



University
of Glasgow

School of Medicine,
Dentistry & Nursing

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Dental Mirror

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Dental Student Success At Herald Higher Education Awards 2016

Claudia Wasige, who graduated BDS on July 1st 2016, was awarded the prize for 'Outstanding Contribution from a Student' at the Herald Higher Education Awards ceremony at the Radisson Blu Hotel in Glasgow on 14 July 2016.

This was the second year of this national competition, which is held in association with the University of the West of Scotland. The awards scheme was launched to recognise the outstanding achievements of colleges and universities. The large group of supporting organisations includes Universities Scotland, the Scottish Qualifications Authority (SQA), Scottish Funding Council and City of Glasgow College. There are 12 categories which examine how institutions develop innovative materials and methods in teaching and research. The University of Glasgow had an exceptional night all round, winning seven awards in total, including the overall award for Higher Education Institution of the Year.

The criteria for the award of 'Outstanding Contribution from a Student' were as follows: *"This award will go to a student who has made an outstanding contribution to the institution and wider community including work on or off campus. Judges will be looking for how this person has inspired and motivated others to act philanthropically or made*

efforts to improve student experiences and that of the local community.

This student may also be specifically connected to a sport or leisure activity or one who has overcome hardship, disability or other personal adversity".

Throughout her undergraduate career, Claudia worked in a wide variety of areas linked to overcoming inequalities. This included the establishment of the Glasgow Oral Health Improvement Student Society (GOHISS) and its work in food banks and other public engagement activities which you can read about elsewhere in this issue. She also played a role in the University widening participation agenda and in education in Kenya, combined with her academic and sporting successes (University of Glasgow Womens' Tennis Champion). These outstanding contributions provided an exceptional basis for her entry in the competition.

Claudia will be maintaining her links with the Dental School and GOHISS as a Class of 2016 Alumnus. She will be completing her Vocational Training in Glasgow over the next 12 months and we look forward to her continuing contribution to the Dental School's public engagement activities, including the planned 'Big Smile Big Band' event on 9 June 2017 at the SECC described later in this edition.



Claudia Wasige, BDS 2016, receives the award for 'Outstanding Contribution from a Student' from Professor Jeanne Keay, Vice-Principal & Pro Vice-Chancellor (International) University of the West of Scotland (left), with host Sally Magnusson, at the 2016 Herald Higher Education Awards.

(Photo by Jamie Simpson/Herald)

Prize Day And Graduation 2016 – Celebrating Success!

Our Prize-giving event on Thursday 30 June and the Graduation Ceremony on Friday 1 July were two days of celebration for the Dental School.

At 3pm on 30 June, 125 people assembled in the Large Lecture Theatre for our annual Final Year Prize-giving. The audience of parents, relatives and friends of the prize-winners was joined by staff from both the Dental School and NHS Greater Glasgow & Clyde Oral Health Directorate. The Head of School, Prof Jeremy Bagg, welcomed all present and then the guest speaker, Mr Lachie Stewart, was introduced by way of a short video which showed Lachie winning the 10,000 metres Gold Medal at the 1970 Commonwealth Games in Edinburgh. The audience was spellbound as the video played and then burst into spontaneous applause as Lachie crossed the line – what an intro for a guest speaker!

Along with all other former Scottish Commonwealth Gold Medal winners, Lachie had received an Honorary Degree from the University of Glasgow in 2014 as part of the 'Glasgow 2014' celebrations. Lachie spoke of his time as a dental technician at Glasgow Dental Hospital & School, from where he would leave to train in places such as Kelvingrove Park. He alluded to his association with the Glasgow Dental Hospital & School running team which has been established by Neil Nairn and which you can read about elsewhere in this edition of the Dental Mirror. Lachie gave a truly inspirational address and was in great demand after the event to speak with parents, many of whom remembered watching the original race live in 1970!

Jeremy Bagg then welcomed Dr Aileen Bell, Director of Dental Education, to announce the prize-winners and Mrs Laetitia Brocklebank, formerly Senior Lecturer in Dental & Maxillofacial Radiology but recently retired, who presented the prizes. It was a great pleasure to welcome Mrs Champa Manji to present the Tristan Manji Award in memory of her son, and Mr and Mrs Ian McWhirter to present the McWhirter Cup, in memory of their late son, Craig. For the first time this year a new prize, the Arshad Ali Dental Prize for professionalism, was awarded. Mr Ali was not able to join us in person to present the medal that he has endowed, so that honour fell to Mrs Brocklebank.

