



## Teaching Timetable and Learning Outcomes for courses under Graduate Certificate/Diploma in Specialist Lymphoedema Management

This programme of four courses aims to prepare health care professionals for the care and management of people with lymphoedema or chronic oedema including identifying and advising those at risk of developing the condition. The programme uses a unique combination of supported workplace learning, University attendance and on-line virtual learning to provide contemporary and interesting opportunities to develop knowledge, skills and confidence in practice. These are designed and delivered by experienced academic and clinical staff with expertise in lymphoedema and related clinical and research fields.

The programme is designed so that completion of the first 2 courses to gain the Graduate Certificate in Lymphoedema Practice reflect the knowledge and skills level of a health care professional Band 5 Lymphoedema Practitioner as proposed in the Lymphoedema Framework, Template for Management (Sneddon 2007). Completion of all 4 courses leads to the award of Graduate Diploma in Specialist Lymphoedema Management reflecting the knowledge and skill level of a Band 6 Lymphoedema Specialist Practitioner (Sneddon 2007). This specialist framework is based on the Skills for Health Career Framework ([Better skills, better jobs and better health - Skills for Health Sector Council](#), 2023) and the Knowledge and Skills Framework ([Department of Health and Social Care - GOV.UK \(www.gov.uk\)](#) 2024).

Please read the following pages for further information on individual courses.

If you wish to speak to someone or require an application form, please see our website at:

<http://www.gla.ac.uk/schools/medicine/nursing/>

**Please read the Frequently Asked Questions document to ensure that you are aware of what is expected for the course.**

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## **Lymphoedema: Core Skills and Knowledge**

**Course commences online 9<sup>th</sup> September 2024 with attendance in Glasgow on 17<sup>th</sup> September – 20<sup>th</sup> September 2024**

**40 credits at level 3 (SCQF Level 9)**

**Fees: £1690 (£3070 for international students)**

### **Course**

This course is first of four courses within the Graduate Diploma programme. Completion of Course 1 and Course 2 leads to an award of Graduate Certificate. It is delivered by experienced clinicians and academics in the field to guide the participant through the best evidence to learn the core skills and knowledge required to manage patients with mild to moderate lymphoedema. Workshops, seminars, mentor support in the workplace and on-line learning provide a range of practical and theoretical experiences to develop skills as critically reflective lymphoedema practitioners.

### **Course aims and Intended Learning Outcomes**

The course aims to develop the student's knowledge and skills in assessment and management of patients with chronic oedema/lymphoedema. By the end of this course students will be able to:

- Undertake a comprehensive assessment of a patient and determine or exclude a diagnosis of lymphoedema.
- Discuss the implication of key-findings on the treatment decisions applied to the management plan.
- Demonstrate the ability to apply relevant treatment strategies with uncomplicated chronic oedema/lymphoedema.
- Identify and appraise strategies to maximise the potential for patient self-management through negotiation and joint review of management goals, and tailored education and support.
- Critically discuss the principles and application of risk reduction strategies
- Critically reflect on own practice.
- Critically appraise the evidence base for practice.

### **Timetable:**

Course starts online 9<sup>th</sup> September 2024

4 day taught course 17<sup>th</sup> September to 20<sup>th</sup> September 2024

Summative 1 due 22<sup>nd</sup> October 2024

Summative 2 due 10<sup>th</sup> December 2024

Final Summative due 7<sup>th</sup> January 2025



## **Lymphoedema Application of Core Skills and Knowledge**

**Course Commences 20<sup>th</sup> January 2025 - there are no attendance days.**

**20 credits at level 3 (SCQF Level 9)**

**Fees: £845 (£1535 for international students)**

### **Course**

This is course two of four courses under the Graduate Diploma programme. This course along with Course 1 leads to an award of Graduate Certificate. This workplace learning course is designed by experienced clinicians and academics in the field to guide the student through the best current evidence to develop skills as critically reflective lymphoedema practitioners and consolidate the learning of core skills and knowledge gained on Course 1 “Lymphoedema: Core skills & knowledge”. Mentor support in the workplace and on-line learning provide a range of practical and theoretical experiences to further develop learning from Course 1 to enable the student to apply the knowledge & skills gained to a broader range of clinical scenarios with greater confidence including advanced disease, obesity and existing co-morbidities.

### **Course Aims and Intended Learning Outcomes**

To develop the students’ ability to adapt core lymphoedema care knowledge and skills to the assessment and management of patients with chronic oedema/lymphoedema where co-morbidities exist. By the end of this course students will be able to:

- Discuss the implication of co-morbidities or progression of disease on the decisions affecting the management plan.
- Demonstrate adaption and development of lymphoedema core skills.
- Critically reflect on adaption to the management strategy to account for co-morbidities or condition progression.
- Implement and critically reflect on the teaching and rehabilitative role of the lymphoedema practitioner in chronic oedema management.
- Recognise limitations and when onward referral is appropriate.

