Tackling mental illness

New donations to the Mental Health Fund have enabled researchers to put their minds to improving mental health.

The Section of Psychological Medicine aims to gain a better understanding of the causes and consequences of mental health problems and to develop and evaluate novel treatments. The interaction between bio-psycho-social-developmental factors in mental health problems increasingly informs their programmes.

The programmes aim to benefit people who have had a brain injury, people with severe and enduring mental health needs and people with common mental health needs such as depression and anxiety, sleep problems or learning and intellectual disabilities. Group members include academics with backgrounds in psychiatry and clinical psychology who collaborate with academics from a range of disciplines.

Joan Stevenson was moved to donate to the research of Dr Jonathan Cavanagh, a Clinical Senior Lecturer in the Section of Psychological Medicine, because of the tragedy which occurred in her family. Her sister had been suffering from clinical depression for many years and she committed suicide at the age of sixty.

Joan says “my husband Gordon, a Glasgow graduate, and I decided that some positive action was necessary. If Dr Cavanagh’s research can alleviate the suffering of others in Glasgow, Scotland or the world by improving diagnoses within depression – in our case psychomotor retardation – then what happened in my family will not have been in vain. Mental health is a fast growing concern amongst all ages in our society. It should be addressed sooner rather than later especially with regard to communication. We donors can make it happen.”

Dr Cavanagh’s research is focused on understanding the underpinnings of treatment response in depressive illness. His team have a specific interest in depression in the context of physical illnesses such as rheumatoid arthritis, multiple sclerosis and other conditions and are also interested in the effects of different types of stress on the development of the brain and in how this might lead to depression later in life.

Joan and Gordon Stevenson’s donation is helping to support one of the young researchers, Dr Rajeev Krishnadas, who is just beginning his research career in depression. He is exploring the psychological and neurocognitive characteristics of depression in patients who also suffer from rheumatoid arthritis and psoriasis.

The Section of Psychological Medicine also recently received a bequest from Mr James Aitchison. He left part of his estate to be used specifically for genetic research into mental illness which enabled the establishment of the Aitchison Family Bursary. The bursary of £5,000 per year will be awarded to a student accepted to conduct postgraduate or post-doctoral genetic research into mental illness.

To support the Mental Health Fund at the University please contact Laura Crouchman on the details overleaf.

Nursing & Health Care need you!

25 staff and students from the Division of Nursing & Health Care are planning to run the Women’s 10k on Sunday 10th May 2009 and are looking for runners to join them! They will be running to raise money for the new Nursing and Health Care Fund.

If you are interested in joining them please email Nicola at: n.keane@clinmed.gla.ac.uk
Charity evening

Mary Merry and her family held a charity evening and raised £4,200 for heart disease research in memory of her son, Simon, who died suddenly in 2007 aged 35. Mary had tremendous support from Simon’s colleagues and friends at the Mitchell Library in Glasgow who helped to make the event a success.

The money raised has gone towards Dr Colin Berry’s research at the BHF Cardiovascular Research Centre. Dr Berry is currently undertaking a project on imaging of the heart using magnetic resonance imaging (MRI). He will look at hearts after acute heart attacks to see what happens to them. He will observe the place where the heart attack happens and potentially discover how to improve recovery.

Mary said “I know that the research Professor Dominiczak and her team at the Centre are carrying out will help save lives and I’m so glad we were able to support this work”.

Dr Colin Berry trained at the University of Glasgow before spending 18 months at the National Institute of Health in the USA. The funds raised by Mary and her family will give Dr Berry the start he needs to get the project off the ground and attract larger grants. Mary added “heart disease affects so many of our young men. We need to make them aware that they should be going to their doctors to ask for simple tests so these deaths can be prevented”.

Keep on running…

Tom Barrett and seven of his friends from the Crookston Bowling Club ran the Great Scottish Run last year in aid of the heart disease research at the University. They raised £1,350 and Tom said “it was a great day. Most of the guys didn’t want to do the race as they felt they would let themselves down but ever since we haven’t stopped talking about it and what an achievement it was for us all. It has inspired us to keep running”.

