



PAM Assist

is our new

Employee Assistance Provider

from

Saturday 1st July 2017

Offering Confidential Support for Staff

24 hours a day, 365 days a year, for all of life's ups and downs

- Work life
- Family matters

 Anxiety
- ✓ Counselling
- Relationships
- Debt

- **Stress**
- ✓ Mental Health
- Emotional Support
- Addiction

0800 882 4102 www.pamassist.co.uk