In his closing remarks, Jeremy Bagg paid tribute to the contributions of two members of the NHS Oral Health Directorate, Mr Ray McAndrew and Mrs Karen Murray, who were about to retire, wishing them well for the future. He thanked all those involved in organising the event and those who had participated, before inviting guests to join students and staff members for refreshments in the Student Common Room. This provided a very cheerful and informal end to a most enjoyable afternoon.



Prize Day: Lachie Stewart (seated centre) with the BDS Class of 2016 Prizewinners, Mr and Mrs Ian McWhirter (standing left side), and Mrs Champa Manji and Mrs Laetitia Brocklebank (standing right side)

Graduation for the BDS Class of 2016 followed the next day. The dental students now graduate with those from the School of Veterinary Medicine and the ceremony was presided over by the Chancellor, Sir Kenneth Calman. In addition to pride in our successful students, the Dental School also celebrated a notable success for six of its staff members at this Graduation Ceremony. Our 'Technology Enhanced Learning & Teaching Team' received a University of Glasgow Teaching Excellence Award, one of only five awarded each year. Robert McKerlie, one of the team, was unable to attend but Ziad Al-Ani, Andrew Crothers, Zayneb Makki, Wendy McAllan and Carlos Miguel were all presented with their awards by the Chancellor. It was a grand finale to a year in which a Dental School team also won the prize for the best presentation at the University of Glasgow 9th Learning & Teaching Conference in April, Professor Vince Bissell became a Principal Fellow of the Higher Education Academy and Glasgow Dental School was top for Dentistry in the Complete University Guide for 2017. All in all there was much to celebrate!



Teaching Excellence Award Winners: Wendy McAllan & Zayneb Makki (front) and Carlos Miguel, Ziad Al-Ani & Andrew Crothers (back) with their Team University Teaching Excellence Award after Graduation on 1 July



'Big Smile Big Band' Record Breaking At The Scottish Exhibition & Conference Centre On 9 June 2017

If you fancy setting a world record make sure you keep Friday 9 June 2017 clear in your diary! Glasgow Dental School and the Glasgow Dental Alumnus Association are joining forces with other key stakeholders to publicise and celebrate National Smile Month in our city by gaining an entry in the Guinness Book of Records.

National Smile Month has been organised annually since 1977 by the health charity the Oral Health Foundation. The month long campaign will run from mid-May to mid-June in 2017. Individual organisations establish events across the country to support National Smile Month, which provides education and spreads positive oral health messages

In order to support this campaign, we are teaming up with Glasgow City Marketing Bureau, NHS Greater Glasgow & Clyde, NHS Health Scotland, Childsmile, the Faculty of General Dental Practitioners and the Dental Faculty of the Royal College of Physicians & Surgeons of Glasgow to organise an event we have named 'Big Smile Big Band'. Our Dental School 'Glasgow Oral Health Improvement Student Society' (GOHISS), whose activities are featured elsewhere in this edition of the Dental Mirror, will also be playing a leading role.

The first component of the event is a mass participation art project to set a Guinness World Record by assembling 1000 people in the shape of a big smile, which will be captured by photography. University staff and students, schoolchildren with their teachers, and staff from local dental practices will be invited to participate. The Scottish Exhibition & Conference Centre (SECC) is donating both a covered space and stewards to help with the logistical issues on the day. All participants will receive a certificate as proof of their involvement in setting the record, together with a 'goody bag' containing oral health aids and other relevant health promotion literature

Once the smile is completed, the Glasgow Dental School Big Band, which you can read about elsewhere in this edition, will give a concert, also at the SECC, to celebrate our setting the record and to provide a musical background to continuing health promotion events at the venue.

Further details will follow as the planning for the event progresses but, most importantly, make sure you keep the afternoon and evening of Friday 9 June 2017 clear if you'd like to be part of the 'record breaking smile making'!

Glasgow Dental School Big Band

For many years Glasgow Dental School has attracted more than its fair share of thespians and musicians to its student body. Every year this is demonstrated by the now legendary pantomime that is staged each Christmas in aid of student-chosen charities. In 2010, Pamela Kent (Class of 2013) established the 'Dental Panto Band' which has since provided the live music to accompany the pantomimes. By 2014, under the baton of Callum Wemyss (Class of 2015) this had expanded to a 20-strong orchestra which took front of stage at that year's pantomime, 'Opercules'.

Thus was spawned the Glasgow Dental School Big Band, which gave its inaugural 'Big Band Night' concert in December 2014 at the Garnethill Multicultural Centre, which was a sell-out success. Shortly afterwards, in February 2015, the band was a highlight of the Dental School's annual 'Strictly Come Dentists' staff-student dancing competition.

