



Information Sheet (Parents/Carers)

Study title: Children's social behaviour in a clinic waiting room YRSS/PSG 2015
Chief Investigator: Professor Helen Minnis

You are being invited to take part in a research study. Before you decide it is important for you to understand what the research is and why it is being done. Please take time to read the following information carefully and discuss it with others if you wish. If you don't understand, or want more information, you can ask us. Take time to decide whether or not you wish to take part.

Background and Purpose

I am a Professor at the University of Glasgow working within the NHS. As part of my work I am conducting a research project to help clinicians gain a better understanding of how children from secure family backgrounds relate to strangers within an unfamiliar setting. This is linked to a wider body of work which seeks to understand the problems faced by individual children who have experienced less stable relationships.

In this project we are interested in looking at how children relate to other people. Parents will be asked to complete two short questionnaires that will tell us about this: the Relationship Problems Questionnaire and the Strengths and Difficulties Questionnaire.

Why have I been invited?

You have been identified as your child attends Glendale Primary School or [*yet to be determined*] Primary School. We hope to involve a total of 200 children who attend primary school in Glasgow.

Do I have to take part?

It is up to you to decide whether or not to take part. Participating in this study is completely voluntary and you are not under any obligation to consent. If you do decide to take part you will be given this information sheet to keep and you will be asked to sign a consent form, which you will get a copy of. If you decide to take part you are still free to withdraw at any time and without giving a reason.

What will happen to me if I take part?

If you decide to take part in the study you will be asked to complete two short questionnaires. The researcher will give you clear instructions beforehand and guide you through the process. This will take up to one hour.

What do I have to do?

If you are selected for the study you will be asked to attend a clinic waiting room at the University of Glasgow, Caledonia House, Yorkhill site (old Royal Hospital for Sick Children) with your child. Your child will be observed by one or two independent researchers while a stranger enters the room and greets you and your child. The stranger then leaves the room while you complete a short questionnaire. Your child will be given drawing materials to use while you complete the questionnaire. The observer remains in the waiting room then the stranger returns to the waiting room after about fifteen minutes.

What are the possible disadvantages and risks of taking part?

We do not anticipate any risks from taking part in the study. You are free to take a break or stop at any point.

What are the possible benefits of taking part?

Beyond receiving £10 for your child's participation, there will be no direct benefit to you. However it is hoped that this research will improve our understanding of children's social relationships and may therefore beneficially influence the care of children in the future.

What if something goes wrong?

We do not anticipate any harms or risks from taking part in this study. However, if you have any concerns or complaints regarding the way this research has been conducted or the use of questionnaires, you can contact us at any time.

Helen Minnis, Professor of Child and Adolescent Psychiatry,
Institute of Health and Wellbeing (University of Glasgow),
Academic CAMHS, 2nd Floor, Yorkhill Site
(Old Royal Hospital for Sick Children), Yorkhill,
Glasgow, G3 8SJ.

Tel: +44 (0)141 201-9239

Email: Helen.Minnis@glasgow.ac.uk

Will my taking part in this study be kept confidential?

All information which is collected during the course of the research will be kept strictly confidential. Any information will have your name and address removed so that you cannot be recognized from it. Your child will be allocated an anonymous ID code during observations which will be used in place of your child's name. Some parts of the information gathered may be looked at by authorised people to check that the research is being carried out correctly.

What will happen to the results of the research study?

The results will be compiled with a view to submitting the finished article for publication to a journal. In all cases including publication of the study, names and personal details will not be identified.

Who is organising the research?

The study is being organised by Helen Minnis, Professor of Child and Adolescent Psychiatry, Institute of Health and Wellbeing (University of Glasgow), Dr. David Young senior lecturer at Strathclyde University, Dr. Catherine Moran Clinical Psychologist with NHS Glasgow and Mr. Glyn Batchelor a teacher working with Glasgow City Council Department of Education. The study is funded through a Yorkhill research support scheme grant.

Who has reviewed the study?

All research in this area is looked at by an independent group of people, called a Research Ethics Committee, to protect your interests. This study has been reviewed and given a favourable opinion by the College of Medical, Veterinary & Life Sciences Ethics Committee for Non-Clinical Research Involving Human Subjects at Glasgow University and by the Glasgow City Council Education Ethics committee.

Contact for further information

If you wish to ask anything further, please contact Professor Helen Minnis via the address below:

Institute of Health and Wellbeing (University of Glasgow),
Academic CAMHS, 2nd Floor, Yorkhill Site
(Old Royal Hospital for Sick Children), Yorkhill,
Glasgow, G3 8SJ.

Or Email: Irene.O'Neill@glasgow.ac.uk

Or on the following phone number: +44 (0)141 201-9239

Thank you for reading this information sheet. You will be given a copy to keep. If you have understood the contents of this sheet and wish to take part, please complete and return the attached reply slip.