After Christmas they got back out training in the wind, rain and snow and hope to run again this year.

To join Crookston Bowling Club in running for heart disease research at the university and to request t-shirts, training packs and sponsor forms please call Laura Crouchman on the number opposite.
In Focus - Immune, Infectious and Inflammatory Diseases Fund

Controlling inflammation can bring about dramatic improvements therefore in longevity and quality of life for large numbers of people. The Division of Immunology, Infection & Inflammation at the University of Glasgow is an internationally recognised centre of excellence focused on understanding and curing such illnesses. At its core the Division has high quality basic science. Integrated with this are a number of clinical and translational researchers who focus on particular diseases, why they happen and how they can be stopped. Scientists working in the Division have already generated new therapies and understanding in rheumatoid arthritis and in asthma. The Division is one of the strategic priorities for the Faculty of Medicine and as such our scientists and clinical researchers are at the very forefront of the University of Glasgow’s biomedical output – focused on improving the future for the millions of people worldwide for whom inflammatory diseases are a substantial burden.

Inflammation lies at the core of many diseases including heart disease, asthma, arthritis, diabetes, multiple sclerosis and cancer.

The Immune, Infectious and Inflammatory Diseases Fund were able to provide much needed funds to support the work of Dr Ammad Ahmed, a PhD student in the Division of Immunology, Infection and Inflammation. The project he is working on within the Division is aimed at understanding the relationship between heart disease and rheumatoid arthritis. He is investigating whether a new therapy which targets and depletes specific immune cells in rheumatoid arthritis can amplify the already increased risk of heart disease in these patients. This is a new area of research and it is hoped that this study will yield results that will improve current treatments.

Year Group Giving

The Development and Alumni Office have established the Reunion Giving Programme, an initiative encouraging alumni to celebrate their reunion by supporting the University’s Medical Fund. Alumni can make a personal donation to the Fund and this will contribute to their year group’s total. Year groups such as the 1966 Zeta Club have been supporting the University’s medical projects in this way for many years. Year Groups who celebrated reunions last year and chose to support the University in this way include the 1952, 1967, 1968 and 1973 Beta Year Clubs and 1988 Gamma Year Club.

Members of the 1968 Beta Club were reunited in October 2008 in the Zoology Lecture Theatre where they all met 40 years ago.

Their fundraising has only just started but they have already raised over £4,000 for medical education at the University. Members of the 1962 Beta Year Group have been raising funds to support the Beatson Pebble Appeal and they have raised nearly over £10,000.

Our thanks go to all the groups who fundraise in this way and we hope this will inspire others to do the same. If you would like to know more about how you can fundraise through your reunion event please contact Laura Crouchman on the details opposite.

1968 Beta Club at their reunion in October 2008
The Development and Alumni team working on the Beatson Pebble Appeal have had a very productive and positive year. In January 2008 the total raised was £1.5 million. Now 12 months later the fund is £4.5 million, which is wonderful.

Funds have come from a variety of sources including charitable trusts and foundations, individuals and alumni of the University. One of the highlights of the year was the news that the Wolfson Foundation had agreed to support the project with a donation of £1.75 million. Events were held in Edinburgh as well as London, both of which were extremely successful and two more of these events are planned this year.

At the scientific level, 2008 ended on a high for our Cancer Research Team at the University of Glasgow: as a result of the UK-wide Research Assessment Exercise, research quality in cancer at the University of Glasgow was rated in the top 3 in the UK.

The RAE is a bench-marking operation to measure the quality of research being conducted by universities across the country and is an internationally-recognised barometer of quality.

Online giving is now available through the website: www.beatsonpebbleappeal.org and, as we enter 2009, we are planning a programme of press activity to heighten public awareness of the Beatson Pebble Appeal. In addition, members of the public are invited to take part in our events programme, which includes a Zip Slide Challenge, a Munro Challenge and an opportunity to run a 10K for the Beatson Pebble Appeal. For more information about how to take part in one of our forthcoming events please email at: office@beatsonpebbleappeal.org

Or call: 0141 330 3000.

