	Registration / coffee
9.20 – 9.25 am	Welcome / introduction (Professor Helen Minnis)
9.25 – 10.10 am	Dr Premal Shah , Consultant Adult Psychiatrist and Honorary Senior Lecturer. General Adult Psychiatrist, North-West CMHT, Edinburgh, Lothian Adult ADHD Team, Royal Edinburgh Hospital/University of Edinburgh ADHD and ASD in Adults- why, when, what, who and how
10.10 – 10.20 am	Discussion
10.20 – 11 am	Professor Christopher Gillberg , Child and Adolescent Psychiatrist, University of Glasgow/Gothenburg The Essence of ADHD and ASD: The bigger picture – live clinical interview
11 -11.20 pm	Coffee
11.20-11.40 am	Discussion
11.40 – 12.25 pm	Gordon Brown , Consultant Nurse, ADHD Direct Ltd, Glasgow Discovering and uncovering female ADHD
12.25 – 12.35 pm	Discussion
12.35 – 1.35 pm	Lunch
1.35 – 2.20 pm	Anne-Marie Gallagher , Speech and Language Therapist, Clinical Lead, Adult Autism Team, NHSGG&C Autism: The 6 studies to discovering sense of self
2.20 – 2.30 pm	Discussion
2.30 – 2.50 pm	Dr Premal Shah – Video presentations - real cases
2.50 – 3 pm	Discussion
3 – 3.20 pm	Coffee
3.20 pm – 4.20 pm	Panel Discussion.

Delegate fee £80 (payable in advance)

To book please complete the enclosed slip and return to

Irene O'Neill, Academic Secretary, Level 4,
Academic CAMHS, West Glasgow Ambulatory Care Hospital
Yorkhill, Glasgow, G3 8SJ
0141 201 9239 / irene.oneill@glasgow.ac.uk



BIOGRAPHIES



Dr Premal Shah is a Consultant in general adult psychiatry, honorary senior lecturer. Specialist interest in adults with neurodevelopmental disorders, novel treatments for treatment resistant mood disorders and in complex mental health problems. Previously the Sim Research Fellow, MRC Brain Metabolism Unit in Edinburgh investigating mood disorders using structural and functional imaging. Has worked within the NHS for 28 years. For the past 15 years has been Consultant in General Psychiatry at the Royal Edinburgh Hospital, and an Honorary Senior Lecturer at the University of Edinburgh. Started Scotland's first Adult ADHD clinic in 2007 in Edinburgh, which received over 500 referrals in five years. This has expanded into a specialist ADHD team providing education and training to health professionals, as well as providing advice on the management of those with more complex ADHD. Recent consultant

in Lothian's new adult ASD team, which has a similar role and remit. Was an advisor to Scottish government assisting on achieving commitment 33 of the Scottish Mental Health Strategy. Chair of the Royal College of Psychiatrists in Scotland's working group on adults with ADHD, and one of the authors of the Scottish college's good practice guidelines for adults with ADHD.



Christopher Gillberg is Professor of Child and Adolescent Psychiatry at the University of Gothenburg, Sweden, since the mid-1980s. He heads the Gillberg Neuropsychiatry Centre. He is also a Chief Physician at the Sahlgrenska University Hospital and one of the world's most experienced, clinically active, child- and adolescent psychiatrists, with over 40 years of extensive clinical work in treatment of patients and families with complex psychiatric/neurodevelopmental problems. In 1993 he was Fulbright Visiting Professor at New York University Medical School. He is also Visiting or Honorary Professor at the Universities of London, University College London (Institute of Child Health), University of Glasgow, University of Edinburgh, the Pasteur Institute, and Kochi University, Japan (where he is involved with the Japan Environment and Children Study/JECS). In the past he has been a Visiting Professor at Odense, Bergen (where he started and

