Welcome

Dear Students & Mentors,

Many thanks for volunteering to be involved in the Glasgow University Psychiatry Mentoring Scheme. This is the pilot year for the scheme and we are very grateful to mentors for taking time out of their busy clinical lives to offer their expertise and guidance to students.

As you may know, mentoring schemes have been successfully implemented in other areas of the UK, following wide spread recognition that exposure to the rich and varied profession of psychiatry is often limited in the undergraduate medical school experience. Recruitment and retention to all specialties within medicine is a significant challenge in the modern medical landscape. This combined with the fact that junior doctors are typically making a significant commitment to their chosen career specialty very early in their career highlights the need to support students in exploring and understanding their career options as much as possible before making their applications for specialty training.

The mentoring scheme is aimed at giving students direct access to experts (mentors) who have worked, lived and breathed in psychiatric specialty training across various subspecialties for several years. This experience allows mentors to offer students insight into the rewards and challenges of a career in psychiatry, and support for students who are considering it as a career choice.

Please take the time to read the attached documents to support you during the mentoring scheme.

- Info for Mentors
- Info for students
- Aims & Objectives recording sheet
- Mentoring scheme contact details

Thankyou again for volunteering for the scheme. We hope that both students and mentors find it rewarding and enjoyable. We aim for the scheme to grow beyond this pilot year and are keen for any feedback and suggestions you may have.

Yours sincerely

Dr. David Kenicer
(Higher Trainee Mentoring Scheme Supervisor)

Prof Danny Smith
(Consultant Mentoring Scheme Supervisor)