

The **LeadHERship** Retreat: Programme agenda Online

Week commencing Monday, 18 August 2025

TBC

Online Meet & Greet + Energiser session

In Person

Monday, 08 September 2025

9:30

Registration, coffee and tea

9:45

Welcome & programme overview

Meaningful objects, powerful stories

“Bring an item that reflects who you are and share its story.”

10:00	Session 1: Enlighted leadership “Exploring the future of work and the types of leaders it demands.” *Includes coffee break between 11:30 and 11:45
12:45	Light lunch
13:45	Session 2: Walking & talking leadership
15:15	Coffee break
15:30	Session 3: In conversation with Helen MacNamara, Chair of trustees at Shelter
16:30	Highlights & key takeaways of day one
17:00	Hotel check-in and free time
18:30	Dinner at “<u>The Bothy</u>.”

Tuesday, 09 September 2025

9:30	Registration, coffee and tea
10:00	Session 4: Resilience & Governance
11:30	Session 5: Panel discussion “Leadership stories: Highlights, challenges & lessons learned” Panel Participants: <ul style="list-style-type: none">• Irene-marié Esser• Sara Carter• Lord Provost Jackie McClaren• Pheona Matovu Chair: Kezia Dugdale
12:30	Light lunch
13:15	Session 6: Leading well: Mental health and self-care
14:30	Break
14:45	Session 7: Your enlightened leadership strengths
15:30	Highlights & key takeaways of the programme