In June 2015, at Jeremy Bagg's request, the band agreed to play a concert at the Glasgow University Union in aid of the Dental Appeal (www.gla.ac.uk/dentalappeal). Once again, the concert was superb, and on this occasion was professionally recorded. A CD which contains a number of the tunes and songs that the band and soloists performed that evening has just been released with all donations going to the Dental Appeal.

In the 2015 / 2016 academic year the band continued to grow and evolve in the safe hands of Sam Poole (Class of 2016). The 2015 pantomime 'Alice in Gumberland' saw the band again take centre stage and this was followed by a concert of music from the movies. The band has a wide repertoire encompassing the big band era with classics from Sinatra, Fitzgerald, Nat King Cole and Glenn Miller. The band also incorporates more up-to-date dance numbers such as Stevie Wonder classics, Michael Bubl  showstoppers and they are planning to add more to their repertoire in 2017, including James Brown and Aretha Franklin numbers featuring a number of the outstanding Glasgow Dental Vocalists.

Increasingly, former student members of the band are retaining their association with it as alumni, and returning to participate in the ongoing calendar of events, which is a really exciting development and one which should ensure sustainability. The band will be a headline act in next year's 'Big Smile Big Band' event in support of National Smile Month on Friday 9 June 2017 at the SECC, which you can read about elsewhere in this issue, but there will undoubtedly have been many other performances before then. As the famous lyric goes: 'Let the band play on'!



Dental School Big Band members Sam Poole, Grant Creaney and Callum Wemyss (seated left to right) with Mike Broad, Robert McKerlie and Jeremy Bagg, pose with their new CD released in support of the Dental Appeal established to fund refurbishment of the Prosthodontics Teaching Laboratory

Student-Led Public Engagement: Glasgow Oral Health Improvement Student Society (GOHISS) Reaches Out

“Making Glasgow’s smiles better”. That’s the concise but heavy-weighted motto of GOHISS, the Glasgow Oral Health Improvement Student Society. This group of 3rd-5th year BDS volunteers, currently standing at around 120 members, has a main focus on volunteering at local food banks where we give out dental advice and free samples. We also run street stalls for the nationwide events National Smile Month and Oral Cancer Awareness Month. As well as working with staff within the Dental School & Hospital, we work closely with Glasgow City Mission in the centre of town, and The Everlasting Food Bank in Dennistoun. Both serve very vulnerable members of the community, and we hope that by offering our dental advice services we can help them to fulfill more of their users’ needs. Our goals at these services are simple: to make dental professionals seem more approachable, to educate people about the importance of oral health and to encourage them to form good oral health habits.

However, the society has taken a few years of hard work to grow to this size and scope. It was founded around 4 years ago by a small band of students, including Claudia Wasige (see front page of this edition) who wanted to focus on health promotion. Supported by Professor David Conway, the group began with its our now well-established street stalls, as well as fundraising for the Ben Walton Trust (<http://www.benwaltontrust.org/>), before developing its work at food banks. Sensing a need for restructuring and formalisation, in 2014 we became affiliated with the university’s SRC, created our constitution and official committee positions. This gave us opportunity to increase our membership, purchase more supplies and thus expand our reach.

The expansion of the society has been a massive learning curve for all involved. Evolving from an informal group to a structured society has put a demand on our need for volunteers, supplies and funding, the latter being one of our biggest challenges to date. As an entirely student-run organisation, we self-fund all products, such as toothbrushes, toothpastes and denture fixative, that we offer at the food banks. Although we receive sponsorship from some very

generous organisations, we also have to hold numerous fundraising events in order to ensure a steady supply of products so that we don’t let our partners down. Moving forward, we hope to seek out new channels to source our products, in order to give us a more reliable supply.

Further challenges have come with the necessity to evolve to match the needs of those that we try to help. Our main focus when we first began was to encourage people to register with a dentist. However, what happens, for example, if they have no permanent address or if they are an asylum seeker? The situation can become complicated, and next year we hope to work with members of the Public Dental Service and staff in Dental Public Health to better educate ourselves about the services towards which we can signpost people.

So, that’s what we at GOHISS do and how we got here. But why do we do it? The importance of oral health is something that is sometimes, sadly, underrated by the public. A smile is the first thing that you notice about someone; it can be the key to communication, enjoying food, expressing emotion, and most importantly, self-confidence, yet many feel that the quality of their smile is outwith their control. Enabling someone to care for their oral health, to change the way their mouth looks and feels, can have far reaching impacts. We hope that through our work we can enable more people to improve their lives and make their smiles better and brighter. We want to educate them about how and when to care for their teeth, and to see dentistry as an approachable, caring profession. It’s a big ask, and we don’t expect to be able to change the world. But if only a handful of people that we engage with walk away feeling empowered, motivated, or even just cheerful after having a friendly chat, then that’s all the reward that we’re looking for.

