

Passive Music for Accelerated Learning

2 tapes (£ 19.99) - Anglo-American Book Co Ltd

This was lovely to listen to but a bit expensive. I am not classical music buff myself but this was soothing and very pleasant to have on in the background. The 'blurb' argues that it 'tunes' in (forgive the pun) to your heartbeat and we get into tune with the music. I know some of our course members have researched this and tried it out in classes with children and had favourable results. I am not sure if it makes me more intelligent or even more capable of intelligent work but I intend to try it out with the teachers on one of our modules coming up. I will keep you posted.