### **Timetable:**

10 Week work-based learning course, supported by online learning, workplace mentors and University bases tutors (remotely)

Summative 1 due 11<sup>th</sup> March 2025

Summative 2 due 6<sup>th</sup> May 2025



## **Managing Complex Lymphoedema**

**Course Commences 2<sup>nd</sup> September 2024, with attendance in Glasgow in two parts:**

**Part 1 = 1<sup>st</sup> October – 4<sup>th</sup> October 2024**

**Part 2 = 3<sup>rd</sup> December – 6<sup>th</sup> December 2024**

**40 credits at Level 4 (SCQF Level 10)**

**Fees: £1690 (£3070 for international students)**

### **Course**

This is course three of a four course Graduate Diploma programme but may be accessed directly if pre-requisites are met. Taken with Course 4 only, leads to an award of Graduate Certificate in Specialist Lymphoedema Management. The course provides the student with an opportunity to learn the advanced skills and knowledge required to manage patients with complex lymphoedema. Learning of theory and skills is consolidated with workplace and on-line learning to develop the skills of an advancing practitioner in this field.

### **Course Aims and Intended Learning Outcomes**

This course will provide student with the opportunity to learn the theory and practice of advanced skills in the management of complex lymphoedema including the Casley-Smith technique of Manual Lymphatic Drainage. By the end of this course students will be able to:

- Demonstrate appropriate and effective application of specialist knowledge and skills as part of Decongestive Lymphatic Therapy and discussing the rationale for each aspect of treatment in relation to altered patho-physiology.
- Interpret clinical practice problems relating to patients with complicated oedema, showing the ability to make appropriate judgements in determining the diagnosis and developing and leading individualised treatments plans.
- Critically evaluate the evidence base for the Decongestive Lymphatic Therapy.
- Critically reflect on their own practice in the management of people with complicated oedema.
- Exercise autonomy and professional initiative but make appropriate referrals, within the context of rehabilitation and holistic approach to care.
- Demonstrate effective and sensitive communication and provision of patient information, based on individual needs and factors that may influence concordance with treatment and promote self-management.

### **Timetable:**

Summative 1 due 15<sup>th</sup> October 2024

Summative 2 due 19<sup>th</sup> November 2024

Summative 3 due 7<sup>th</sup> January 2025



## **Lymphoedema Specialist Practice**

**Course Commences 20<sup>th</sup> January 2025, with attendance in Glasgow 19<sup>th</sup> & 20<sup>th</sup> March 2025**

**20 credits at Level 4 (SCQF Level 10)**

**Fees: £845 (£1535 for international students)**

### **Course**

This is the fourth and final course in the Graduate Diploma programme and the second and final course leading to a Graduate Certificate and can be accessed directly where pre-requisites are met. The course provides the student with an opportunity to further develop the advanced skills and knowledge learnt during course 3 'Managing Complex Lymphoedema interventions to apply to a range of complex lymphoedema patients in the context of the most contemporary evidence and themes. Learning of theory is consolidated with seminars, workshops, workplace and on-line learning to enhance the skills of an advancing practitioner in this field.

### **Course Aims and Intended Learning Outcomes**

This course will provide the student with the opportunity to further develop the theory and practice of advanced skills in the management of complex lymphoedema including the Casley-Smith technique of Manual Lymphatic Drainage, applying knowledge of contemporary issues and latest evidence to critical clinical decision making. By the end of this course, the student will be able to:

- Demonstrate the adaptation of treatment plans for patients with complex lymphoedema or advanced disease in the light of recent best evidence or changes to clinical knowledge.
- Devise a multi-professional management programme for a lymphoedema patient with multi-pathology or complex needs giving consideration to the latest techniques and innovation.
- Critically discuss how service audit or research can inform a current issue within practice.
- Critically evaluate the role of the lymphoedema specialist with patients with rare presentations.
- Critically reflect on clinical practice problems and their own practice in managing complex situations and in relation to relevant literature.
- Discuss the use of ethical frameworks in the management of ethical issues and their implications for practice.
- Demonstrate effective and sensitive communication and an interdisciplinary approach in determining patient priorities and planning interventions to meet the patient's holistic needs.

### **Timetable:**

Summative 1 due 11<sup>th</sup> March 2025

Summative 2 due 6<sup>th</sup> May 2025