If you would like to learn more about us, please go to our web-site at <http://www.gla.ac.uk/schools/dental/glasgowdentalstudentsociety/gohiss/> and look out for our volunteers and stand at the Big Smile Big Band event on 9 June 2017 at the SECC.

Elizabeth Todd, BDS 5. GOHISS President



Members of GOHISS at work in Glasgow’s city streets.

On Their Marks ... Glasgow Dental Hospital & School Runners

It was a beautiful sunny afternoon on Wednesday 10 June 2015 when the Glasgow Dental Hospital & School Runners took to the streets for the first time.

This was the brain child of three regular runners (Neil Nairn, Alison Cairns and Robert McKerlie), who wanted to improve their own personal fitness and introduce the benefits of running for a healthy work life balance to others at the Glasgow Dental Hospital & School (GDH&S). Membership of the running group was offered to all staff members, whether University of Glasgow or National Health Service, all undergraduate and postgraduate students and members of the Glasgow Dental Alumnus Association.

The GDH&S Runners group has grown rapidly in size and popularity, with runners at all levels joining to expand membership to nearly a hundred members. Kelvingrove Park and the Kelvin Way have been adopted as our routes of choice, with the benefits of a countryside oasis in the heart of Glasgow and the endless number of interesting routes that can challenge a complete novice to the experienced club runners.

The GDH&S has a rich history of well-established, highly successful and inspiring runners. Tony Coyne, the Laboratory Manager in the Orthodontic Dental Laboratory, is also the Head Coach of the Bellahouston Harriers, who on his debut for Scotland, came in third place at the Barcelona Marathon in an outstanding time of 2hrs:19mins:16secs, winning the team prize. Lachie Stewart (see the item on Prize Day in this issue), who also worked previously within the Orthodontic Laboratory, won the 10,000 metres Gold Medal at the 1970 Commonwealth Games in Edinburgh and still holds the Scottish native 10,000 metre record of 28 minutes, 11 seconds.

The GDH&S Runners is a registered group with Jog Scotland and Neil is an established jog leader after completing the course in September He has now embarked on a Level 2 coaching course for endurance running. The group meets at 12:30pm on Monday, Wednesday and Friday at the Renfrew Street entrance of the GDH&S, offering a variety of training sessions that include introductory running sessions for total novices, longer routes for more experienced runners and Fartlek and interval training sessions, catering to the requirements of all members. Our time-trial event, The Lachie Stewart Dental Drill, is 2.5 kilometres in length and held every 8-10 weeks. This is the perfect event to measure the levels of individual improvement

The personalised logo which is printed on customized technical running tops is instantly recognisable, and is worn by nearly all the participants for training and events. The GDH&S Runners team has just celebrated its first anniversary and continues to grow in popularity. In October this year we are hoping to have a large contingent of runners participating in either the 10K or Half Marathon Great Scottish Run event.

The benefits of running are far reaching and have helped everyone in our group:

"The GDH&S Runners has been the catalyst to me improving my level of fitness. The support and companionship within the group has been excellent and in consort with Neil's dedication and encouragement is why there are always a good number of willing runners each day."

"I have never been good at running and starting in a running group made me nervous that I would slow everyone down. However the GDH&S catered for all abilities and I did not feel out of place at all. Running as a group with an experienced leader teaches you simple things like what pace suits you and on my first run with the GDH&S Runners I ran just over 6km, the furthest I have ever managed! A lunch time run makes me more productive with my day, stops me snacking on unhealthy things by filling my lunch hour and is a great way to interact with other students and professionals."



"Under Neil's extremely enthusiastic leadership I have been thrilled to be involved in the set-up, administration and promotion of the running group. I had previously been an avid runner with multiple events under my belt, including 3 marathons, but being part of the group's interval session training has improved my times greatly. Since starting in the group, summer 2015, I have shaved 47 seconds off my Parkrun time, 3 minutes off my 10k, and 7 minutes off my half marathon- needless to say I am hoping for great things when I run the 2016 London Marathon!"

Group running offers valuable support and encouragement pushing the participants to achieve far more than they would alone. I would highly recommend it!"

