*Acronym in Spanish

COFEMESSS*Mx

Women's Collectives in the Social and Solidarity Economy for the Sustainability of Life in Mexico

Virtual Exhibition

Participatory, Transdisciplinary and Feeling-Thinking Research

Te invitamos a visitar el entorno virtual de esta exposición

ESP

We invite you to visit the virtual environment of this exhibition

ENG

Nous vous invitons à visiter l'environnement virtuel de cette exposition

FR

ABOUT THE EXHIBITION

On the path toward the sustainability of life, diverse actors strive to build more just and equitable ways of living. Among them are the Women's Collectives in the Social and Solidarity Economy for the Sustainability of Life (COFEMESSS), rooted in their sociocultural territories and guided by SSE principles.

This study is presented as a living tool for strengthening COFEMESSS and a testament to their capacity to generate dignified livelihoods, territorial justice, collective well-being, and socio-ecosystemic transformation.

From an ecofeminist perspective, the Sirukua Uárhi Transdisciplinary Team and the COFEMESSS Mexico Network have co-developed participatory processes to analyze their Frameworks of Action (MASV) and conditions for continuity.



Masehual Siuamej Mosenyolchicauani Backstrap Loom Workshop Photography by: Lupita Reyes Photography



Roxanne Beaupere of the Sirukua Uárhi Collective. Born in France with a Mexican heart, she supports women's health through Terfam: Earth Medicine, rescuing and practicing Mexican ancestral and herbal medicine. Photography by: Lupita Reyes Photography



Sirukua Uárhi Knowledge Exchange Day: Women's Seedbed for Socio-Ecosystemic Well-being 2025 Photography by: Juan Carlos Lara

ESCUELA NACIONAL DE ESTUDIOS SUPERIORES UNIDAD MORELIA

UNAM POSGRADO

POSGRADO EN Ciencias de la Sostenibilidad

CONAHCYT CONSEJO NACIONAL DE HUMANIDADES CIENCIAS Y TECNOLOGÍAS

SIRÜKÜA Proyecto Solidario

SIRÜKÜA UÁRHI Semillero de Mujeres para el Bienestar Socio-Ecosistémico

RedCOFEMESSS MX

UNESCO University Network Member

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Who are COFEMESSS?

According to the work carried out by the Sirukua Uárhi Collective, COFEMESSS can be identified based on four constitutive elements:

COLLECTIVE:
Composed of 3 or more members

FEMALE:
Made up of a majority (>60%) or all people who identify as women, including members of the LGBT+ community.

SELF-MANAGEMENT AND GOVERNANCE:
The management and decision-making regarding the direction of the collective arise from the women who make it up.

SOCIAL AND SOLIDARITY ECONOMY:
They carry out activities in accordance with the principles of the Social and Solidarity Economy: cooperation, equity, ecological sustainability, fair distribution of wealth, decent work, commitment to the environment (REAS EUSKADI, 2022)

SUSTAINABILITY OF LIFE:
They contribute to the well-being of socio-ecosystems within action frameworks linked to the sustainability of life.



COFEMESSS MAPPING

From Sirukua Uárhi, we are working on a participatory mapping of COFEMESSS initiatives, presented through an interactive Google Map.

At present, we have identified more than **120 COFEMESSS initiatives in Mexico.**

Along the paths we share to sustain life, our collegues tell inspiring, moving, and even heartbreaking stories, woven with the strength, hope, and memory of the territories we inhabit. We invite you to scan the QR code on the map to learn more about their experiences, feelings, and ways of thinking.

There is still a long way to go in the COFEMESSS Mapping Project; its continuation and expansion both in Mexico and in other territories across Latin America and Europe will allow us to generate much more comprehensive materials to better understand ourselves, as well as comparative studies on approaches to Action Frameworks, Factors of Creation and Continuity, and shared and differentiated strategies across territories.

**This is a living project in constant evolution..
If you know of other initiatives that should be made visible in this or new materials, we would greatly appreciate you sharing them with us!**

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ESCUELA NACIONAL DE ESTUDIOS SUPERIORES UNIDAD MORELIA · UNAM POSGRADO · Posgrado en Ciencias de la Sostenibilidad · CONAHCYT Consejo Nacional de Humanidades Ciencias y Tecnologías · Sirükua Proyecto Solidario · Sirükua Uárhi Semillero de Mujeres para el Bienestar Socio-Ecosistémico · RedCOFEMESSS MX · unesco University Network Member

EXPERIENCES GALLERY RedCOFEMESSS MX

Lupita Reyes

Te invitamos a visitar la Galería de Experiencias de la Red COFEMESSS.Mx

ESP

We invite you to visit the Red COFEMESSS.Mx Experiences Gallery

ENG

Nous vous invitons à visiter la Galerie d'Expériences du Réseau COFEMESSS.Mx

FR

Lupita Reyes Fotografía, a member of Sirukua Uárhi, presents her photo-art work that documents the experiences of the COFEMESSS Network's partner collectives. This artistic work is extended as a form of compensation for the significant contributions of these collectives to the Transdisciplinary and Feeling-Thinking Research Project COFEMESSS.

The COFEMESSS Network is made up of initiatives from collectives working for Socio-Ecosystemic Well-being through practices from all *Action Frameworks for the Sustainability of Life* (MASV its acronym in spanish). We share some of our experiences with you:



Sirukua Uárhi: Seedbed of Women for Socio-Ecosystemic Well-being

Research Working Group and COFEMESSS Network. Comprised of producers, artisans, traditional therapists, academics, and researchers.
We work in the areas of cultural and environmental management, solidarity markets, education for socio-ecosystemic well-being, traditional medicine for women's health, eco-natural cosmetics, sustainable fashion, photo art, recycling, sustainable food, agroecology, and sustainable decoration.
You can find us at Casa Sirukua, where we have a Collective Store and a therapy space (rebozo and uterus massage, hand massages, temazcales), workshops (herbal medicine for women's health, yoga, meditation, eco-natural cosmetics, sustainable food, crafts, among others) and activities (photo art exhibitions, talks, women's circles, among others) linked to socio-ecosystemic well-being.

Sirukua Uarhi
Women's Seedbed for Socio-Ecosystemic Well-being

"Masehual Siuamej Mosenyolchicauani S de S.S"

Masehual Siuamej Monseyolchicauani: Indigenous Women Who Support One Another

Made up of 100 Indigenous women in the Northern Sierra of Puebla, Mexico, they have spent more than 30 years working to improve the living conditions of their members, families, and communities.
They have a beautiful main workspace at Hotel Taselotzin, located in the community of Cuetzalan, Puebla. They offer products and services connected to their work, including embroidery, backstrap weaving, herbal medicine (products, massages, therapies, and temazcal ceremonies), traditional cuisine, and alternative tourism activities (environmental and cultural).



Would you like to learn about more experiences in the COFEMESSS.Mx Network?

Check the QR code for the Experiences Gallery, located at the top of this poster, in your preferred language.

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