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The RA...
The beatson

Drawings by
Hamish Macdonald

Cards and prints of drawings by Hamish Macdonald, which have been placed on long term loan to the University of Glasgow, have been made into prints and cards. All proceeds will go towards the Beatson Pebble Appeal. Packs of 8 cards (each with a different image) can be bought for £5 or 16 cards (each with a different image) can be bought for £9.

To purchase please e-mail: office@beatsopebbleappeal.org

Call: 0141 330 3000

Or send a cheque, made payable to “University of Glasgow Trust” to: Beatson Pebble Appeal, University of Glasgow, No 2 The Square, Glasgow, G12 8QQ

Old Firm stars kick off fundraising appeal

The captains of Celtic and Rangers Football Clubs recently launched the Beatson Pebble Appeal to build a new cancer research centre for Scotland.

Stephen McManus and Barry Ferguson are backing the drive to build the new £10m Beatson Translational Research Centre. It is hoped that building work will commence in late Spring 2010 with a completion date of Winter 2011. The centre will be located in the Garcube Estate in Bearsden.

Karen Vousden, Director of The Beatson Institute for Cancer Research said “The Translational Research Centre will play a key role in our ambitions to bring together basic and clinical research, contributing to the creation of a co-ordinated cancer research centre and help us develop our discoveries into successful treatments for patients.”

The football captains both attended the official launch on September 2008 and met up with cancer survivor and fundraiser Lynn Murray (pictured right). Lynn has survived cancer twice and is heavily involved in a number of aspects of the campaign.

She commented, “I am giving this appeal my full support. I know the impact cancer has on your life and the lives of your family members. That said, I am not fundraising for me but for future generations who, I hope will one day live free from the risk of cancer.”

The centre will be the final part of the West of Scotland Comprehensive Cancer Centre which is being developed jointly by the University of Glasgow, the Beatson Institute, Cancer Research UK and the Greater Glasgow and Clyde Health Board.

Richard Wilson encourages the public to act for the Beatson Pebble Appeal

Former Rector and Honorary Graduate of the University of Glasgow, Professor Richard Wilson spent a very busy day in Glasgow recently, helping to raise awareness of the Beatson Pebble Appeal.

In addition to meeting journalists from a variety of national newspapers, taking part in a photo call and being filmed having a tour of the Beatson Institute, Richard also appeared live on STV’s 5.30 Show.

During the day, Richard commented “Cancer is such an indiscriminate disease, it doesn’t recognise old or young, rich or poor and most people will know someone who has been affected by cancer. I am supporting the appeal to do my bit in the fight against cancer and I would urge people to play their part by volunteering, fundraising or donating to the cause.”

The resulting coverage was outstanding and enquires about the Beatson Pebble Appeal have increased significantly since then. Lindsey McArthur, Development Officer – Cancer commented “we are very grateful for Richard’s support. The press coverage we received is extremely valuable and greatly strengthens our campaign. We would encourage others to spread the word about the appeal by mentioning it to friends, forwarding our web link or by supporting the appeal in any way they can.”
Thanks to all our donors...

...who have given new gifts to the Medical Fund between 1 May 2008 and 31 December 2008. In addition to those listed below, there are a number of donors whose gifts are awaiting confirmation of naming or who have chosen to remain anonymous.

Beaton TRC

Major Gift
Robert Barr Charitable Trust.
In memory of Jean Robertson
Hendrie beloved wife of the late
Robin C B Stirling OBE JP
Alan Kerr.

Platinum Gift
Sir Peter J Mason.

Gold Gift
1952 MBChB Beta Club.
The Estate of Amelia C Crawford.
Dr Anne Parker & Dr R Neilson.

Silver Gift
In loving memory of Nessie Bain.
Valerie Baird.
Duncan M Craig.
Poorkumar S Doraiswamy.
In memory of Ann Marie Gannon.

Noted Gift
The Accommodating Ladies.
Dr Sally Smith.

Bronze Gift
Mr John Aitken.
Moira Allan.
John A Allison.
Robert L Anderson.
Alison Armstrong.
Morna A B McNish.
Dr Michael McLaughlin.

