



University
of Glasgow

Recommended Training and Development for Researchers

Why it Matters:

Delivering meaningful Patient and Public Involvement and Engagement (PPIE) requires more than good intentions. Researchers should be supported to develop the knowledge, skills, and confidence needed to work effectively, respectfully, and collaboratively with communities.

The following recommendations have been informed by community members, researchers, and partners and will continue to evolve as new learning and feedback emerge.

Core Knowledge

Researchers should have an understanding of:

- Patient and Public Involvement and Engagement (PPIE)
- Co-production and participatory research approaches
- Equality, diversity, inclusion, and accessibility principles
- Trauma-informed practice
- Safeguarding responsibilities for working with children and adults
- Data protection, confidentiality, and information governance
- Ethical research practice
- Health inequalities and social determinants of health
- Cultural awareness and culturally responsive engagement
- Accessible communication practices

Core Skills

Researchers should be able to:

- Communicate clearly using plain, inclusive language
- Listen actively and check understanding
- Build trust and positive relationships
- Facilitate inclusive discussions and group conversations
- Adapt engagement approaches to meet different needs
- Recognise and respond appropriately to distress
- Manage challenging conversations respectfully
- Work collaboratively and share decision-making
- Reflect on their own practice and respond to feedback
- Close the feedback loop by demonstrating how community input has influenced research

Researchers are expected to proactively engage with training and development opportunities, both within the University and externally, to build and maintain the core knowledge and skills listed above. Continuous learning supports good research practice by ensuring researchers have the knowledge, skills, and confidence to involve patients and the public effectively, inclusively, and appropriately across all stages of research.