If you would like more information on our group please contact Neil Nairn neil.nairn@glasgow.ac.uk or visit us on Facebook: www.facebook.com/groups/DHSRunners



Back To Glasgow For The BDS Class Of 1966

From Australia, Canada, Israel and all over the UK, the members of the BDS class of 1966 converged on Glasgow to celebrate their 50th Reunion. Thirty two of the original number of forty seven who graduated in '66 attended along with spouses and partners. Centred on the Millennium Hotel in George Square, the reunion combined social activities with a dash of modern day dentistry and a nostalgic visit to the University on Gilmorehill.

The visit to the Dental School, although not eagerly anticipated by everyone, in the event was a great success and thanks must go to Professor Bagg, his colleagues and the students who gave up their Saturday to welcome us and show us some of the wonders of modern dental education. Being able to chat to the newly qualified students, setting out on their dental careers was a pleasure and a privilege. They were a great credit to the Dental School and no doubt will also be so to their new profession.

The state of the art 3D virtual reality anatomy teaching system and the resuscitation training suite were so different to the dental training of fifty years ago that it was a relief to see the odd phantom head and air rotor around the place, a welcome reminder that we

oldies are not quite so far behind the game as we might have thought.

Lunch at the University was followed by a look round the Hunterian Museum followed by a short tour of the University conducted by Laura Morton and colleagues from the Alumni Department of the University. Thanks also to them and particularly to Laura, who gave us a great deal of help in the organising of the whole reunion.

All the above, was, of course, conducted to a background of non stop chatting, catching up, reminiscence and banter. The main social event was a dinner in the Millennium Hotel, which was rounded off by a speech by Dave Pulman and then more and more chatting about Field Day excesses, old girlfriends/boyfriends, the class Jazz Band (the Bayou Jazzmen), Jim Craig winning a European Cup medal with Celtic, Marilyn Orcharton co-founding Denplan, how we always knew that Wallace McFarlane would be Dean of the Dental School one day, who hadn't changed, who had changed, was anyone still doing wet fingered dentistry, how many children, how many grandchildren and then the occasional tentative, "are we going to have another reunion?"

John Craig





The Pedalling Profs 2016 Challenge – The Borders Run

The Pedalling Profs event for 2016 was a cycle from Dumfries to Troon over three days from Friday 29 April to Sunday 1 May. The cyclists included University of Glasgow staff Ziad Al-Ani, Jeremy Bagg, Robert McKerlie, Al Ross and Richard Welbury; Glasgow Dental Alumni Fiona Beddis and Graeme Wright; and Newcastle colleagues Alan Beddis and Bob Wassall. As always, Mike and Rosie Broad formed an excellent support team. The weather was generally poor and the terrain hilly but the evening refreshment sessions were very enjoyable. The demise of the clutch on the University minibus that was serving as the support vehicle provided an additional challenge on the final day, but the cycle was completed and raised £435 for the Dental Appeal. Many thanks to all who have sponsored us to date. The Just Giving site is still open at www.justgiving.com/pedallingprofs2016 or you can donate to the Dental Appeal at: www.gla.ac.uk/dentalappeal.



Staff Congratulations



OBE for Dr Christine Goodall

Dr Christine Goodall, Senior Lecturer and Honorary Consultant in Oral Surgery, was awarded an OBE in the New Year's Honours List for her services to violence reduction. Christine and her family enjoyed a spectacular day in London on 20 May 2016 when she received her OBE from HRH Prince Charles at Buckingham Palace.



Success For Professor Vince Bissell

Professor Vince Bissell has become the first Principal Fellow of the University of Glasgow Recognising Excellence in Teaching (RET) scheme. The scheme is aimed at enhancing the student learning experience and recognising and rewarding those who contribute to those experiences. The scheme is accredited by the UK Higher Education Academy (HEA) so Prof Bissell also becomes a Principal Fellow of the HEA.

Staff News

Congratulations to the following:

Dr Chris Nile:
Promoted to Senior Lecturer

Prof Gordon Ramage
Promoted to Zone 2 Professor

Staff Departures:

Ms Mary Downie
Clinical University Teacher
in Oral Surgery

Ms Gillian Lappin
Laboratory Technician

Mr John McHugh
Childsmile Research Secretary

Dr Adrian Pace-Balzan
Senior Clinical University Teacher
in Restorative Dentistry

Mrs Jennifer Ramage
BDS 5 Course Secretary

Professor Richard Welbury
Professor of Paediatric Dentistry

New Staff

Appointments:

Dr J Alun Scott
Senior Clinical University Teacher

Ms Sandra Winter
Research Assistant



The University of Glasgow, charity number SC004401

Dental Mirror

The Dental Mirror can also be found on the University of Glasgow Dental School website - www.glasgow.ac.uk/schools/dental so feel free to click on that and read our online Dental Mirror.

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