Noted Gift
7 anonymous donors.

Gold Gift
The Scottish Football League.
In memory of Dr W.M Speirs.
Emma M Thomson.
Graeme B Thomson.
Gavin Walsh.
3 anonymous donors.

The Medical Fund

Dentistry
Gold Gift
Jenny MacPherson.
One anonymous donor.

Silver Gift
Henry J Frehel.

Noted Gift
John Arthur.
John Craig.

Cancer Brain
Bronze Gift
Kenneth MacKenzie.

Breast Cancer
Silver Gift
Residents of Glen Gardens, Elderslie.

Cancer General
Gold Gift
In memory of Dr. Douglas R.S. Leslie (1950) – Pat, Jackie, Michele and families.

Cancer Leukaemia
Bronze Gift
James Campbell.
One anonymous donor.

Diabetes
Silver Gift
Alexander Comba.
Mr Scott Leaman.

Bronze Gift
David A Parker.

Medical General
Major Gift
Dr Marjorie E M Allison.

Gold Gift
Joseph Caplan MB ChB 1957.

Silver Gift
Dr T and Dr LC Alcorn.
Dr Rudy Crawford MBE.
Brian B Davidson.
Dr C Keen.
Dr Chrystine Livingston.
Dr Alexander & Mrs Bridget Mackenzie.
Morna Mathers.
3 anonymous donors.

Bronze Gift
Dr Margaret F Burns.
Dr Stewart MCCormick.
D J MacLennan.
Dr William G Scobie.
Dr Sally Smith.
In memory of Margaret Walters.

Noted Gift
Alasdair G Dunn.
Dr James Hamilton.
Dr David M Hislop.
Stephen James.
James Kennedy.
Dr Bruce Knox.
Dr Colin McCreadie.
Elise Taylor.

Heart Disease
Gold Gift
Barbara J Forgan.
In memory of Dr Sandy McCallum.

Silver Gift
Crookston Bowling Club.
Dr Elspeth Hepburn.
In memory of Alexander Stevenson Martin.

Bronze Gift
Kevin F Birt.
Anna L Lang.
David Selbie.
2 anonymous donors.

Noted Gift
Ian MacKenzie.
1 anonymous donor.

Immune, Infectious and Inflammatory
Bronze Gift
Marlies MacLean.
Tollcross Medical Centre.

Noted Gift
M.S. Neithercut.

Medical Education
Silver Gift
Gamma 88 Medical Year Group.

Noted Gift
1973 Beta Club in memory of class mate John Elias-Jones.
1 anonymous donor.

Mental Health
Silver Gift
For my sister, Eileen Bell Graham, courageous and devoted to our late parents, Walter and Jean Graham.

Noted Gift
Dr David L Blais.
Dr Victor Hawthorne.
Dr Helen Morrow.

Nervous System
Silver Gift
Mrs Janet Allison Morrison Beaton.

Bronze Gift
John I Kennedy.

Nursing and Health Care
Noted Gift
Margaret & David Sneddon.
Want to help? Here’s how!

Regular giving
If you’d like to give a regular gift, simply complete the attached form and return it to us. If you are a UK taxpayer and would like the value of your gift to increase by around a third, just complete the Gift Aid Declaration and return it with your Banker’s Order Form. Don’t forget to indicate which project you would like to support.

Bequests
Perhaps you would prefer to support the University with a bequest? This method of giving is favoured by many alumni and friends who want to make a difference after their death. A gift of this kind also helps to reduce your inheritance tax liability.

Stocks and shares
Since 6 April 2000, individuals have been eligible for tax relief on gifts of certain shares, securities and other investments. This is in addition to capital gains tax relief on gifts of assets to charity. Tax relief for donors is based on the value of the shares on the day they are transferred to the University.

If you would like to support your chosen project by gifting shares and securities and would like more information, simply call the Development & Alumni Office on +44 (0)141 330 4951.

Payroll giving
Payroll giving is a unique way for employees to give to the University. By having your donation come straight from your gross pay before tax, you can effectively increase the value of your contributions. The result is greater support for the University at less cost to you. If you are interested in this method of giving, please contact the Development & Alumni Office on +44 (0)141 330 4951.

