





We ask about date of birth so that we can calculate age. This is important so we can understand more about how young people's experiences and their health and wellbeing change as they get older.

All the answers are kept private and no-one will get into trouble because of what they say.

### **How long will it take?**

The survey takes about 30-40 minutes to complete and can usually be done in one class period at school.

### **Do I need to take part?**

No, it is totally up to you if you take part or not. If you choose not to take part, that's fine. You can also change your mind at any time. If you do not want to take part, just tell your parent/carers or your teacher.

Before you start the survey you be asked to select one of the following options:

- ☐ Yes, I am happy to take part in the survey
- ☐ No, I do not want to take part in the survey

Your answers will be saved as you go through the questionnaire. If you change your mind once you have answered a question, you can use the 'back' button at the bottom of the page to go back to check, change or remove your answers.

Closing the survey at any time will save all the answers you have given so far. If you want to remove any answers before you leave, you should click the 'back' and 'next' button to go through the survey and do this.

### **What if I don't want to answer a question?**

That is ok. You can skip any questions you don't want to answer. You can also go back and de-select any of your previous answers.

### **Can my teacher or parents see what I wrote?**

No, no-one will see your individual answers – not your teachers, parents, or friends.

### **Will anyone know it's me?**

No. The survey does not ask for your name, and your answers are combined with the answers from thousands of other young people across Scotland. Nobody will be able to tell which ones are yours.



## What happens to my answers?

The answers you give are sent directly to the research team at the University of Glasgow. The team follows strict rules to make sure the information is kept safe and confidential.

The research team will combine your answers with those from other pupils from across Scotland to look at the health issues affecting young people. This will help us understand more about how young people are doing in Scotland and what needs to be done to help improve young people's health.

Your school will get a report with the results from all pupils who took part at your school. These are combined together so that it is not possible to know who said what.

The results from everyone that took part across Scotland are written up into a report and this is shared with the Scottish Government and others who make decisions about how to improve young people's health and wellbeing.

We also combine your answers with answers from young people across all the countries which take part in the HBSC study. Researchers use this information to better understand young people's health in different countries.

You or your school will never be identifiable in any published reports or papers.

## What do I do if I want to find out more?

If you want to find out more about the HBSC study you can visit the HBSC Scotland website: [www.gla.ac.uk/hbsscscotland](http://www.gla.ac.uk/hbsscscotland) or the HBSC international website: [www.hbsc.org](http://www.hbsc.org)

You can contact the research team at the University of Glasgow directly by emailing [shw-hbscscotland@glasgow.ac.uk](mailto:shw-hbscscotland@glasgow.ac.uk)