was PI on the Bergen Child Study), and San Francisco. Christopher Gillberg has published more than 650 peer-reviewed scientific papers (602 of which are currently on the NIH PubMed website) on autism, Asperger syndrome, ADHD, Tourette syndrome, intellectual disability, epilepsy, behavioural phenotype syndromes, depression, reactive attachment disorder, anorexia nervosa, and other areas relevant for children's and adolescents' mental and neurological health. His research ranges from genetics and basic neuroscience through epidemiology and clinical phenomenology to treatments/interventions and outcome. He has written 33 books, which have been published in more than a dozen languages, several of which are standard textbooks in the field of Child and Adolescent Psychiatry and Autism. He is an honorary member of the Swedish National Autism Society and ADHD Society ("Attention"). He is a member of the Norwegian Academy of Sciences. He is the recipient of many national and international awards including the Fernström Prize for young researchers (1991), the Royal Medal of the Seraphim Order from the Swedish King (2009), and the Söderberg Prize in Medicine (2012). He supervises and has supervised more than 45 PhD-students at the GNC and at other universities across the world. Christopher Gillberg is the most productive autism researcher in the world, and is on Thomson Reuter's 2014 list of the world's most influential researchers (all fields) and received INSAR Lifetime Achievement Award 2016.



Gordon Brown has worked in child and adolescent mental health for over 20 years and developed the first nurse led ADHD service in the UK whilst working in NHS Forth Valley. Over the last 10 years he has developed his service – ADHD Direct Ltd, which assesses and treats adults affected by ADHD. Gordon is also the author of Parents INC, the first ADHD specific parent training programme in Scotland, which is soon to be the subject of a randomised control trial. He has a number of publications in the field of ADHD and is an established national and international speaker on the condition.



Anne Marie Gallagher, Speech and Language Therapist, Clinical Lead, Adult Autism Team, NHSGG&C has worked with adult ASD for 25 years. Initially working within multidisciplinary learning disability teams, specialising in assessing and developing care plans, for those described as having severe and enduring challenging behaviour. Over the last 15 years, she has been working with, and learning from, a general adult caseload, assessing, diagnosing and supporting those with ASD. She has developed a framework of intervention that is designed to support those with ASD to develop a greater sense of safe, consider ASD as a helpful diagnosis, establish and maintain good emotional well-being and support their access to mental health services that can make modifications and adjustments to psychological therapies in the light of co-occurring mental health difficulties and their particular core ASD needs. Anne Marie he is keen to

'handover the baton of her learning', to other services and to support clinicians across Scotland in managing adults with ASD and co-occurring mental health difficulties.

DIRECTIONS

Double Tree Hilton Hotel

34 Bread Street, Edinburgh, EH3 9AF

0131 221 5555

By air

30 minutes from Edinburgh Airport

By Train

Waverley and Haymarket train stations are walking distance to the venue.

For further details go to:

<http://doubletree3.hilton.com/en/hotels/united-kingdom/doubletree-by-hilton-hotel-edinburgh-city-centre-EDICCDI/maps-directions/index.html>

BOOKING FORM

Masterclass – ADHD & ASD – 7.12.17 (9-4.30 pm)

Venue – Double Tree Hilton Hotel, 34 Bread Street,

Edinburgh, EH3 9AF

To secure a place please complete the booking form and send to:

**Mrs Irene O'Neill, Academic Secretary,
Level 4, Academic CAMHS,
NHS Greater Glasgow and Clyde,
West Glasgow Ambulatory Care Hospital,
Yorkhill, Glasgow, G3 8SJ**

Tel: 0141 201 9239

email: irene.o'neill@glasgow.ac.uk

An email confirmation will be sent to you.

(PLEASE PRINT CLEARLY)

Name	
Job Title	
Work place	
Name of organisation	
Email	
Phone number(s)	

Delegate fee	£80
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See next page for payment options

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tick relevant box and complete information as indicated

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(1) Paying via NHS GG&C - please complete:-	Cost Centre number			
	Budget code			
	PO number			
(2) Invoice - please complete:-	For the attention of:			
	Address			
	Any other relevant information, e.g. ref number			
(3) Paying via Bank - Our BACS detail:-	Quote reference number CG1574			
Name of Bank	ROYAL BANK OF SCOTLAND, GLASGOW CITY BRANCH, 8-10 GORDON STREET, GLASGOW G1 3PL			
Name of Account	NHS GREATER GLASGOW & CLYDE ENDOWMENTS			
Sort Code	83-07-06			
Account no.	10554856			
IBAN no.	GB27RBOS83070610554856			
SWIFT BIC	RBOSGB2L			
(4) CHEQUE	Payable to 'Understanding Children' Please send booking form and cheque to: Mrs Irene O'Neill, Academic Secretary, Level 4, Academic CAMHS, NHS Greater Glasgow and Clyde, West Glasgow Ambulatory Care Hospital, Yorkhill, Glasgow, G3 8SJ			
(5) CASH	Please contact Irene O'Neill			