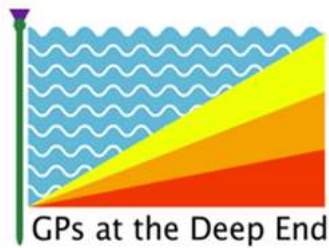


Read the latest news and articles from
the Scottish Deep End project



Scottish Deep End Project Newsletter

Welcome to our January 2026 newsletter

This is the Scottish Deep End Project newsletter, highlighting Deep End activity across Scotland. We welcome any suggestions – email deependgp@gmail.com. The Deep End Steering group meets quarterly with 3 online and 1 in-person meetings. Anyone interested in attending the next steering group meeting (which will be online in the afternoon of 1st April) should contact us. Contact details can be found at the end of the newsletter.

Meetings and Events

Registration open - Deep End Scotland conference

“The essential role of GPs and GPNs in tackling health inequalities” one day in-person conference Friday 6th February 2026, at Civic House, Glasgow, G4 9RH.

Find more [information about the conference](#) along with the program on the RCGP website. Conference tickets cost £20 per person or combined GP/GPN ticket for £30.

You can find [information about registration](#) on the RCGP website too.

If you are experiencing problems registering through the RCGP website, please contact RCGP directly using deepends@rcgp.org.uk. They will complete your registration manually and confirm it with you quickly.

The conference will be followed by an optional social event, including ceilidh, buffet and BYOB. This will be held at the Pearce Institute, 840-860 Govan Road, Glasgow, G51 3UU from 19:00-22:00. Tickets for the ceilidh cost £10 each and must be purchased separately.

The Scottish Deep End project and the Queen’s Nursing Institute Scotland (QNIS) are proudly cohosting an all-day, in-person conference to recognise and celebrate the vital

role that generalism plays in improving health equity in Scotland – and the challenges we currently face. The conference will focus on GPs and GPNs, as our key medical and nursing generalist-trained workforces.

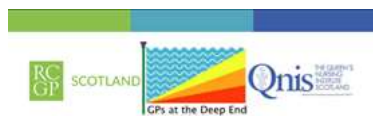
Conference themes include:

- improving patient outcomes; importance of long-term personalised continuity of care
- understanding the causes and consequences of ‘missingness’ in healthcare; applying a ‘missingness lens’ to address health equity
- enabling whole-person, ‘realistic medicine’ approaches to care - specific importance of generalism
- delivering physical and mental health care in socio-economically deprived communities needs relational support for workforces

Workshops on:

- gender based violence
- innovative use of graphic medicine

This conference is about celebrating how we can collaborate and learn from each other, and support each other to improve our working lives, the cohesiveness of our teams, and the care we provide.



Deep End News

Deep End International newsletter



The [latest Deep End International Bulletin](#) (December 2025, number 14) is available to consult on the Deep End project website. It includes reports from 12 Deep End projects from 8 countries on 4 continents.

Austin O’Carroll includes information about the **“Medicine on the Margins”** conference to be held in Dublin on **30th January 2026**.

The Scottish Deep End Project’s response to the Scottish Government’s policy of establishing walk-in centres is also included.

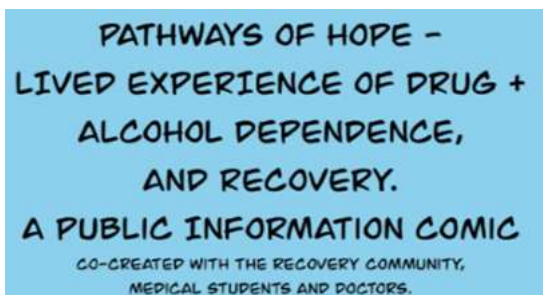
New resources

GPs at the Deep End manifesto 2026 now available



We believe everyone in Scotland deserves fair, compassionate, person-centred healthcare - no matter where they live or what they earn.

Recently added to Scottish Deep End project webpages



Who Are We?

The new GPs at the [Deep End manifesto](#) to raise awareness of key points before the Scottish Parliamentary elections on 7th May 2026, is available for consultation on the Scottish Deep End Project webpages.

“Strong general practice is the backbone of the Scottish NHS. If properly supported, general practice has enormous potential to reduce health inequalities and transform lives. NHS general practice should be at its best where it is needed the most.

Scotland faces a health crisis rooted in poverty and inequality. People in the poorest communities develop long-term illness 25 years earlier than those in the wealthiest. Ill health, trauma, addiction, insecure housing, fuel and food insecurity all hit the poorest hardest. GP practices in deprived areas face the most complex health needs - but too few staff and too little time. This fuels the inverse care law: those who need care the most get the least. Poverty harms people, communities, the economy - and the NHS itself. This must change.”

A [public information comic](#) “Pathways of Hope: Lived experience of drug + alcohol dependence and recovery” developed through Conversation cafes at the University of Glasgow (hosted by Humanising Healthcare) by Dr Nic Dickson, Dr Lynsay Crawford and Prof Andrea Williamson can be consulted on the webpages.

It contains information on subjects such as first steps, maintaining recovery and useful [contact information](#) for those seeking support from national and local organisations as well as other services.

General Practitioners at the Deep End work in general practices serving the 100 most deprived populations in Scotland, based on the proportion of patients on the practice list with postcodes in the most deprived 15% of Scottish datazones.

Scottish Deep End Project team

- Dr Carey Lunan, Chair
- Dr David Blane, Joint Academic Lead
- Dr Marianne McCallum, Joint Academic Lead
- Dr Peter Cawston, Clinical Lead
- Dr Elspeth Strang, Clinical Lead

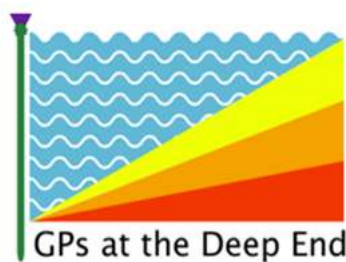
More details including the Deep End Steering Group and videos about the history of the Scottish Deep End Project can be found on the [Scottish Deep End Project website](#).

Contact

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