Giving from the USA
US taxpayers can give tax-deductible gifts to the American Alumni Association of Glasgow University (AAGU), an independent charitable corporation organised in the United States that has been recognised by the Internal Revenue Service as a section 501(c)(3) charitable organisation. All donations to AAGU are deductible as charitable contributions to the full extent permitted by law.

Please post your donations to: Melvyn Pond, President, AAGU, 198 W River St, Milford, CT 06460-3468

Giving from Canada
Canadian residents will be provided with a receipt for their tax records from the University. Cheques should be made payable to ‘University of Glasgow’ (and not the University Trust) to be able to claim tax relief.

Medical Fund giving: how you can help make a difference

It’s as simple as completing this form...

We’ve created the Gifted Scheme for the Medical Fund campaign to recognise the vision and generosity of our donors.

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<tr>
<th>Gifted Scheme</th>
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<td>Major gifts</td>
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<td>Noted Gift</td>
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I would like my gift to be:

- A regular gift, and have completed the attached Banker’s Order Form
- A single gift, and have enclosed a cheque made payable to ‘University of Glasgow Trust’ in the sum of £

I would like my gift to be named as follows (for gifts of £250 and over):

- Cancer – Beaton Pebble Appeal
- Cancer – Leukaemia
- Heart Disease & Stroke
- Mental Health
- Paediatrics & Maternal Health
- Diseases of the Nervous System
- Kidney Disease
- Nursing & Health Care
- Immune, Infectious & Inflammatory Diseases
- Diabetes
- Public Health & General Practice
- Dentistry
- Medical Education
- General Medical Fund

Please complete both sides of the Banker’s Order Form

- I would like information on how I can make a bequest to the University in my will.

Banker’s Order Form

For regular gifts

Please insert your bank details below:

To the Manager

Bank name

Address

Postcode

Please pay to the Clydesdale Bank, 30 St Vincent Place, Glasgow G1 2HL (Sort Code 82-20-00) for the credit of the University of Glasgow Trust (Account no: 20006422)
Please complete this form in BLOCK CAPITALS
I declare that I would like to give a gift to the University of Glasgow Trust

General Council Number _______________________________________________________
Title (delete as applicable) MR / MRS / MISS / MS / OTHER ___________________________
Full name _______________________________________________________
Address _______________________________________________________
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Postcode _______________________________________________________
Telephone numbers daytime _______________________________________________
evening _______________________________________________
Email address _______________________________________________________ 
Degree (if applicable) _____________________________________________________ 
Year of graduation _______________________________________________________
Please treat all donations I have made to the University of Glasgow/University of Glasgow Trust since 6 April 2000, and all donations I make to the University of Glasgow/University of Glasgow Trust on or after the date of this declaration, as Gift Aid donations. This means that you must pay an amount of income tax or capital gains tax equal to the tax we reclaim on your donations (currently 28p for every £1 you give). Please remember to notify us if you no longer pay this amount of tax.

Signed _________________________________________________ Date ________________

The University of Glasgow is a registered charity, number SC004401.
The University of Glasgow Trust is a registered charity, number SC008303.

When both forms are completed and signed, please return them to:
Development & Alumni Office, 2 The Square, University of Glasgow, Glasgow G12 8QQ, UK.

I would like to make a regular gift to the University of Glasgow Trust of £ _________________ per MONTH/QUARTER/ANNUM (delete as applicable) starting on ____/____/20____ (write date – please allow two weeks from today) for a period of _______ years (until further notice if blank).

From my account no: _________________________________________________________ 
Sort Code: _________________________________________________________ 
To: The University of Glasgow Trust (Account no: 20006422, Sort Code 82-20-00)
Name _______________________________________________________
Address _______________________________________________________
_______________________________________________________ Postcode __________
Signature _______________________________________________________
Date ___________________________________________________________________

Please ensure that the Gift Aid declaration has also been completed, and return both forms to the Development & Alumni Office at the address above.